## Welcome Guide

2015-2016



**Discover Shape Belong** 

Students' Union

## Welcome to life on Sutton Bonington!

This is your guide to everything you need to know about life on Sutton Bonington (SB). Whether you're a new or returning student we suggest you check out the information to ensure your year starts off in the finest way possible.

Read on to learn more about your Guild and Students' Union, get acquainted with your Guild Officers and Hall Reps and discover the kind of events you can expect to see over the next year. You can also find out how to get involved in societies, sports clubs and volunteering opportunities.

When you arrive check out the
Welcome and Activities Guides to
find out how you can get involved
in your Students' Union

There's also some important sections

dedicated to healthcare, well-being,

local amenities and useful contacts.

to or how to fill your free time!

Welcome App, we promise you

P.S. Download the UoNSU

won't miss a trick!

Keep the guide safe and you'll never be left wondering where to go, who to talk

in your Students' Union

DON'T MISS OUT ON ANY OF THE ACTION. FOLLOW @UONSU AND TWEET US WITH #UONFRESHERS TO SHARE YOUR STORIES!

The Guild



**SB Events** 





## Welcome from your Guild chair

Firstly, I would like to congratulate everyone who is making the exciting journey to SB as a first year in September, your hard work has clearly paid off! Secondly (and by no means least) I would like to say welcome back to everyone who is returning to SB. It may seem daunting as all of your work so far has led to this, but I can assure you, the week we have planned to welcome you is truly amazing!

Over the last year the campus has seen a flurry of activity. We've celebrated the opening of the new Barn, been treated to loads of new events (alongside old favourites) and seen new societies get off to a flying start. Alongside this, your new Guild Officers have settled in really well and are raring to make your SB experience the best it can possibly be.

(Turn to page 6 to find out more!)

This booklet acts as your reference point for Welcome. If you're unsure of where to go, who to speak to or are just wanting to find out what's going on, the information is probably in here. But you can always drop one of the Guild Officers or Welcome Mentors an email, we're always happy to help!

We're here to guide you through the whirlwind that is Welcome, help you find your feet and take advantage of what is available, so please feel free to grab us for a chat!

Again I would like to say welcome to Sutton Bonington Campus and assure you that these next 3, 4 or 5 years will be the greatest you have ever had! The Guild and ENTs team hope you enjoy everything we have planned for the year ahead!

### **James Wilson**

Sutton Bonington Guild Chair

### The Guild



Sutton Bonington is the home of the Schools of Biosciences and Veterinary Medicine & Science. Set 12 miles from the central University Campus in the beautiful Nottinghamshire countryside, life here – though amazing – can be a little different to that at University Park.

That's where the Guild comes in. The moment you become a student of the University at SB, you automatically become a member of both the SB Guild and Students' Union.

The Guild is your very own facet of the Union led by a brilliant team of part-time student officers and it's there to deliver events, activities and support tailored to your needs.

The Guild also works as your gateway to Students' Union networks and services, ensuring you feel as included as possible in life at Nottingham.

If you're interested in how the Guild works, are wanting input or are looking for support, get in touch with your Guild Officers. Turn to pages 6-9 to meet them!

## **Guild Officers**

Now you're clued up on what the Guild is and what it can offer you, it's time to meet your Officers.

The Officers, who are current students, hold their positions part-time and are here to support and represent you. They campaign on the issues you care about and work hard to ensure you have a fantastic time while studying here at Sutton Bonington.



Guild Chair os-susbgc@nottingham.ac.uk

Hi I'm James, alongside being Guild Chair, I am also in my third year as an Animal Science student. In my second year I was an ENTs officer so had a lot to do with the massive variety of events that take place on Campus. As Guild Chair I am SB's representative to not only the University and the Union but to all aspects of the campus and its surrounding community.

They also provide a link between SB and the Students' Union by working with the full-time Officers at University Park to ensure you are properly represented and have access to all the same activities and services.

