# Be inspired

by our...



and Medium-Sized Enterprises &

Vocational Education Trainers

Self-Assessment Tool Measuring the Innovation Readiness of your Company

## **Personalised** Report

**Innovating Food for Seniors** 

and

Open Education Resources!

# **ABOUT US**

## **Innovating Foor for Seniors**

is an Erasmus+ project co-funded by the European Commission. It provides opensource educational guides, tools and resources to help small and mediumsized enterprises (SMEs), vocational training institutions and policymakers in the food sector cultivate their readiness, skills and abilities to innovate and capture the niche market for senior food.







## **Project Partners**













University of

**Nottingham** 







innovating food for seniors

A Digital Path towards **Innovating Food for Seniors** 

www.innovatingfoodforseniors.eu



## Discover our 6 Educational Modules with Eudcators' Guide

MODULF 2

#### MODULF 1

#### The Opportunity Landscape

- Personalised Nutrition for Seniors

The Healthcare & Nutritional needs



### MODULE 3

#### Consumer Insights & **Market Positioning**



- Senior Consumer Attitudes & Expectations
  - Market Research Tactics
- Using this Information to Market. Brand and Innovate more Effectively
- Resources

- The Senior Market Opportunity in Europe
- Using Innovation to create Opportunities
- The Design Thinking process
- The Food Market for Seniors, where the Opportunities are

#### of Seniors Innovative Solutions and Food

- Fortification for Health Management
- Allergens / Anti-nutrients
- Natural Nutrition and Functionality of ingredients



#### MODULE 6

#### **Marketing to Seniors**

- Marketing & Branding to the Senior/Silver Food Market
- Creating a Marketing Strategy
- Innovative Marketing Techniques
- Increasing Brand Awareness



#### MODULE 5

#### Food Product and Service **Commercialisation for Seniors**



#### **MODULE 4**

**New Food Product Development, for Seniors** 

- Seniors' Unique Barriers and Needs in Food Product and Service Innovation
- Business Model Bridging Innovation and Functionality
- Pricing and Costing
- Distribution Channels

- Designing New Foods for Seniors The Phases of New Product
- Development Nutrition & Health Claims
- Innovative Packaging Formats & Food Labelling
- Sensory Analysis & Consumer Testing

# educators' guide.

They have been tested and validated by experts. The course's modular design also allows educators and trainers to adjust and adapt the training according to the specific needs and circumstances of the setting and target group.

#### What are in them?

- Evidence-based Content
- Practical Examples
- Exercises/Quizzes
- Additional Materials
  - Multimedia

# Our goals

Equipping food SMEs with the necessary food innovation knowledge and entrepreneurial skills to introduce nutrientenriched and segment-specific food products and services to the senior market!

