

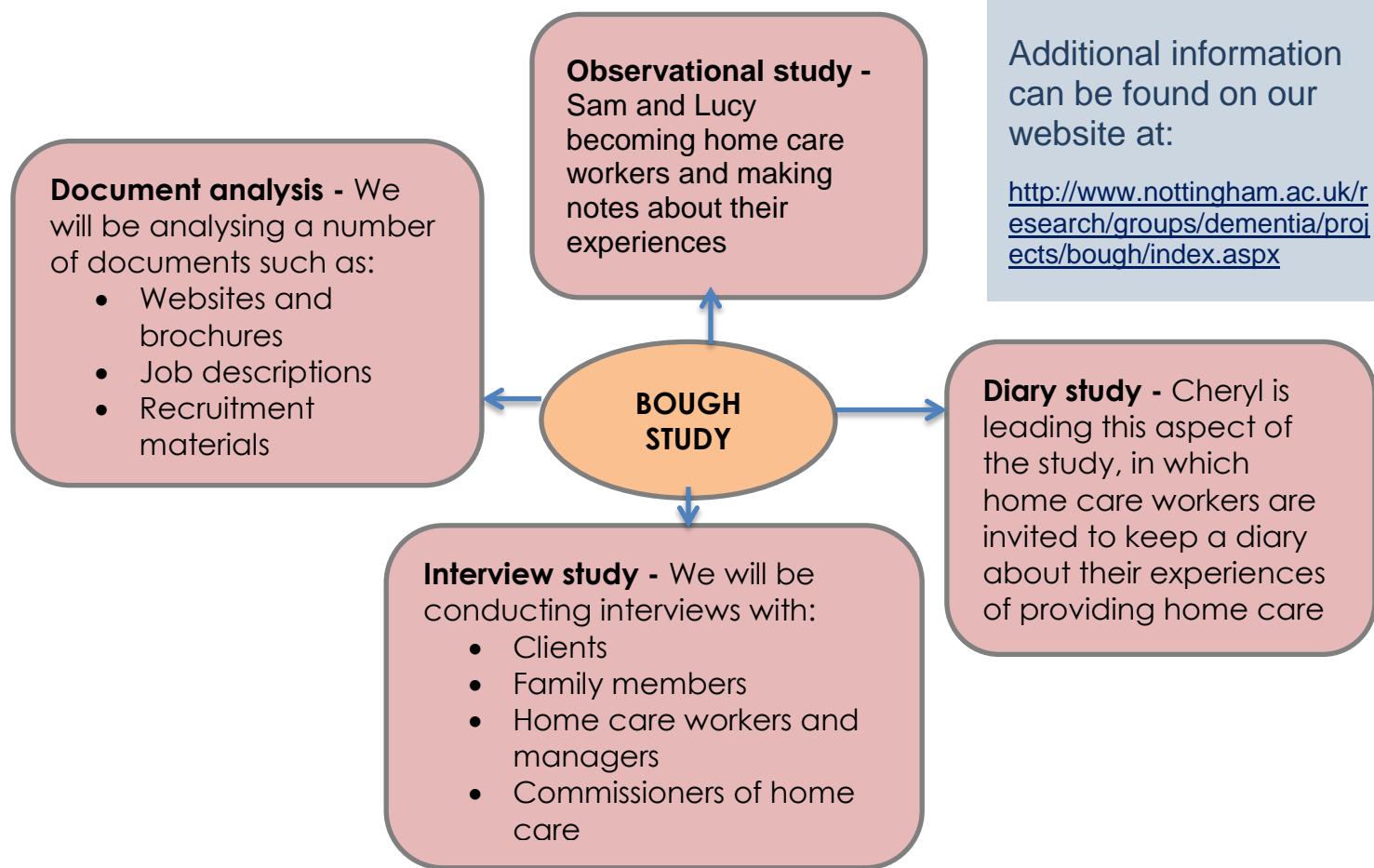


# BOUGH Now...

Study Newsletter 2, January – February 2016

## Study update

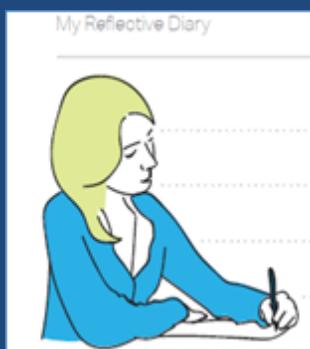
Sam and Lucy have now recruited the first clients who will take part in the study. They have begun shadowing the clients' current care visits and are getting to know the clients and their other home care workers. Work is also underway with the diary element of the study and we are starting to think about what we might like to ask clients and home care workers in the interviews. Below you can see all the elements of the study:



## Diary Study

As part of the study we will be inviting a limited number of CAREgivers working with people with memory problems to keep a diary for two months. Diaries have been found to be an excellent way to understand people's lives at work. By keeping a regular diary you can help us to describe the work of CAREgivers and the process will naturally identify key events and issues in a CAREgiver's day to day working life. From our experience a diary can also benefit the writer, because it encourages learning through reflection and new insights. The diary training takes place on 7 & 8 January, 2016.

For further information, please contact: Sharon Thorpe (Study Administrator)  
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## Interviews

We will be carrying out a series of interviews with CAREgivers, clients and their family members and commissioners so that we can understand different perspectives and experiences of giving and receiving home care. We aim to involve 30 CAREgivers, 10 clients, and 20 family members of current and past clients in the Nottingham area. In addition, we will interview 30 members of local authority staff involved in commissioning home care services across the UK. The interviews will complement the information collected in the observation and diary strands of the study. This will enable us to build a very detailed in-depth understanding of home care work and the contribution it makes to supporting clients to continue living in their own homes.

## NEWS

The University of Nottingham has a website devoted to improving Dementia Education and Awareness (IDEA). The IDEA website have recently launched a blog called 'Dementia Day-to-Day' which brings together blogs from people of all walks of life, each with their own lived experience of, and interest in, dementia and memory loss.

To find out more, please visit:

<https://idea.nottingham.ac.uk/blogs>

## Next Steps . . .

- Continue recruiting clients from each home care provider who are willing to help with the research
- Continue the participant observation while working as home care workers
- Start recruiting people to take part in the interviews
- Support the CAREgivers to complete the diary study