If you want to get involved this year it's not too late! We host our Hall Elections in November during which the Hall President, Female Welfare and Male Welfare Officer positions all re-open. Keep your eyes open for updates!

### **Jess Watson**

Guild Treasurer svyjw7@nottingham.ac.uk

Hello I'm Jess and I am your Guild Treasurer this year. It is my role to make sure there is enough money in the right places to make sure we have the best year on SB.





### Rebekah Mondon

Guild Vice-Chair styrkm@nottingham.ac.uk

Hi my name is Bek and I'm in my third year as an Animal Science student. As Guild Vice-Chair I look after elections and Guild procedures as well as assisting the Guild Chair in his role. I am also a point of contact for all students on campus. I'm looking forward to meeting you all in September!

### Lai Wah Tsang

Hall President stylwt@nottingham.ac.uk

Hi! I'm Lai Wah (Lay Warh), a second year Dietetics student and your Hall President! I work closely with the Guild as well as our ENTs team to ensure you guys are having the best experience living on Campus. That can be anything from accommodation with CLV, catering with Sodexo, the student services we offer and not forgetting the social events we organise for you! Feel free to say hi and stop me for a chat when you see me around campus!

### Rachel Ellis

Equal Opps & Welfare Officer svyre@nottingham.ac.uk

Hi, I'm Rachel. My role involves working for the welfare of everyone on campus, by liaising with welfare services and directing students to the best place to find support. I also work with cultural, faith and minority groups on campus to ensure that they are supported and everyone, regardless of their background, is in a position to enjoy life on SB.

### **Harry Dance**

Campaigns Officer svybd3@nottingham.ac.uk

Hello, I'm Harry, your Campaigns
Officer for this year. I am a third year
Vet student living in Kegworth. Last
year I was the Equal Opportunities
and Welfare Officer for the Guild,
meaning I had the pleasure of directly
listening to students' views. If you
have an idea of how to improve the
campus or have a problem you wish
to solve, send me a message or pop in
and see me for a chat!



### **Katie Patrick**

Sports and Activities Officer svykp@nottingham.ac.uk

Hi I'm Katie and I'm a third year Vet student. I'm the main contact for students to get involved with any sports and societies they're interested in! Having been on the Lacrosse Committee as President last year, I know how useful sports and societies can be to make new friends across all years and I hope I can make this even better this year!

### **Chloe Geoghegan**

Publicity Officer stycg4@nottingham.ac.uk

Hey, I'm Chloe, a third year Nutrition student and Guild Publicity Officer.
I will be here to make sure all events, important information and campus news will be delivered to you in the best possible way! If you ever need help advertising an event, or wish to get the word out to the whole of the campus, don't be scared to ask!

### **Emily Forbes**

Female Welfare Officer styef4@nottingham.ac.uk

Hi I'm Emily, a second year Nutrition student. I am the JCR Female Welfare Officer making up part of the Guild team. I work closely with the Equal Opportunities and Welfare Officers and support the rest of the Guild. Come to me as a first point of contact if you have any queries or are in need of support.

### **Robin Leaper**

Male Welfare Officer styrl5@nottingham.ac.uk

Hi I'm Robin, a third year Food Science student and your Male Welfare Officer. I'm here to ensure you are all healthy and happy during your time at university. I help to organise sexual health and other welfare services on campus. Feel free to ask me anything and I can show you the best way to help.







### **Claire Davis**

Senior ENTs Officer svycgd@nottingham.ac.uk

Hi I'm Claire your Senior ENTs officer for this year! I am a third year Vet student and love the SB community and way of life. A large part of SB life is the wide range of varied events that takes place right here! My job as Senior ENTs is to coordinate many events on the campus and make sure that there are no clashes. I am also in charge of organising a lot of the events on campus and hope to have some great and memorable events going on this year for everyone to get involved in! I was a part of the ENTs committee last year and loved it, so I'm very excited to be leading the committee this year!

