

# Welcome

Welcome to Nottingham, you lucky, lucky person! If Nottingham was your first choice – well done, you have great taste. If not, then fate has dealt you a winning hand. Nottingham is a fantastic city which has lots to offer which will make your student days here happy and memorable.

One of Nottingham's best assets is its size. While the conurbation is home to 630,000, the city's population is just 280,000 and the centre itself is small enough to walk across.

This compact area is crammed to bursting with some of the best shops in the country and going on for 400 restaurants, cafés, pubs and clubs – giving you a huge choice for nights out. Mind you, we want you to enjoy yourself but not at other people's expense – see pages 36 and 37 for some helpful hints. You're spoilt for choice for cultural activities too – for more information see pages 18 & 19.



# IN S i D E...

Finally, you'll notice that Nottingham is dead easy to get around. When vou're on foot, vou'll see we've done a lot to make it reasonably traffic free in central areas. Of course our swanky tram system opened a couple of years ago and is proving very popular, and our already excellent bus services are getting better and better each year. See pages 16 and 17 for lots of useful travel information.



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# USE U Council Services

Rubbish

Nottingham City Council wants to make the city a cleaner place for you to live. It will collect your rubbish, provide recycling facilities, take away bulky rubbish that won't fit in your bin and even replace your bin if it is lost. You can also use the Household Waste and Recycling Centre on Redfield Road, near the Showcase Cinema. On top of this the Council will keep your roads and streets clean.

For more information about the Council's waste services, including reporting of any aspects of waste, abandoned vehicles, and recycling, cleansing, street lighting or highways maintenance issues, telephone 0115 915 2000. The lines are open between 8.30am and 4.50pm. There is an answer phone for out of hour's calls, staff will return calls the next working day. You can also e-mail us at:

neighbourhood.services@nottinghamcity.gov.uk

The Nottingham City online website forms can be used by the public to log work; it can also be tracked to completion.

We operate a bulk waste collection service where up to 6 items can be collected free of charge, please note we do not remove fixtures and fittings or building/vehicle waste. White goods/Fridges are chargeable unless on approved benefits please call or e-mail for advice.

If your green bin is full and you are not on the recycling systems you can leave black bags on collection day as long as they are tied leaving a 6" handhold (you can leave black bags on green bin day even if you are on recycling). Any bin issues can be reported on 0115 915 2000 or at waste.management@nottinghamcity.gov.uk

Recycling Recycle when and where you can help protect the environment. For help and advice call 0115 915 2000 or email

waste.management@nottinghamcity.gov.uk

Lighting
Report broken street lighting for repair on
0115 915 2000 or e-mail highways@nottinghamcity.gov.uk

Report noisy neighbours or other forms of noise nuisance - and please keep your noise to a minimum to avoid being reported yourself. Street disturbances should be reported to your nearest police station. Telephone 0115 915 6410 or e-mail pollution.control@nottinghamcity.gov.uk

## Anti Social Behavior Helpline 0115 915

Can also assist with any problems regarding youths, gangs, vandalism or suspected drug use. Open 24/7.

Syringes hotline Call 0115 915 2242 to arrange collection of discarded syringes.

Pest Control and Dog Wardens
If you have a problem with rats, mice, bed bugs or other pests or find a lost dog then contact the pest control officers and dog wardens on 0115 915 6123.

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# Wheelie Bins

If you are a student living in a privately rented house, you and all the other tenants are jointly responsible for putting out your bin as well as removing it from the street once it's been emptied.

