We’ve created an exciting ‘Impact Campaign trail’ to help you find out more about some of the projects in Impact: The Nottingham Campaign, the University’s largest-ever fundraising appeal.

We’ve highlighted a selection of projects to feature in our trail – you’ll find the Impact symbol next to those activities which are part of the trail.

You can visit activities 1-4 in whatever order you prefer and collect a sticker at each one. Please finish your trail at Cascade (number 5) to collect your prize in the Portland Building.

Our impact trail activities are:

1. 💙 Children’s Brain Tumours - solving the puzzle
   Members of the Children’s Brain Tumour Research Centre team will present interactive displays explaining how we are investigating better treatments for these life-threatening cancers.
   Time: Drop in all day 11am-5pm.
   Location: The Senate Chamber, ground floor Trent Building.

2. 💙 A view on the brain - understanding dementia
   Find out how MRI scanning is used for research into dementia and neurodegenerative diseases through fun, hands-on exhibits.
   Time: Drop in all day 11am-5pm.
   Location: The Senate Chamber, ground floor Trent Building.

Text ‘CBTR14 £2/£5/£10’ to 70070 to donate your preferred amount to The Children’s Brain Tumour Research Centre. JustTextGiving by Vodafone.

To find out more about the Life Cycle 5 challenge visit www.nottingham.ac.uk/lifecycle

3. 💙 Get active!
   Our coaching funds, supported by Impact: The Nottingham Campaign, are just one way in which we are helping our students to achieve their sporting potential. Why not test your skills at May Fest with our sporty activities?

Sports activities:

The Wattbike challenge - gear up to beat Dementia!
Developed in association with British Cycling and used by World and Olympic Champions like Bradley Wiggins, the Wattbike is the first calibrated indoor bike to deliver accurate, consistent performance data. Face our challenge at May Fest and ride to raise money for Dementia, the Impact Campaign cause of 2015. Approximately 3,100 people suffer from Dementia in Nottingham alone, with a total of 15,000 people under the age of 65 who suffer from the disease across the UK.
Please help support this cause by donating £1 to ride for 2-5 minutes - we’re aiming to collectively burn 15,000 calories over the course of the day!
If you don’t feel like getting on a bike why not text to donate instead. Text WOTR97 £5 to 70070 to donate £5. JustTextGiving by Vodafone.
Time: Drop in all day, 11am-5pm
Location: The Great Hall, Trent Building
Recommended age: 8+
Do you want to be top of the table? Can you master spin and speed? Come and receive the serves of our international tennis players and test out your reflexes in one of the fastest sports on earth! Challenge one of our international players and you could win a prize.

**Time:** Drop in all day, 11am-5pm.
**Location:** The Great Hall, Trent Building.
**Recommended age:** 8+

Volleyball - do you have the power to spike a volleyball faster than our students and staff? Come and have a go in our volleyball cage. We will help you with your technique and if you are good enough, you could take away a prize.

**Time:** Drop in all day, 11am-5pm.
**Location:** The Great Hall, Trent Building.
**Recommended age:** 8+

Athletics - would you like to be able to sprint faster than Usain Bolt or just have a go at traditional sports day races?
We’re running kids vs parents and staff vs community fun races for all to enjoy. Find out about our new running routes on campus and how you can get involved.

**Time:** Drop in all day, 11am-5pm.
**Location:** The Great Hall, Trent Building.
**Recommended age:** 8+

4. **Nurturing talent: continue your personal learning journey**
Find out how higher education can help you to achieve your dreams. Supported by Impact: The Nottingham Campaign, we provide hands on, engaging activities to promote educational aspirations and attainment.

**Time:** Drop in all day 11am–5pm.
**Location:** Room A45, ground floor Sir Clive Granger Building.

5. **Enhancing the student experience through Cascade**
The Cascade Grants Programme funds unique student projects which are having a positive, lasting impact on the wider community - both in Nottingham and across the globe. Recently funded projects include a trip to Borneo to provide a source of clean water to the Penan community, and the development of a bicycle ambulance in rural Malawi. The fund is comprised of donations from alumni and friends of the University and is part of Impact: the Nottingham Campaign.

**Time:** Drop in all day 11am–5pm.
**Location:** Room C24, C floor Portland Building.

Don’t forget to pick up a May Fest programme so you can take part in the trail!