BMid Infant Feeding Reading List – All three years

Teaching Period 1 - Infant Feeding Reading List


**Useful Web sites**

[www.babyfriendly.org.uk](http://www.babyfriendly.org.uk) The Baby Friendly Initiative, update on BFI awards, benefits of breastfeeding, statistics. Links to other breastfeeding sites

[www.bestbeginnings.info](http://www.bestbeginnings.info) Information for mothers including subscription details

[www.breastfeeding.nhs.uk](http://www.breastfeeding.nhs.uk) Information for mothers and professionals, publicity information for 'Breastfeeding awareness week'


[www.food.gov.uk](http://www.food.gov.uk) Food Standards Agency – Provides important up to date and archive information on food safety. Also provides guidance on reconstitution of infant formula.

[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk) Healthy Start programme of free milk and vitamin supplements for both professional and public.

[www.lcgb.org/shop.html](http://www.lcgb.org/shop.html) Website address for access to a knitted breast pattern

[www.medela.co.uk](http://www.medela.co.uk) Information on breast anatomy and benefits of breastfeeding.

[www.nice.org.uk](http://www.nice.org.uk) NICE guidelines website


[www.ukmicentral.nhs.uk](http://www.ukmicentral.nhs.uk) Regional medicines information website – section on drugs in lactation

Infant feeding reading list 2011. LE
Teaching Period 2 - Infant feeding Reading list.

Please refer back to Teaching Period 1 Infant feeding reading list in addition to these.


Nursing and Midwifery Council (2009) *Standards for Pre-Registration Midwifery Education*. London. NMC

Teaching Period 3 – Infant feeding Reading list

Please refer back to Teaching Period 1 and 2 Infant feeding reading lists in addition to these.


Useful web sites

www.growthcharts.rcpch.ac.uk

www.who.int/childgrowth/en/