Bins must not be put out more than 8 hours prior to collection day or left out for more than 8 hours after the day of collection. For example, if your bin collection day is Monday, then the bin must not be put out before 4.00pm on the Sunday or still be on the pavement any later

than 8.00am on the **Tuesday. Nottingham** City Council are now clamping down on occupiers who persistently leave their bins on streets and Fixed **Penalty Notices for £100** have been given to Be smart with your Bin put it out ... and bring it in! residents who continue





# Housing & Other Advice

If you need advice about your housing rights (and responsibilities), try:

University of Nottingham Students' Union, Student Advice and Representation Centre

Telephone: 0115 846 8730

or e-mail: student-advice-centre@nottingham.ac.uk

## NTSU Student Advice Centre

Telephone: 0115 848 6200 or 0115 848 1406

or e-mail: sac@su.ntu.ac.uk

## Nottingham City Council Public Health Team

Telephone: 0115 915 6798

or e-mail: public.health@nottinghamcity.gov.uk

For homelessness prevention and assistance, contact Housing Aid on 0115 9153000, or e-mail: housingaid@nottinghamcity.gov.uk

# **Property**

## Are you a student tenant in the private rented sector? Then read on!

Is your student property licensed? If you live in a three storey property with five or more people then your landlord should have applied for a licence. If they have not then Nottingham City Council can prosecute and in certain cases courts may order the repayment of rent for the period the property was unlawfully licensed.

Also for advice on deposits and housing conditions such as damp and mould, fire safety and poorly maintained property or drainage problems then contact the HMO (Houses with Multiple Occupancy) team.

Tel: 0115 915 6798 or email: public.health@nottinghamcity.gov.uk

## **Nottingham Action Group on HMOs**

Member of the National HMO Lobby, represents residents in neighbourhoods with shared houses/HMOs, working to achieve balanced, sustainable and cohesive neighbourhoods

Tel: 07762 525 625

E-Mail: contact@nottinghamaction.org.uk Website: www.nottinghamaction.org.uk

# Unipol Student Homes

Unipol, the Student Housing charity, has joined forces with Nottingham City Council, the University of Nottingham and the Students Unions at both Universities to help promote the provision of good quality student housing in the private sector.

## www.unipol.org.uk/nottingham

The Unipol website carries the most comprehensive listing of student properties in Nottingham and is entirely FREE for you to use. The site is updated regularly and allows you to search for exactly the type of property you want.

Detailed information and photographs are included to allow you to make easy comparisons. It also clearly distinguishes between landlords who are accredited and those who are not.

The Unipol DASH Code Unipol is promoting the Unipol DASH Code to encourage better housing standards for students. On our website you will see that we clearly identify properties owned by landlords who have opted into this voluntary accreditation code. The standards set by the Code go beyond minimum legal requirements and offer you additional reassurance. Unipol feels strongly about the benefits of signing a contract with owners who are members of the Unipol DASH code and as a consequence these landlords are given greater prominence on our site. We suggest that you give them priority too when looking for your new homes.



**The Accommodation Bureau** Unipol's Nottingham administrative base is at the Accommodation Bureau on University Park, University of Nottingham. Here you are able to get help, advice and support to ensure you get the very best deal from the private sector. The Bureau also has computer terminals that you and your friends can use to access the Unipol website and the many thousands of properties we list each year.

We also have two terminals based in Union Central at Nottingham Trent Students Union for students to access our online services.

**Student to Student Noticeboard** If you are looking by yourself or you want to find an additional person to complete your house hunting group, our Student to Student Notice Board is the ideal way to search. The notice board also has a separate section specifically for postgraduates.

Online Advice On our website you'll find advice about renting accommodation - from finding your ideal home to ensuring your deposit is returned at the end of your tenancy. There are sections about living in the community, disrepair and a helpful checklist you can download to use when you are viewing properties. Because we are a charity you can also be certain that the advice we are giving you is impartial.

Whatever your requirements Unipol can help. So before you head off house hunting make sure you put yourself in the best possible position by visiting the Unipol website first.

Telephone: 0115 846 8599 Fax: 0115 846 8598 www.unipol.org.uk/nottingham info@nottingham.unipol.org.uk

Old Engineering Building, Cut Through Lane, University Park, University of Nottingham, Nottingham, NG7 2RD

## **Crime Prevention**

## Don't become a victim of crime.

Have a look at www.easily-done.co.uk for tips on how to stay safe.

