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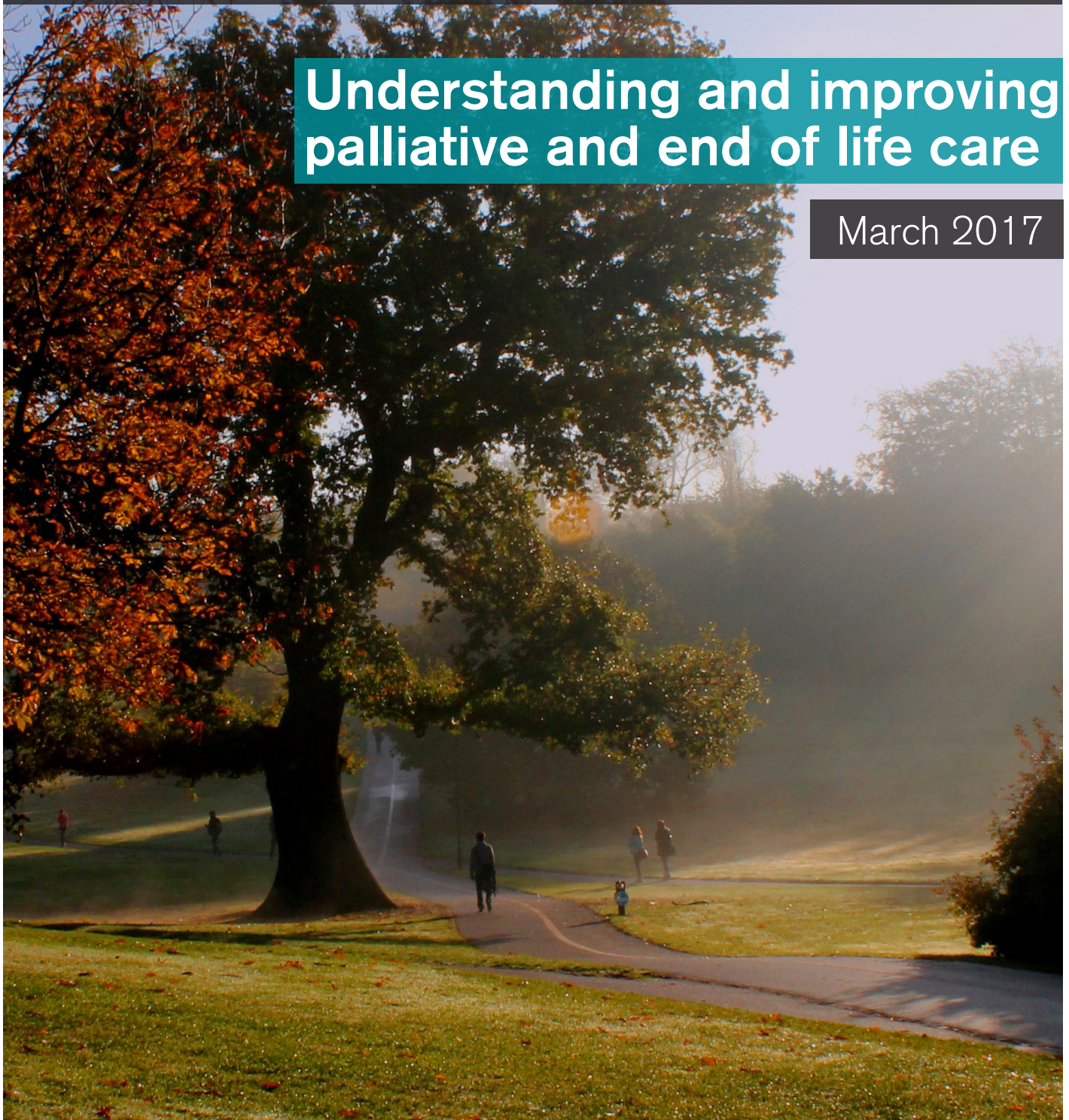
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NCARE@Nottingham

Nottingham Centre for the Advancement of Research into Supportive, Palliative and End-of-life Care

Understanding and improving palliative and end of life care

March 2017



New Staff

Welcome to Dr Chris Bailey and Research Fellows Juliette Lock and Claire Burgon.

Research News

Funding secured from NIHR to explore medicines management in the home.

Focus

Open House: Talking about Death and Dying, part of the Festival of Social Science.

Open House: Talking about Death and Dying

In November 2016, as part of the Economic and Social Research Council's Festival of Social Sciences, 17 members of the public came together with researchers to talk about death and dying.