### **Bryony Watters**

**ENTs Officer** svybw@nottingham.ac.uk

My name is Bryony Watters, (Brian-e) I am a second year Vet student and one of your ENTs Officers this year along with Rachel Lyon. This means I am involved in organising events on campus committee and became Horseball and Dining Ins. In other words making this year the best of your lives so far! I will be at all events on campus, so come and say hello!

All of us on the Guild are here to support you, as well as helping you make the most of your student life. Having been there and done it all, don't hesitate in getting in touch with me with any questions or issues!

### Rachel Lyon

**ENTs Officer** styrl3@nottingham.ac.uk

Hi I'm Rachel, one of this year's ENTs officers and a fourth year Dietetics student. Having joined the Karni team in my first year I then joined the ENTs Captain for SB last year.

This year I'll be helping to organise and run your on and off campus events, specifically Dining Ins and Funny Farm and I'm also Horseball Vice Captain for the SB riding club!

### **Una Lillev**

SB Communities Coordinator una.lilley@nottingham.ac.uk

Hi I'm Una and I'm a Student Union member of staff based at Sutton Bonington, I can be found in the Guild area most days. I work closely with the Guild to ensure students based at Sutton Bonington have an incredible time at University.

Una is our "go to" person for any Society/Union based queries and is a fountain of knowledge for anything SB related! (apart from coursework maybe!)





## Settling in at SB

Dr. Ian Hardy - Bonington Hall Warden

As Warden, I'm the head of Bonington Hall, the largest oncampus hall of residence at the University of Nottingham.

I work to make the experience of Sutton Bonington students, whether or not they live in Bonington Hall, brilliant! I liaise with the Hall catering and accommodation providers – and with you, the residents. I am usually involved with projects that improve the campus, such as the development of the new amenities building (the Barn) and the facilities within it.

Ultimately, in my role I promote student welfare, safety and discipline and, just as importantly, hall spirit!

## IF YOU'RE JUST STARTING OUT YOU MIGHT FIND THINGS A LITTLE OVERWHELMING. TO HELP YOU SETTLE IN CHECK OUT THE SB 'NEED TO KNOW' INFO BELOW.

### **Bonington Hall**

Just moved to SB? You'll most likely be staying in Bonington Hall, which houses over 700 students spread across a few different buildings. Bonington Hall has dedicated Hall Reps, who represent you, bustling bars and all the facilities you'll need for university life, and most importantly there's a community spirit that'll make you feel welcome from day one.

#### The Barn

We are extremely lucky here on SB to have a brand new amenities building, named the Barn. It was only opened in January and all the facilities are on offer for you to take advantage of! Head to the Barn for Student Services, the Guild Offices, the Dining Hall or the Bar. It's the centre of student activity with something for everyone!

### The SB Bar

The bar is the hub of social activity here at SB and a great place to meet new people during your first few weeks. Here you'll find alcoholic and non-alcoholic drinks, the pool table and table football. It's the main venue for events on campus and also hosts pub quizzes, pool competitions and much more!

While the bar doesn't open until 7pm for drinks, it's open all day as a meeting place and common area for you to relax and hang out. You can also grab lunch at The Square if you're feeling peckish!

### **Shops and Transport**

You might be wondering where you can stock up on life's essentials and that little matter of transport! Well wonder no more...

### **Shopping**

You can order online, pop down to the local shop or head into Loughborough or Nottingham for a choice of ethnic food shops. There's an open market in Loughborough on Thursdays and Saturdays, which is worth checking out.

Don't forget about the legendary award winning Farmers' Market right here on SB! Every first Wednesday of the month take the opportunity to buy fresh local produce and handmade items.

### **Transport**

The 901 Hopper Bus is free and takes you to University Park and into Nottingham city centre. You can find the timetable on the University website.