If you need to contact Nottinghamshire Police telephone: 0115 948 2999 In an emergency dial 999 To report information about any crime anonymously telephone Crimestoppers: 0800 555 111

Don't leave your bin out. If you haven't shredded items such as bank statements or bills, there may be lots of information in your bin that's extremely useful to criminals who would like to spend your money. Identity fraud can be high in student areas, so keep your bin tucked away out of sight.

Get your valuables marked with SmartWater to help protect them from burglary. SmartWater is free to all students in halls or residing in the city. Please call 0115 915 3701 for further details.

Don't forget to shut and lock your windows and doors - don't make it easy for criminals!

# Fire Safety

There is a higher risk of fire in shared properties so make sure you're safe.

Visit www.firekills.gov.uk for important fire safety advice or contact Nottinghamshire Fire and Rescue.

### **Telephone:**

**Central Fire Station:** 

0115 948 1166

**Beeston Fire Station:** 

0115 943 0666

**Dunkirk Fire Station:** 

0115 942 1600

In an emergency, dial 999

If you are concerned about your house/flat having adequate means of escape in case of fire please contact the Council's Public Health Team on 0115 915 6798





# Stay safe, enjoy life!

We all know that your university days are among the best in your life. You're away from home - possibly for the first time. Parties, late nights, nights out with your mates... there's a whole world of new experiences out there! This is a new chapter in your life and a big step towards your chosen career. So why would you want to throw it all away!

Fire can damage not only your home and your possesions but it can wreck lives - your life, your family's and your friends'. When you share accommodation you're much more likely to experience a fire in the home, which is why you have to take extra care to make sure it doesn't happen to you.

## **TOP 10 STUDENT FIRE SAFETY TIPS**

- 1 Fit smoke alarms on each level of the property and test them weekly.
- 2 Never leave cooking unattented.
- 3 Never attempt to cook while under the influence of alchohol or drugs.
- 4 Don't overload plug sockets.
- 5 Switch off electrical appliances like phone chargers and hair straighteners when not in use.
- 6 Take extra care with cigarettes and smoking materials
- 7 Never leave candles unattended.
- 8 Check furniture has the permanant fire-resistant label.
- 9 Practice an escape route.
- 10 If a fire starts, get out, and stay out and dial 999

# **Getting Around**

Be kind to your environment – think carefully about how you get from one place to the next.

## triptimes.co.uk



This local journey planning website will help you get around Nottingham by public transport. It also has information on how to download bus timetables onto your mobile phone.

Get more information about the city's public transport including timetables and services:

### **Nottingham City Transport Buses**

www.nctx.co.uk Telephone: 0115 950 6070

### **Trent and Barton Buses**

www.trentbuses.co.uk Telephone: 01773 712265

## **Nottingham Express Transit (Tram)**

www.nottinghamexpresstransit.com

Telephone: 0115 942 7777

### **National Rail Enquiries**

www.nationalrail.co.uk Telephone: 0845 748 4950





www.traveline.org.uk Telephone: 0870 608 2 608 for inter-regional bus journeys

### **Travelwise**

Get general information and advice about the best ways to get around Nottingham from the Travelwise Centre website: www.nottinghamtravelwise.org.uk Telephone: 0845 6088 608

## **Cycling**

Fancy biking it? Get the cycle route map at: www.itsnottingham.info/cycle.pdf

## **Parking Permits**

Some streets require Resident Parking Permits.

To apply telephone 0115 915 6655 and pick option 4 or email parking@nottinghamcity.gov.uk

Any appeals regarding the issue of Penalty Charge Notices need to be sent in writing.

For more details see page ??.

# **Out and About**

Nottingham has some fantastic museums, galleries and places to visit. It also has well-equipped leisure centres, parks and other recreational facilities.

