## Thinking about Dyslexia: A Staff Resource for Developing Practice

The University of Nottingham

www.nottingham.ac.uk/dyslexia/

Website context: Thinking about Dyslexia → Teaching

## 'Recognised' teaching methods for dyslexic learners

There are numerous teaching 'systems' and suggested approaches for teaching dyslexic people. Below is the essence of some of them.

- Multi-sensory: Using auditory, visual and kinaesthetic modes of processing information to maximise stimulation of connections and memory.
- Remediating difficult areas, e.g intensive systematic programmes for teaching the sound systems of English to enable spelling and reading to progress. (More likely to be used at the early stages of literacy development).
- Identifying processing strengths and learning how to apply them to study requirements. For example, mind maps for planning and note making. Task requirements do not always match strengths, so it is also about encouraging flexibility where possible.
- Clear structure, often with a 'top down' approach: placing what is to be learned within a clearly identified structure.
- Consciously worked out study strategies: these need to be as good as they
  can be to take account of the potential inefficiencies inherent in dyslexia.

## A possible framework for thinking about teaching

- **Contextualise**: locating a teaching session in the wider context of the course or locating teaching content within a wider framework.
- Structure: clear framework with strong signals of breaks and headings
- Pace: 'Introduce what you are going to say, say it and summarise it' is useful, but when a lot new information is presented quickly, there needs to be guidance on how students can re-enforce and practise material presented

## Presentation

- a. mode can it be multi-sensory? Presenting information auditorily, visually and where appropriate encouraging pro-active manipulation of material learned.
- b. appearance of written materials: well-spaced information broken down by headings with not too much information on one page.