

APPENDIX VII**Training providers for leadership /expedition and wilderness medical/first aid training**

- **Expedition and leadership training**

The Royal Geographical Society [RGS] provides an annual programme of courses for expedition leaders and participants. These are detailed [on their web site](#).

Fieldskills Ltd is a UK based training company that can provide a wide range of training courses for adventure and expedition travellers, businesses, researchers, students, expedition leaders.

<http://www.fieldskills.com/>

- **Wilderness medical and first aid training providers**

The RGS guidance document on first aid a training for field expeditions contains a comprehensive list of training providers. This can be accessed at:

<http://www.rgs.org/NR/rdonlyres/1E2D96D7-C3C6-49D1-83D0-8C0B52CAE144/0/FIRSTAID.pdf>