**Nottingham Castle Museum and Art Gallery** 

**Telephone: 0115 915 3700** 

Free entry for Students who are residents in Nottingham - on production of valid ID - on Mondays - Fridays only (excluding bank holidays

and special events).

**Angel Row Gallery** 

Angel Row, Nottingham NG1 6HP Telephone 0115 915 2869

email: angelrow.info@nottinghamcity.gov.uk

www.angelrowgallery.com

Find out more about facilities on offer, places to go and what Nottingham is 'Proud to Present' this year at www.nottinghamcity.gov.uk

**Telephone:** 0115 915 5555

Or email: leisure.bestvalue@nottinghamcity.gov.uk

# Tourism

The Nottingham Tourism Centre offers a wide variety of useful information for students:

Free information on local attractions
 Souvenirs shop with local arts and crafts
 Free 'accommodation booking' service
 Ticketmaster agent
 Walking tours
 Photocopy and fax service
 Day trip bookings
 Internet café

1-4 Smithy Row, Nottingham NG1 2BY

Telephone: 08444 77 56 78

Email: tourist.information@nottinghamcity.gov.uk

**Opening hours** Mon – Fri 9.00am-5.30pm, Sat 9.00am-5.00pm, Sun 10.00am-4.00pm



# **Parking**

It is the responsibility of every motorist, including students, to be aware of on-street parking restrictions in Nottingham. For information concerning parking in Nottingham, please contact Parking Services on 0115 915 6655 or by email at <a href="mailto:parking@nottinghamcity.gov.uk">parking@nottinghamcity.gov.uk</a>.

If you live in Nottingham City areas where 'permit holders only' restrictions apply, please ensure you clearly display a valid Resident or Visitor Permit in your vehicle during the specific Controlled Zone hours of operations. Permits for resident parking scheme areas are issued on a first come, first served basis. The maximum number of permits that can be issued per distinct property (water rate bills determine individual status) are 2 Resident and 1 Visitor Permits or 1 Resident and 2 Visitor Permits or 3 Visitor Permits, depending on the number of vehicles that will be permanantly/continually parked in 'permit holders only' parking bays.

If you have not already done so please ensure you contact Parking Services - Resident Parking - on 0115 915 6655 and pick option 4 to obtain application forms to apply for permits. You should allow at least 10 working days from date of receipt of application to process permits.

All the above should help to ensure you avoid issues of Penalty Charge Notices.

# Vehicle Amnesty Scheme

# Approximately two million vehicles a year across the UK reach the end of their lives, either through ageing or becoming unusable after an accident.

It is often the case that rather than disposing of a vehicle through the appropriate means, owners abandon them to save money. Such vehicles have a negative impact on the environment and can lower the quality of life in neighbourhoods. They can also lead to crime, take up valuable parking spaces and quickly become dangerous when vandalised.

## The City Council will collect your motor vehicle free of charge providing the following criteria are met:

- You can produce a copy of the vehicle logbook.
- You sign the declaration giving Nottingham City Council permission to remove the vehicle.
- The vehicle is accessible from the public highway. However, untaxed vehicles should not be parked on the public highway.
- The vehicle is located within the City boundary.

It is essential that you send your completed logbook to the DVLA as soon as the vehicle has been collected. If not, you could be liable for a fine.

For further information about this service please contact the Customer Call Centre on 0115 915 2000, e-mail abandoned.vehicles@nottinghamcity.gov.uk or report it online at www.nottinghamcity.gov.uk

# Consumer Advice and protection

If you have a problem with goods or services,
Trading Standards can help. They give advice and
guidance, and where appropriate, will negotiate with traders
to find a fair solution. They help with problems with all
consumer goods and services, including clothes, furniture,
cars, computers, telephones, gas, electricity, insurance,
banking, holidays and building work.

