



The University of  
Nottingham

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## Research Café Menu

Nottingham Contemporary - August 20-21 2015

[www.nottingham.ac.uk/interact](http://www.nottingham.ac.uk/interact)

Scientific research is important because it increases our knowledge, which helps us to find solutions to problems, and consequently lead to improvements in the world we live in. However, research is not possible without the invaluable assistance of volunteers who participate in our studies. Many volunteers find that taking part in research studies can be an incredibly rewarding experience. The Research Café offers you the opportunity to choose from, and take part in, a variety of studies. Your participation will contribute to important research that has the potential to make a positive difference in people's lives.

## Snacking (In the Studio)

*Limited space*

### Drinking safely over 65. How can we design an effective health campaign for older adults?

This study aims to take this opportunity to collect this information to inform better future research

Over 18 years old only

Thursday 20th

10.00 - 11.30

Friday 21st

10.00 - 11.30

### Risky business? Involving young people in research on self-harm and suicidality

In this talk self-harm in young people will be discussed, as well as evidence that shows that taking part in research on self-harm is positive, even beneficial

Friday 21st

12.00 - 12.30

### Wearable cameras in research

A talk about our research using wearable cameras for self-reflection in the study of everyday activities

Thursday 20th

12.30 - 13.00

### What's in your food?

A short talk examining the labelling requirements that apply to food products. How do we read a label, and what does it tell us about the food?

Thursday 20th

12.00 - 12.30

### Presenting digital dilemmas to promote digital reflections

Watch a short movie and become part of a jury that will reflect on and offer advice relating to potential and possible digital rights

Friday 21st

14.00 - 16.00

## Main Courses (Study Participation)

### Public understanding of self-harm

We are looking for people to take part in a card sorting task to help us understand how people perceive self-harm

Over 16 years old only  
Approx. 30 minutes

### Maternity Research. Maternal, Child and Public Health Research Group

Find out how to get involved and shape our maternity research

Over 18 years old only

### Food purchase decisions and eating experiences

What did you eat and drink in the cafe today? Why did you choose it? How did you like it? These are the kind of questions we are asking in this short questionnaire study

Over 18 years old only  
Approx. 20 minutes

## Puddings (Demonstrations)

### Feel the difference. The Mirage Lab

Experience multisensory illusions with amazing equipment developed in the School of Psychology. Mirage helps us understand how the brain makes sense of information it receives from our bodies

Approx. 10 minutes

### Coping, wellbeing and self-harm

In this short questionnaire we want to find out how people cope with stressful and distressing situations

Over 16 years old only  
Approx. 10 minutes

### Fancy a cuppa? Emotions, liking and drinking

We are interested in people's responses to beverages

Over 18 years old only  
Approx. 10 minutes

### Search in natural images

Sometimes we cannot find something, even though it is right there in front of us. We want to know how best to help people locate the things they need, from keys to medical equipment

Over 50 years old only  
Approx. 20 minutes

### Cartoons and stories. Helping psychologists measure how well we can read minds

You will be asked to look at a number of pictures and explain what you see

Approx. 15 minutes