You can also hop on other buses into Nottingham and Loughborough and if you're a keen jet setter, East Midlands Airport isn't far away!





## **NUS EXTRA CARD**

### WHY YOU NEED ONE IN YOUR LIFE

Everyone loves freebies and discounts. That's why buying an **NUS Extra card for £12** is such a good idea.

**USE IT IN YOUR STUDENTS' UNION** 

Need Snacks, Stationery Or Stash?

Head to your SU Shop, found in Portland Building, the Queen's Medical Centre and Jubilee. You can use it in loads of places to get discounts on clothes, gigs, travel and eating out, plus 40% of the cost goes straight back into the Students' Union to spend on providing great opportunities for you.

It's a no-brainer.



### Your Students' Union

While you might be based outside of the city, you're not limited to the Guild – though there's plenty to get involved in! You're also a member of the Students' Union, (SU), which is the key to all the extra-curricular, social and democratic activity that goes on here at the University of Nottingham.

The SU has a base in the Portland Building at University Park, which houses all your membership and commercial services. Here you can find the Box Office, Student Volunteer Centre, Student Advice Centre, Print Shop, SU Shop and Mooch Bar.

The SU also gives you access to over 200 societies and 70 sports clubs and offers loads of ways for you to have your say about issues affecting students across the University.

To discover more about the activities, events and opportunities at your SU, or to find out more about the Students' Union, head online to www.su.nottingham.ac.uk and see how you can shape your time here!

Oh and one more thing, make sure you visit the Welcome Festival at University Park. It's a great opportunity to get to know the campus, pick up some freebies and get chatting to other students.

### Follow Us





## **Students' Union Officers**

THE SU OFFICERS WORK WITH THE SB GUILD OFFICERS TO MAKE YOUR UNIVERSITY EXPERIENCE AMAZING.

HEAD ONLINE TO FIND OUT MORE ABOUT THIS YEAR'S ELECTED OFFICERS AND HOW THEY'LL BE REPRESENTING YOU WITHIN THE SU. YOU CAN FOLLOW THEM ON TWITTER AND FACEBOOK TO KEEP TRACKS ON THEIR PROGRESS OVER THE YEAR.

### **Angharad Smith**

President

supresident@nottingham.ac.uk

### **Dan Rattigan**

**Education Officer** 

sueducation@nottingham.ac.uk

#### **Elliot Denham**

Postgraduate Officer

supgofficer@nottingham.ac.uk

### Sarah Pickup

Equal Opportunities & Welfare Officer

suwelfare@nottingham.ac.uk

### **Rob Jennings**

Activities Officer

suactivities@nottingham.ac.uk

### **James Bramley**

Sports Officer

susports@nottingham.ac.uk

### Sam Peake

Community Officer

sucommunity@nottinghm.ac.uk

### **Part time Officers**

THERE ARE ALSO EIGHT PART-TIME OFFICERS WHO EACH REPRESENT AN EQUALITY AND DIVERSITY NETWORK. THESE NETWORKS ARE IN PLACE TO ENSURE EVERYONE IS PROPERLY REPRESENTED, REGARDLESS OF BACKGROUND OR CIRCUMSTANCE.

## Emma Ehrenberg and Emma Quaedvlieg

Women's Officers

suwomensofficer@nottingham.ac.uk

### **Parmeshwar Bawa**

International Students' Officer suinternational officer@nottingham.ac.uk

### **Nneka Keshi**

**BME Officer** 

subme of ficer@notting ham.ac.uk

### **Emma Scali**

Mature Students' Officer sumature officer@nottingham.ac.uk

#### Tom Parker

Environment & Social Justice Officer

suenvironment@nottingham.ac.uk

### **Alistair Boulter**

LGBT Officer

sulgbtofficer@nottingham.ac.uk

### Molly O'Brien

Students' with Disabilities Officer sudisabledofficer@nottingham.ac.uk





### **Sports and Activities**



There are 36 clubs and societies on SB, ranging from the bigger sports clubs such as rugby and lacrosse, to racquet sports and climbing. SB also has a wide range of societies unique to this campus! Check out Sco-op, Farmers' Market and the Shooting Club. You'll soon find out SB is a brilliant place to give something new a go.