### Phone and online advice on consumer problems

Initial telephone and online consumer advice and information in Nottingham is provided by Consumer Direct (East Midlands). Consumer Direct is an advice service supported by local authorities in the East Midlands and by the Office of Fair Trading. You can contact Consumer Direct by the phone or through a secure email system on their website. The website also has factsheets and template letters on a wide range of consumer rights.

## **Consumer Direct 08454 04 05 06**

Telephone opening hours: Mon – Fri 8am-6.30pm Saturday 9am-1pm www.consumerdirect.gov.uk

Consumer Direct advisors will usually be able to give an immediate answer to a problem. In more complex cases, or where a consumer reports a potentially criminal offence, they will pass the details to Trading Standards for further assistance and investigation.

### **Visiting the Trading Standards Advice Centre**

You can visit the Advice Centre between 9am and 1pm each weekday, no appointment is necessary:

## 27 Mansfield Road, Nottingham NG1 3FB Fax: 0115 958 8187 Minicom: 0115 948 0575

The centre is wheelchair accessible and has a loop system for hearing aid users. Staff will help you by writing letters, looking at complex contracts and mediating with traders to resolve disputes. A mediation service is available for people who live in the Nottingham City Council area.

If they are dealing with an on-going complaint for you, you can telephone them on **0115 950 7932.** They can also be contacted by fax, minicom or email on

ts.advice@nottinghamcity.gov.uk.

Please note, they do not give initial advice by telephone or email.

### The Citizen's Advice Bureau

The Citizen's Advice Bureau can often help on a wide range of other issues. Try them, or find access to help and advice in your area (including free legal advice) through

www.nottinghamcab.org.uk.
or telephone 0870 126 4093 (national call rate).

Online advice is also available at: www.adviceguide.org.uk

# **Getting Involved**

Are you interested in community/ neighbourhood issues or in becoming a volunteer in the area where you live? If so, we have a wide range of options.

Call Nottingham City Council on 0115 915 8801 to put you in touch with your local area Community Officer and Neighbourhood Action Officer – to talk about the options available for you to get involved.

For your local Neighbourhood Action Officer contact:

**Dunkirk & Lenton** 

**Graham Jones - 915 8320** 

Radford, Park & Arboretum

**Elaine Brown - 915 6835** 

**Wollaton & Lenton Abbey** 

Somia Rehman - 915 8233

## Initi8 – Your Interests, Your Passions, Your chance to make a difference!

Initi8 is a joint project run by Nottingham Trent
University and Nottingham Trent Students Union and
offers a wide variety of community projects for
students to get involved. Opportunities can range from
a regular activity, one-day challenges to student led
events and projects.

All Initi8 projects are flexible and designed to easily fit around your studies, work and social life. They can be course related, a personal interest or just a challenge to have fun and meet new friends. Interested? Please contact: Initi8@ntu.ac.uk or call 0115 848 6200

'It's an amazing experience! You learn things that are transferable to any career choice and many more that you could not learn anywhere else.'

**Catherine - NTU Student Volunteer** 

'Specifically I enjoyed the interaction with the pupils whilst learning to coach within a team, learning and developing my coaching skills progressively and getting positive feedback from pupils and staff.'

Andrew – NTU Student Volunteer

'I have enjoyed every minute, meeting new people and learning new skills such as communication and organisational, and I've increased my confidence.'

Amy – NTU Student Volunteer

## **Getting Involved**

RAG (Raising and Giving) acts as the fundraising group within the Students Union. All the money we raise helps people in need and goes to deserving causes chosen by you.

You can contact the department on 0115 848 6219 or by emailing rag@su.ntu.ac.uk | www.trentstudents.org/rag

The University of Nottingham Students' Union offers plenty of opportunities for you to get involved in volunteering in the local community. Student Community Action and Karnival have something for everyone and you can give as much of your time as suits you. For more information contact:

Student Community Action - sca@nottingham.ac.uk

Telephone: 0115 846 8750

Karnival: Telephone 0115 846 8717

e-mail: karnival@nottingham.ac.uk | www.karni.co.uk



In Lenton, not only can you enjoy delicious food at the CROCUS CAFÉ, voted the best vegaterian restaurant in the East Midlands, but you can get stuck in and be a part of it as a volunteer.

