

BOUGH Now...

Study Newsletter 2, January – February 2016

Study update

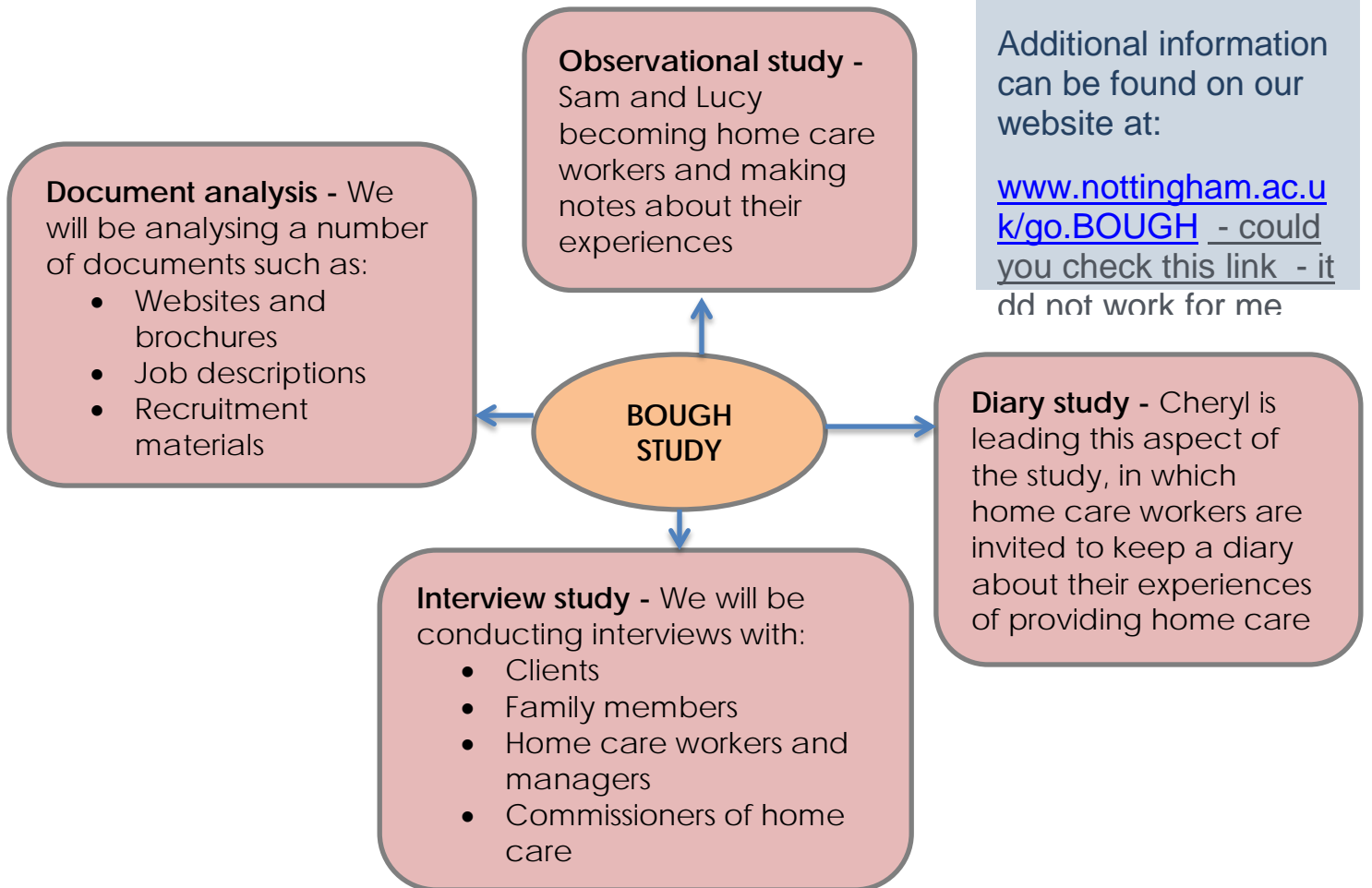
Sam and Lucy have now recruited the first clients who will take part in the study. They have begun shadowing the clients' current care visits and are getting to know the clients and their other home care workers. Work is also underway with the diary element of the study and we are starting to think about what we might like to ask clients and home care workers in the interviews. Below you can see all the elements of the study:

More information:

For a copy of previous newsletters or our participant information sheet, please contact Sharon Thorpe, Study Administrator (details below).

Additional information can be found on our website at:

www.nottingham.ac.uk/go.BOUGH - could you check this link - it did not work for me



As part of the study we will be inviting a limited number of CAREgivers working with people with memory problems to keep a diary for two months. Diaries have been found to be an excellent way to understand people's lives at work. By keeping a regular diary you can help us to describe the work of CAREgivers and the process will naturally identify key events and issues in a CAREgiver's day to day working life. From our experience a diary can also benefit the writer, because it encourages learning through reflection and new insights. The diary training takes place on 7 & 8 January, 2016. For any further information, please contact: Sharon Thorpe (Study Administrator) 0115 7484233 sharon.thorpe2@nottshc.nhs.uk

NEWS

The University of Nottingham has a website devoted to Improving Dementia Education and Awareness (IDEA). The IDEA website have recently launched a new blog called 'Dementia Day-to-Day' which brings together blogs from people of all walks of life, each with their own lived experience of, and interest in, dementia and memory loss. To find out more, please visit:

<https://idea.nottingham.ac.uk/blogs>

Next Steps . . .

The next steps are to:

- Continue recruiting clients from each home care provider who are willing to help with the research.
- Continue the participant observation while working as home care workers.
- Start recruiting people to take part in the interviews.
- Support the home care workers to complete the diary study.