Last year we saw the launch of a new Gold and Silver points based Society reward system. Societies gain points on their events and achievements throughout the year. This year, we're pleased to announce Riding and VetSoc have risen to Gold status!

It's easy to sign up to these societies during or after the Welcome Festival so sign up and enjoy!

### **Katie Patrick**

Guild Sports and Activities Officer

We're not expecting Olympic standard here at SB and all our societies and sports clubs are open to students of any ability. They're a great way of trying something new, whether you've always wanted to have a whirl at Frisbee, or fancy yourself as the next Paul Hollywood. Alternatively, why not pick up an old hobby. This is your time, shape it your way.

## YOU CAN FIND OUT LOADS MORE AT THE WELCOME FESTIVAL, IN THE ONLINE ACTIVITIES GUIDE OR ON OUR WEBSITE. BUT FOR NOW, FEAST YOUR EYES OVER THIS LOT!

Agrics	Extreme Ambling	Rock Climbing
Allotment Soc	Food Co-op (SCo-op)	Rounders
Animal Science Society	Hockey (Mixed)	SB Players
Badminton	Horse Riding	Shooting
Biking (SBABES)	Microbiology	Tennis
Dietics & Nutrition	Music Soc	Ultimate Frisbee



## Volunteering

## IF YOU'RE LOOKING TO HAVE FUN, GIVE BACK TO THE LOCAL COMMUNITY AND GAIN SOME BRILLIANT EXPERIENCE AT THE SAME TIME, VOLUNTEERING IS FOR YOU!

There are loads of projects available if you'd like to get involved and try something new. Whether you want to help out regularly at schools and community centres or take on lower commitment, short-term projects, there's something for everyone.

Our Student Volunteer Centre (SVC) is based on University Park Campus, but Volunteer Coordinator Shea Mellor visits Sutton Bonington weekly to keep you up to date on volunteering opportunities!

You'll also be able to talk to the SVC at the Welcome Festival, they're a friendly bunch so make sure you stop for a chat!

### Want to get ahead of the game?

### Get in touch

volunteering@nottingham.ac.uk 0115 8468750

**y** @UoNSUVolunteer



# **KARNIVAL**

---- is our very own ----

## **STUDENT-RUN CHARITY**

THE LARGEST IN EUROPE raising over

# £1.7 MILLION

Karnival is also in charge of some of the biggest nights out and hold Welcome Week events that aren't to be missed. Luckily for you, you needn't head over to University Park to find out more as there are several Karnival Reps based on Sutton Bonington.

They'll be able to sell you tickets, tell you more about how you can get involved and give you a better idea of what they get up to throughout the year.

### WWW.KARNI.CO.UK

Your 2015-2016 Karnival team! **Bryony Watters** 

Matt French

Zak Brown

Ellie McLoughlin

Megan Moore

Kotryna Surkeviciute



### **Events and Entertainment**



## SB APPRECIATES A GREAT NIGHT AND YOUR VERY OWN DEDICATED ENTS COMMITTEE CAN BE RELIED ON TO SUPPLY JUST THAT.

They run most of the social events on campus while also supporting societies with their own events. They're a specialist part of the Guild and are students too, so you can be sure of a good time.

Meet the ENTs team on pages 10-11, they, along with the ENTs committee are here to put on almost any event you can dream of!

### A taster of what's to come

SB Societies Ball, Rumble in the Jungle, Keggy Crawl, The Funny Farm, Dining Ins, UV Party, Hypnotists, Acoustic Evenings.

Check out the events calendar to see what the team have organised for your first week!

### **Health and Welfare**

The first few weeks are all about settling in and finding your feet, but it's important you feel safe and happy here too!

