

## Lunch (weeks commencing 16 January, 27 February)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Hot Choice</b>	Chicken bites Vegetarian nuggets	Monterey jack cheese goujons Salmon, sweet potato & coriander fishcakes with lime wedge	Beef burgers Vegetarian burgers	Chicken fajitas Veggie fajitas	Meat pie Vegetable pie	<b>Full English Brunch</b> Toast & cereals Fried eggs & scrambled eggs Bacon Lincolnshire sausage Hash browns Quorn sausages Veggie grill Baked beans Mushrooms Tomatoes <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad	<b>Continental Brunch</b> Toast & cereals Danish pastries Bread rolls Sliced Cheddar cheese Sliced Emmental cheese Philadelphia cheese Sliced ham, turkey, salami Sliced tomatoes <b>Breakfast Rolls</b> Sausage or bacon <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad Fresh fruit & yoghurt
<b>Daily Choice</b>	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings Omelette bar (Chef's choice of meat or vegetarian made to order)	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings	Fresh filled baps with fillings of the day Omelette bar (Chef's choice of meat or vegetarian made to order)	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings Omelette bar (Chef's choice of meat or vegetarian made to order)		
<b>Salad Bar</b>	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche		
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt		
<b>Potatoes</b>	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips		
<b>Side Order</b>	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans		

We cannot guarantee that any of our products do not contain nuts or traces of nuts

# Dinner (weeks commencing 16 January, 27 February)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Dinner</b>			<b>Chinese Theme Night</b>	<b>Italian Theme Night</b>			<b>Roast Dinner</b>
<b>Soup</b>	French onion soup with fresh breads	Soup of the day with fresh breads	Pumpkin, ginger & honey soup with fresh breads	Soup of the day with fresh breads	Cream of tomato soup with fresh breads	Soup of the day with fresh breads	Pea soup with fresh breads
<b>Vegetarian Course 1</b>	Quorn & vegetable crumble	Quorn sausages in onion gravy with Yorkshire pudding	Stir-fried vegetables in black bean sauce with sweet ginger tofu	Veggie mince bolognese	Couscous stuffed pepper topped with grilled haloumi cheese	Vegetable pizza with mushroom, pepper & sweetcorn	Goat's cheese & onion tart
<b>Vegetarian Course 2</b>	Mushroom & leek pie	Vegetarian shepherd's pie	Sweet & sour quorn dippers	Roasted vegetables, pasta & pine kernels	Quorn escalope forestiere	Penne pasta with roasted red pepper, tomato & basil sauce	Nut roast with tomato salsa
<b>Meat Course 1</b>	Pork loin steak with apple sauce	Lincolnshire sausages in onion gravy with Yorkshire pudding	Sweet & sour chicken	Spaghetti bolognese	Turkey escalope forestiere	Spicy chicken pizza	Roast lamb
<b>Meat/Fish Course 2</b>	Shepherd's pie	Leg of lamb steak with minted gravy	Beef satay	Chef's special	Breaded pollock with lemon wedge & tartare sauce		Roast chicken with stuffing
<b>Potatoes/ Carbs</b>	Lyonnais potatoes	Plain or cheese mash	Plain noodles Rice	Baked potato gratin Garlic bread	Chunky chips	Spicy potato wedges	Roast potatoes & midi potatoes Yorkshire pudding
<b>Vegetables 1</b>	Whole green beans Gravy	Garden peas Gravy	Prawn crackers	Mixed vegetables	Mushy peas	Coleslaw	Fresh sliced carrots
<b>Vegetables 2</b>	Fresh cauliflower	Sautéed savoy cabbage		Root veg mash	Garden peas		Fresh broccoli Gravy
<b>Salad Bar</b>	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (6 items)	Salad bar (6 items)
<b>Sweet</b>	Individual treacle tart with cream	Fruits of the forest crumble & custard	Mango & coconut brûlée cheesecake	Tiramisu	Apple pie with custard	Cream fruit scone	Chocolate sponge & chocolate sauce
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt

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## Lunch (weeks commencing 23 January, 5 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Hot Choice</b>	Smoked haddock & spring onion fishcake Carrot & coriander veggie goujons	Barbecue pork wraps Tortellini ricotta bake	Chicken burgers Veggie burgers	Beef chilli tacos Vegetable chilli tacos	Vegetable Kiev Battered cod with lemon	<b>Full English Brunch</b> Toast & cereals Fried eggs & scrambled eggs Bacon Lincolnshire sausage Hash browns Quorn sausages Veggie grill Baked beans Mushrooms Tomatoes <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad <b>Continental Brunch</b> Toast & cereals Croissants Bread rolls Sliced Cheddar cheese Sliced Emmental cheese Philadelphia cheese Sliced ham, turkey, salami Sliced tomatoes <b>Breakfast Rolls</b> Sausage or bacon <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad Fresh fruit & yoghurt	
<b>Daily Choice</b>	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings Omelette bar (Chef's choice of meat or vegetarian made to order)	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings	Fresh filled baps with fillings of the day Omelette bar (Chef's choice of meat or vegetarian made to order)	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings Omelette bar (Chef's choice of meat or vegetarian made to order)		
<b>Salad Bar</b>	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche		
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt		
<b>Potatoes</b>	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips		
<b>Side Order</b>	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans		

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# Dinner (weeks commencing 23 January, 5 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Dinner</b>			<b>Healthy U Theme Night</b>	<b>Greek Theme Night</b>			<b>Roast Dinner</b>
<b>Soup</b>	Highland barley broth with fresh breads	Soup of the day with fresh breads	Carrot & lentil soup with fresh breads	Soup of the day with fresh breads	Curried cauliflower soup with fresh breads	Soup of the day with fresh breads	Tomato soup with fresh breads
<b>Vegetarian Course 1</b>	Stuffed pepper with three bean casserole	Vegetarian lasagne	Butternut squash & sage risotto	Greek style vegetables	Vegetable & paneer balti	Swedish style quorn balls with a spicy tomato sauce	Cheddar & tomato chutney tart
<b>Vegetarian Course 2</b>	Cheese, onion & potato pie	Ricotta herb stuffed mushrooms	Basil marinated vegetable kebabs	Spinach, pine nut & feta parcel	Pumpkin & red pepper dhal	Mushroom ravioli in a mushroom & tarragon sauce	Covent garden pie
<b>Meat Course 1</b>	Steak & potato pie	Beef lasagne	Mexican lime chicken	Breaded turkey escalope with cranberry sauce	Beef madras	Swedish style meat balls with a spicy tomato sauce	Roast breast turkey with stuffing
<b>Meat/Fish Course 2</b>	Fish in cheese sauce on a bed of spinach	Seafood pasta	Thai salmon steak	Greek style lamb	Lemon chicken stir fry		Roast beef
<b>Potatoes/ Carbs</b>	Sauté potatoes	Curly fries Garlic bread	Rice	Mediterranean couscous Pitta bread New potatoes	Chunky chips Basmati rice Naan bread	Croquette potatoes Penne pasta	Roast potatoes Yorkshire pudding
<b>Vegetables 1</b>	Garden peas	Country mixed vegetables	Sliced green beans	Fresh broccoli	Mango chutney Raita Lime pickle	Sweetcorn	Fresh cauliflower
<b>Vegetables 2</b>	Fresh cauliflower		Spring vegetable medley	Rosemary & lemon sautéed courgettes		Peas	Fresh baton carrots
<b>Salad Bar</b>	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (6 items)	Salad bar (6 items)
<b>Sweet</b>	Individual chocolate ganache tart with cream	Profiteroles with chocolate sauce	Melon & pineapple wedges	Fruit salad with Greek yoghurt & honey	Jam doughnuts	Dairy cream sponge	Rhubarb crumble & custard
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt

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## Lunch (weeks commencing 6 February, 12 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Hot Choice</b>	Meat pizza Vegetarian pizza	Pasta bar with meat & vegetarian choices with garlic slice	Cajun chicken wraps Cajun stir-fried vegetable wraps	Fish finger butty with garlic mayonnaise & Romano lettuce Spinach & feta goujons	Chicken tikka slice Vegetable slice	<b>Full English Brunch</b> Toast & cereals Fried eggs & scrambled eggs Bacon Lincolnshire sausage Hash browns Quorn sausages Veggie grill Baked beans Mushrooms Tomatoes <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad	<b>Continental Brunch</b> Toast & cereals Danish Pastries Bread rolls Sliced Cheddar cheese Sliced Emmental cheese Philadelphia cheese Sliced ham, turkey, salami Sliced tomatoes <b>Breakfast Rolls</b> Sausage or bacon <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad Fresh fruit & yoghurt
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<b>Salad Bar</b>	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche		
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt		
<b>Potatoes</b>	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips		
<b>Side Order</b>	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans		

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# Dinner (weeks commencing 6 February, 12 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Dinner</b>			<b>Healthy U Theme Night</b>	<b>Greek Theme Night</b>			<b>Roast Dinner</b>
<b>Soup</b>	Carrot & coriander soup with fresh breads	Soup of the day with fresh breads	Vegetable soup with fresh breads	Soup of the day with fresh breads	Cream of tomato soup with fresh breads	Soup of the day with fresh breads	Cream of mushroom soup with fresh breads
<b>Vegetarian Course 1</b>	Macaroni cheese	Vegetable cottage pie	Quorn escalope with peppercorn sauce	Veggie sausage & bean casserole	Butternut squash with spiced lentils & halloumi cheese	Veggie burger	Roasted Mediterranean vegetable tart with feta cheese
<b>Vegetarian Course 2</b>	Asparagus & parmesan pastries	Leek & gruyere crown	Spinach, leek, sundried tomato & pasta bake	Somerset brie & beetroot tart	Mushroom & courgette lasagne	Spicy bean burger	Vegetable casserole & dumplings
<b>Meat Course 1</b>	Chicken with barbecue sauce	Cottage pie	Sirloin steak with peppercorn sauce	Lincolnshire sausage in onion gravy	Lamb koftas in spicy tomato sauce	Rustic beef burger & relish	Roast chicken with stuffing
<b>Meat/Fish Course 2</b>	Gammon steak & pineapple	Salmon with a herb crust	Chef's special	Turkey, leek & bacon pie	Cod loin with spicy beans & chorizo	Southern fried chicken burger	Roast pork with Apple sauce & stuffing
<b>Potatoes/ Carbs</b>	Baked potato gratin	Lyonnais potatoes	Sea salt & cracked pepper wedges	Fresh mashed potato	Herby diced potatoes Moroccan couscous	Chips Fresh baked potato gratin	Roast potatoes New potatoes Yorkshire pudding
<b>Vegetables 1</b>	Garden peas	Whole green beans	Fresh broccoli	Fresh sliced carrots	Yellow carrot, romano beans & broccoli medley	Onion rings	Fresh cauliflower cheese Sage & onion gravy
<b>Vegetables 2</b>	Sweetcorn	Roast parsnips	Half grilled tomato	Garden peas		Corn on the cob	Fresh baton carrots
<b>Salad Bar</b>	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (6 items)	Salad bar (6 items)
<b>Sweet</b>	Individual Bakewell tart with custard	Rocky road cheesecake	Lemon tart	Golden syrup sponge & custard	Caramelised orange cheesecake	Raspberry arctic roll or Chocolate arctic roll	Eve's pudding & custard
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt

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# Lunch (weeks commencing 13 February, 19 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Hot Choice</b>	Breaded chicken goujons with barbecue sauce Carrot & coriander goujons with barbecue sauce	Salmon fillet nuggets with garlic mayo Vegetarian nuggets with garlic mayo	Southern fried chicken Vegetable samosas with chilli relish	Beef enchilada wrap with sour cream Vegetable enchilada wrap with sour cream	Cornish pasty Vegetable pasty	<b>Full English Brunch</b> Toast & cereals Fried eggs & scrambled eggs Bacon Lincolnshire sausage Hash browns Quorn sausages Veggie grill Baked beans Mushrooms Tomatoes <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad	<b>Continental Brunch</b> Toast & cereals Croissants Bread rolls Sliced Cheddar cheese Sliced Emmental cheese Philadelphia cheese Sliced ham, turkey, salami Sliced tomatoes <b>Breakfast Rolls</b> Sausage or bacon <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad Fresh fruit & yoghurt
<b>Daily Choice</b>	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings Omelette bar (Chef's choice of meat or vegetarian made to order)	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings	Fresh filled baps with fillings of the day Omelette bar (Chef's choice of meat or vegetarian made to order)	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings	Filled paninis: Chef's choice of meat or vegetarian Fresh filled baps with various fillings Omelette bar (Chef's choice of meat or vegetarian made to order)		
<b>Salad Bar</b>	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche		
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt		
<b>Potatoes</b>	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips		
<b>Side Order</b>	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans		

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# Dinner (weeks commencing 13 February, 19 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Dinner</b>						<b>Indian Theme Night</b>	<b>Roast Dinner</b>
<b>Soup</b>	Soup of the day with fresh breads	Minestrone soup with fresh breads	Soup of the day with fresh breads	Cream of tomato soup with fresh breads	Soup of the day with fresh breads	Soup of the day with fresh breads	Pea soup with fresh breads
<b>Vegetarian Course 1</b>	Penne pasta with a spinach & mushroom sauce	Sundried tomato & roasted pepper pizza	Vegetable Szechuan stir fry with crisp sesame tofu	Tomato, goat's cheese & basil tart	Mixed bean & feta stuffed beef tomatoes	Vegetable rogan josh curry	Nut roast Peppercorn sauce
<b>Vegetarian Course 2</b>	Pesto gnocchi with cherry tomatoes, olives & parmesan	Pea & mint risotto	Mediterranean vegetable & cheese wellington	Roast pumpkin & spinach lasagne	Dolcelatte & pear tart	Palak paneer	Vegetable & bean filo strudel
<b>Meat Course 1</b>	Braised steak chasseur	Meat feast pizza	Pork loin steak with pak choi & plum sauce	Beef lasagne	Chicken Kiev	Chicken tikka masala	Roast breast of turkey with stuffing
<b>Meat/Fish Course 2</b>	Jambalaya	Chef's special	Thai fish brochettes with sweet chilli sauce	Paella	Battered pollack with lemon wedge	Lamb pasanda	Baked gammon with pineapple
<b>Potatoes/ Carbs</b>	New potatoes	Lumberjack chips	Egg fried rice Plain rice	Lyonnais potatoes garlic oval bread	Rustic chips	Pilau rice Chota naan	Roast potatoes Mashed potatoes Yorkshire pudding
<b>Vegetables 1</b>	Fresh broccoli	Onion rings	Fresh broccoli	Mange tout	Mushy peas	Mango chutney Raita Lime pickle	Fresh baton carrots
<b>Vegetables 2</b>	Whole green beans	Garden peas/sweetcorn mix	Fresh cauliflower	Baby carrots, green bean & baby corn medley	Garden peas		Fresh roast parsnips
<b>Salad Bar</b>	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (6 items)	Salad bar (6 items)
<b>Sweet</b>	New York vanilla cheesecake	Banoffee pie	Passion cake	Pear frangipane tart with custard	Waffle with butterscotch sauce & ice vanilla cream	White chocolate & raspberry pavlova	Oaty peach crumble & custard
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt

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# Lunch (weeks commencing 20 February, 26 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Hot Choice</b>	Chicken tikka naanster Lamb rogan josh naanster Vegetable tikka naanster	Chicken bites with sweet chilli dip Vegetable nuggets with sweet chilli dip	Jacket potato bar with Chef's choice of assorted fillings	Doner kebab with raita & pitta bread Falafel with raita & pitta bread	Minced beef & onion pie Vegetable pasty	<b>Full English Brunch</b> Toast & cereals Fried eggs & scrambled eggs Bacon Lincolnshire sausage Hash browns Quorn sausages Veggie grill Baked beans Mushrooms Tomatoes <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad	<b>Continental Brunch</b> Toast & cereals Danish pastries Bread rolls Sliced Cheddar cheese Sliced Emmental cheese Philadelphia cheese Sliced ham, turkey, salami Sliced tomatoes <b>Breakfast Rolls</b> Sausage or bacon <b>Healthy Option</b> Filled jacket potatoes with fillings Tuna mayo, cheese, baked beans, coleslaw, tossed salad Fresh fruit & yoghurt
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<b>Salad Bar</b>	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche	Salad bar buffet to include cold meats & quiche		
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt		
<b>Potatoes</b>	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips	Jacket potatoes Chips		
<b>Side Order</b>	Baked beans	Baked beans	Baked beans	Baked beans	Baked beans		

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# Dinner (weeks commencing 20 February, 26 March)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Dinner</b>			<b>Pan-Asian Theme Night</b>				<b>Roast Dinner</b>
<b>Soup</b>	Soup of the day with fresh breads	Broccoli & stilton soup with fresh breads	Soup of the day with fresh breads	Tuscan bean soup with fresh breads	Soup of the day with fresh breads	Soup of the day with fresh breads	Leek & potato soup with fresh breads
<b>Vegetarian Course 1</b>	Mediterranean vegetables with tomato & mascarpone pasta bake	Mixed bean goulash	Green Thai vegetable curry	Baked aubergines stuffed with ratatouille & cheese gratin	Spinach & ricotta cannelloni	Tagliatelle with Mediterranean vegetables sauce	Mushroom stroganoff
<b>Vegetarian Course 2</b>	Vegetable moussaka	Root vegetable pie with sweet potato mash	Spinach, sundried tomato, olive & feta frittata	Red pepper & tomato risotto	Vegetable jambalaya	Spicy aubergine & bean casserole	Quorn escalope with salsa sauce
<b>Meat Course 1</b>	Lamb moussaka	Sausage & bacon pasta bake	Red Thai chicken curry	Rump steak with onions & mushrooms	Hickory smoked pork casserole	Ham & cheese tortellini with tomato sauce	Roast beef
<b>Meat/Fish Course 2</b>	Breaded chicken fillet with tomato salsa sauce	Tuna & sweetcorn pasta bake	Nasi goreng	Chicken cacciatore	Battered fillet of cod with tartare sauce & lemon	Tandoori chicken leg	Roast chicken with stuffing
<b>Potatoes/ Carbs</b>	Roasted rosemary & garlic new potatoes	Lyonnaise potatoes	Basmati rice Mini poppadoms Baked potato gratin	Herby diced potatoes	Rustic chips	Sea salt & cracked black pepper wedges Garlic bread	Roast potatoes New potatoes Yorkshire pudding
<b>Vegetables 1</b>	Whole green beans	Macedoine vegetables	Mange tout	Sweetcorn	Garden peas	Sweetcorn cobettes	Fresh broccoli
<b>Vegetables 2</b>	Sautéed savoy cabbage	Fresh broccoli	Stir fry vegetables	Grilled tomatoes	Baby carrots	Sautéed courgettes	Roast carrots & parsnips
<b>Salad Bar</b>	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (11 items)	Salad bar (6 items)	Salad bar (6 items)
<b>Sweet</b>	Lemon cream dream	Bread & butter pudding with custard	Oriental fruit salad	Chocolate fudge cake	Apricot crumble & custard	Strawberry, classico or mint cornettos	Morello cherry pie & custard
<b>Other</b>	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt	Fresh fruit & yoghurt

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