## Lenton Centre

Just over the road from the Crocus, you will find THE LENTON CENTRE, a community enterprise where you would be welcomed whether as a user, (for example of their friendly £35-per-term Gym) or just by helping out.

Both the Crocus Café and The Lenton Centre are excellent examples of where the community, both student and locals alike, are pulling together to make something really special!

www.thelentoncentre.org.uk www.thecrocus.co.uk



## Dunkirk and Lenton Partnership Forum was set up in 1997 by local people to bring the local community together and help to influence decision makers.

Our main aim is to work towards a better Dunkirk and Lenton that a broad range of people want to live and work in. Things we do include putting on a community festival, publishing a newsletter 4 times a year, organising meetings so residents can raise concerns directly with those who can make decisions, supporting local residents to improve their parks and open spaces, working with local groups and running events or training courses for example around health. The Forum is for the benefit of all of those who live and work in the area. You can get involved by becoming a member, telling us what your issues are and working with us to find solutions, getting involved in our events, becoming a volunteer or contributing to the newsletter.

For more information contact the Forum office on 0115 941 9525, or email us on forum@dunkirkandlenton.co.uk. Our website can be found at www.dunkirkandlenton.co.uk

# **Outburst Project**

# Outburst

Lesbian, gay, bisexual and trans young persons project

The project works with young people aged 11-25 who may identify as LGBT or be exploring their sexuality or gender identity. We offer a safe and confidential space for young people to socialise, seek support and get involved in social and personal education opportunities.

"Outburst" is the youth service provision for LGBT young people, providing a weekly group for young people in a large youth-focussed city centre provision. LGBT staff will also meet young people on a 1-2-1 provision, and provide advocacy, support and access to other relevant services.

Mobile 07940 761160 Tel/fax: 0115 9152882

# Staying Healthy

Find out how to register with a local Doctor and Dentist at www.nottingham.nhs.uk

If you would like advice and information about your health, call

NHS Direct on 08 45 46 47 twenty four hours a day or visit www.nhsdirect.nhs.uk
Nottingham has an NHS Walk-In Centre at the Island Site, London Road, open 7.00am to 10.00pm every day. In an emergency dial 999.

The Victoria Health Centre on Glasshouse Street offers a confidential sexual health service for young people. The clinic is a drop-in centre and offers free and emergency contraception as well as advice and counselling.

Telephone 0115 950 9151

NTU has doctors on campus:

City Health Centre: 0115 848 6481 Clifton Health Centre: 0115 848 3100



# Library Services for you 24/7

Nottingham City Libraries welcomes you to a network of twenty libraries throughout the City.

You can use any library in the City (and County) to borrow, renew and return up to 24 items - including books, CDs, and DVDs - and use computers and the Internet for free.

Nottingham Central Library, located on Angel Row, has four floors of resources that will be useful to your studies. Libraries also have volunteering opportunities within our Home Library Service, readers groups, homework centres and at the Queen's Medical Centre.

### **24 hour Library Online**

Not only can you join the library online, but you can also:

- Search the library catalogue; reserve books, CDs or DVDs; renew any borrowed item; pay fees and charges.
- Access a wide range of electronic resources including.
   dictionaries, newspapers, magazines and encyclopaedias.
- Make enquiries and request help finding information.
- Find out about reading groups, author and craft events.
- Find a list of our libraries and their addresses.

Joining the library is FREE and easy to do, either by calling into your local library or going online. Membership is also included on the Adult CityCard.

For more information, library opening times, maps and locations, please visit www.nottinghamcity.gov.uk/libraries or telephone 915 2828.

