Derby Hospitals **NHS**
NHS Foundation Trust

The University of
Nottingham

School of Health Sciences

Management Workbook

Name: …………………………………………………………………..

Working with the MDT

In both primary and acute health care settings there is an increasing emphasis on interdisciplinary working, changes in healthcare now demand collaboration and integration between professional groups in order to produce an improved experience and outcome for the patient. According to Cable (2002) 'one of the overriding challenges of modern healthcare is to create systems which function in a coherent, seamless manner in order to address the complex emotional, social, psychological and pathological problems with which patients present. This challenge has created a need to bring together separate but interdependent health and social care professionals.' The nurse is a key element in the team as she/he has the most patient contact and it is vital that the nurse has an appreciation of the roles and contribution of other professionals involved in patient care and has the ability to communicate effectively with these colleagues. The drive towards increasing multi-professional education is one way in which the government is attempting to highlight the profile of collaborative working and improve cohesiveness in practice.

Working with the MDT

Policies and Procedures

Joint Policy and Procedures for Community Care

NMC Proficiencies

Domain: Professional & Ethical Practice: Outcome:
1.1 (1.1.4)
Domain: Care Delivery: Outcome:
2.1, 2.2, 2.3, 2.6, 2.10 (2.2.4, 2.3.3, 2.4.3)
Domain: Care Management: Outcome:
3.2, 3.4 (3.2.1, 3.2.2, 3.2.3)

References

Cable,D in Glen,S & Leiba,T (2002) ' Multi Professional Learning for Nurses.'
Palgrave

Department of Health (2001) 'National Service Framework for Older People'
DoH London

Mentor/student comments

Mentor sign   …………………

Student sign …………………

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Working With the MDT

Scenario 1

You need to refer a patient to Social Services.

1. What forms do you need to complete?
2. Give 3 examples of different reasons to refer someone to Social Services.
3. What other documentation would you complete?

Scenario 2

You admit a patient with a high nutritional risk assessment score, the patient says she has not been eating much recently and has had a poor appetite for some time.

1. What action should you take?
2. What documentation needs to be completed?
3. Which members of the team should be informed?