### **Health Services**

Remember to register with one of the GPs below. Registering only takes two minutes and means you'll be able to get treatment quickly if you need it.

### **Orchard Surgery**

The Dragwell Kegworth 01509 672419

### **East Leake Medical Group**

East Leake Health Centre, East Leake 01509 852181

### Soar Valley Surgery

Sutton Bonington 01509 672229

### **Church House Surgery**

Ruddington 0115 9847101

#### Welfare

The Union and University run lots of different services to support you throughout your studies. There are also several Student-Run Groups you can go to if you need a chat. Hop online for more details.

### The Student Advice Centre

Based in the Portland Building on the UP Campus with a number of advisers to help you out with course, housing and financial worries, among other things.

### **Nightline**

A Student-Run listening service, perfect if you need someone impartial to talk to. They also run an extended service during exam periods.

### **Welfare Officers**

Contact the officers if you're in need of support or have a query. Chat to your SB Guild Officers or contact Sarah Pickup – the SU Equal Ops & Welfare Officer – for information on how the Union can help you out.



### **Events Calendar**

### 19 September

09:00 — 17:00 Student Arrival & Welcome The Bar, the Barn

19:00 Onwards Student Guild BBQ Front Lawns

### 20 September

09:00 — 16:00 Student Arrival & Welcome The Bar, the Barn

16:00 — 16:30
Talk by your Hall Warden
and Introduction of Hall
Resident Tutors
Auditorium Lecture Theatre – A30

#### 16:45

Welcome by the Guild, Welcome Mentors and International Reps Auditorium Lecture Theatre – A30

### 17:00

New Students Welcome Buffet Auditorium Lecture Theatre – A30

20:30 Onwards SB Student Guild Meet & Greet The Bar, the Barn

### 21 September

20:00 Onwards
ISSB Meet & Greet
Baywatch
Ocean for new students
SB goes to Oceana for
returning students

### 22 September

14:00 — 16:00 The Guild Garden Party Main Building Lawns and Marquee

20:00 SB Returners Festival Night SB Harpers Bar Toga Night Rock City for new students

### 23 September

13:00 — 16:00 SB Guild Welcome Festival Sports Hall

# 20:00 Open Mic Night The Bar, the Barn Heaven vs. Hell Stealth for new students Christian Union Meet and Greet

### 24 September

12:30 — 13:45 Mature and Post Graduate Student Buffet

### 20:00

SB Ceilidh SB Campus Caveman event Oceana for new students Games Night Guild Space

### 25 September

### 20:00

Welcome Week Finale Party Capital FM Arena Movie Night SB

### 26 September

19:00 Fifty Shades of Hay SB Finale Party The Bar, the Barn

### 27 September

13:00 Onwards
Love your Hall
Quiz and Acoustic Music
Front Lawns, The Bar, the Barn



### **Useful Contacts**

### **ENTs Contacts**

**Claire Davis** – Senior ENTs Officer svycgd@nottingham.ac.uk

**Bryony Watters** – ENTs Officer svybw@nottingham.ac.uk

Rachel Lyon – ENTs Officer svyrl3@nottingham.ac.uk

### Students' Union

0115 8468800 studentsunion@nottingham.ac.uk

**Una Lilley** – Comms Coordinator 0115 9516211 una.lilley@nottingham.ac.uk

**Shea Mellor** – Volunteer Coordinator 0115 8468751 shea.mellor@nottingham.ac.uk

### Karnival

0115 8468717 karnival@nottingham.ac.uk

### **Support**

**Student Advice Centre** 

0115 8468730 suadvice@nottingham.ac.uk

**Dr. Ian Hardy** – SB Hall Warden 0115 9516052 ian.hardy@nottingham.ac.uk

Nightline

0115 951 4985 nightlineanon@nottingham.ac.uk

**Finance** 

sufinance@nottingham.ac.uk