## **Energy Efficiency**

### Are you doing your bit? Low and no cost energy saving tips -

- Do not over fill a fridge, yet try to keep freezers at least a quarter full.
   Defrost regularly and give coils at the back space.
- Microwaves are more efficient than gas or electric cookers.
- Use lids on pans and once boiling turn to simmer.
- Use a jug kettle that shows water level so you heat the amount required.
- Computer screen savers do not save energy. Switching off is the only solution.
- TVs, DVDs/video and stereos consume up to 75% of energy when on standby.
- Unplug chargers for mobile phones, ipods etc when not charging and only charge batteries for the handbook recommended length of time.
- Drawing curtains at dusk is as good as double glazing, especially if lined.
- Jeans dried on radiators lower room temperatures, make boilers work harder and increases condensation.
- Low energy light bulbs are 4 times more efficient and last for over 6 years.
- Lower gas or electricity tariffs at the independent www.energywatch.org.uk

Is your landlord aware of the Green Landlord Scheme? Landlord Energy Saving Allowance offers £1,500 per property or flat. For more details contact Nottingham City Council's Housing Services on **0115 915 1426**.

## **Respect for the Climate**

## **Neighbourhood Policing**

Neighbourhood Policing brings together the Police, the City Council's Community Protection Officers, Nottingham City Homes, Nottinghamshire Fire Service and Nottinghamshire Police together to operate in your Neighbourhood as one team. All Nottingham's neighbourhoods have their own local Beat Teams who understand and help to resolve local issues.

As new students in our city, we hope you will get to know your local Beat Team and be confident to share your thoughts about issues informally.

For more information on your Local Beat Team, call the Anti Social Behaviour Helpline: 0115 915 20 20

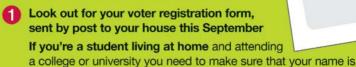


## 2008 Yearly Voter registration

Easy as  $\rightarrow 1 \rightarrow 2 \rightarrow 3$ 

You need to register this year and every ye

If you're a student attending a college or university you need to return your voter registration form



entered on the registration form sent to your home. If you are a student studying away from home you still need

to register to vote. You can register for more than one address i.e. you can register to vote at your home address and at your term address. If you decide **not** to register in Nottingham at your term address you must still return your form to us.

- Fill the form in
- Return the form quickly

### It's important to register as soon as your form arrives because

- If you don't you may not be able to get credit, a mortgage, open bank accounts or shop via catalogues.
- You won't be able to vote and have your say.
- It's a legal requirement and you may be fined £1000.

Helpline: 0115 915 4938

elections@nottinghamcity.gov.uk Email: www.nottinghamcity.gov.uk/elections



Easy as 0 00

# Be a good Neighbour

- Don't forget you are living in a residential area – your neighbours may work shifts, have to get up early in the morning, or put children to bed early at night.
- House parties should only be held occasionally, preferably at the weekend, and finish between 23:00 and 23:30 to allow neighbours and other residents to sleep. They may be at work the next day and so require a good night's sleep. Remember to advise your neighbours and stick to an agreed finish time.
- Do get involved in your local community
   there are lots of opportunities.
- Do take an interest in where you live it is your home and your neighbourhood too.

- Do frequent local businesses they welcome your custom.
- Don't leave your bin on the street it can block the way for people with disabilities.
- Don't dump rubbish outside your property – arrange for it to be taken away properly by calling the City Council.
- Don't leave litter and rubbish in your garden – it is easy to clear it up.
- Please enjoy living in this area, make the most of local services, businesses and other facilities, but please have respect for your neighbourhood.

STUDENT INFORMATION DIRECTORY

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Sprout is a Nottingham wide scheme, funded by v-involved, offering young people aged 16-25 the chance to run their own environmental projects. We can provide advice, support and the resources to help get young people's projects off the ground.

The range of environmental projects we support is very wide. The project could involve converting a derelict space into a community garden, a campaign to raise awareness about the environment or an art workshop using recycled materials, the possibilities are endless.

We'll also be organising environmental events and campaigns that you could get involved with. Amongst other things, we'll be community gardening, allotment clearing, and running events to raise awareness of environmental issues.







### The support we offer includes:

- **★** Up to £500 towards your project related costs
- \* Meeting with you and talking through the project idea
- **\*** Helping you with planning the project
- Being available to meet up and to try and overcome setbacks if things start going off track
- Helping with recruiting volunteers for your project
- **★** Pointing you towards other available funding sources
- \* Advice and guidance on writing funding applications
- Publicity and PR about your project
- Keeping you updated on any awards we discover that you may qualify for

If you are interested in starting your own environmental project or would like to know more about 'Sprout' then please get in touch:

E-mail: sproutnottingham@gmail.com
Jabran@partnershipcouncil.co.uk
Rachel@partnershipcouncil.co.uk
Or call Jabran or Rachel on 01159708200



## partnership council

The Partnership Council is a charity that was founded in 1998 by local people who were determined to give their community a way of tackling issues that were relevant to where they live.

Over the years the Partnership Council has gone from strength to strength establishing and delivering a wide range of innovative and effective community projects such as our award winning Children's Forum, Area 4 Records that promotes local music, and the Skills Exchange where members help each other out with practical tasks such as gardening and DIY.

The Partnership Council has developed these projects by working with local groups and residents at a grass roots level to create real change on community issues. Our aim is to work in partnership with residents, communities and voluntary agencies to improve where you live.

If you would like to get involved contact us on 970 8200, pop into our offices on 47 Gregory Boulevard or email us at mail@partnershipcouncil.co.uk.

You can find out more about our work on www.partnershipcouncil.co.uk or on project websites such as area4records.co.uk or www.voluntarydirectory.co.uk

If you want to find out more about the history of the area you may be living in take a look at our oral history project website on http://area4history.wordpress.com/



### FREE & CONFIDENTIAL SERVICE

SERVICES TO TACKLE PROBLEM DRUG USE

THE POINT is the free and confidential syringe exchange scheme, offering advice, information and support on issues relating to and affecting injecting drug use to people in Nottingham, Gedling, Broxtowe and Rushcliffe.

#### WHO IS THE POINT FOR?

The service is open to anyone concerned about their own or another's drug use. We have dedicated workers to provide syringe exchange, information, advice and support, who will not judge your present situation.

Compass Adult Service
132 Mansfield Road, NOTTINGHAM NG1 3HL
0115 911 4490

Compass Young People's Drug & Alcohol Service 17A Huntingdon Street, NOTTINGHAM NG1 3JH 0115 847 0445 or 0115 847 0446 Email compass.youngpeoples-notts@virgin.net

# **Notes**

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STUDENT INFORMATION DIRECTORY

## useful contacts

**Nottingham Trent University** 0115 941 8418 www.ntu.ac.uk

**Nottingham Trent Students Union** 0115 848 6200 www.trentstudents.org

Michael Lees Head of Customer Service, Nottingham Trent University 0115 941 8418 www.ntu.ac.uk

**University of Nottingham** 0115 951 5151 www.nottingham.ac.uk

**University of Nottingham Students' Union** 0115 846 8800 www.su.nottingham.ac.uk

Melanie Futer Manager Off-Campus Student Affairs University of Nottingham 0115 951 4649 melanie.futer@nottingham.ac.uk

**Nottingham City Council** 0115 915 5555 www.nottinghamcitv.gov.uk

Mike Cole Student Strategy Manager Nottingham City Council 0115 9156794 mike.cole@nottinghamcity.gov.uk

**NAG (Nottingham Action Group on HMOs)** 07762 525 625

**UNIPOL Student Housing** 0115 846 8306











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