The session began with short presentations about research. Dr Glenys Caswell spoke about findings from her pilot project into people's perspectives on dying alone.

Dr Kathryn Almack then spoke about her research exploring end of life experiences for people in the LGBT community, and her interests in the family and the ways in which death and dying are experienced and managed amongst families.

The group then broke into smaller groups for further discussion, where they covered a wide range of topics from bereavement, end of life care, the need to talk more about death, funerals, wills, hospices and hospitals. Evaluation of the session was positive, highlighting the interesting conversations and interest in current research.

If you would like to know more, please contact: glenys.caswell@nottingham.ac.uk



Education

The School of Health Sciences provides the opportunity for students to study palliative and end of life care at both degree and masters level.

The two specialist palliative and end of life care 30 credit modules at both BSc and MSc levels are:

- **Critical perspectives in palliative and end of life care** - explores contemporary debates including ethics, decision making, withdrawing treatment and advance care planning
- **Palliative and end of life care management** - focuses on the delivery and management of care including generic symptom management of complex symptoms, application of end of life care principles and using best practice tools to manage last days of life

In addition these modules can also be completed on a stand-alone basis.

For more details on costs, dates and registration in degree (BSc) studies, please visit: www.nottingham.ac.uk/healthsciences/learning-beyond-registration/index.aspx

For more details on costs, dates and registration in master (MSc) studies, please visit: www.nottingham.ac.uk/pgstudy/courses/nursing-midwifery-and-physiotherapy/health-and-social-care-msc.aspx

Please contact Becky Whittaker, Assistant Professor Palliative and End of Life Care, for further information: becky.whittaker@nottingham.ac.uk

Congratulations to our members

Eunice Ndirangu - Eunice has been awarded her PhD 'Communication and Interaction in the Context of Routine Provider Initiated Counselling and Testing for HIV: Patient experiences and outcomes in Kenya'.

Eunice is a Senior Instructor and Academic Head of the School of Nursing and Midwifery at the Aga Khan University in Kenya.

Nicola Turner - Nicola has been awarded her PhD 'Caring to the End: The Family Lives of Young People with a Parent at the End of Life'.

Nicola has also been appointed as a Research Fellow to work on the BOUGH project which aims to improve care for people with dementia by exploring what 'good' home care looks like and understanding the nature and experience of home care work. To find out more, please visit: www.nottingham.ac.uk/go/ncare/bough

Chantelle Whelan - Chantelle has been awarded her PhD 'The Complexities of Guide Dog Partnerships: Why Some Go Wrong and the Impact of a Failed Relationship on the Owner' under joint supervision from the School of Veterinary Medicine and Sciences.

Practitioner Research: network open meetings

We are pleased to announce dates for the research seminars for 2017. These seminars are open to practitioners, educators, researchers and other interested parties.

All seminars begin at 12.30pm with lunch and the presentation commences at 1pm. There will be time after the talks for discussion and networking.

Details about the seminar series are on the centre's website and also advertised via email – if you would like to be added to the email list please contact glenys.caswell@nottingham.ac.uk

Date	Speaker(s)
4 July 2017	Annual Lecture Presented by Professor Jane Seymour
30 March 2017	Presented by Dr. Sarah Yardley, Consultant in Palliative Medicine, Camden, Islington ELiPSE and UCLH & HCA Palliative Care Service

Farewell to Kathryn Almack

We are very sorry to bid farewell to Principal Researcher Dr Kathryn Almack.

Kathy was one of the founder members of the Centre in 2006 and her contribution over the past 10 years has been invaluable. She is moving on to wonderful pastures new and takes up a Chair at the University of Hertfordshire as Professor of Health, Young People and Family Lives in the School of Health and Social Work.

All the students and staff within NCARE and the wider school would like to thank Kathy for everything she has brought to the team, both professionally and personally, and would like to wish her all the very best in her new role.



New staff: Chris Bailey, Juliette Lock and Clare Burgon

Chris Bailey joined the School of Health Sciences as an Associate Professor last summer, after more than 10 years in the Faculty of Health Sciences at the University of Southampton, where he was Director of the Faculty's Graduate School.

In December 2016, Chris was delighted to be appointed as Deputy Head of School and Director of Education and Student Experience, having the opportunity to contribute to the school's vibrant learning community.

A nurse by background, Chris completed a first degree in English Literature before training at St. Mary's, Paddington. He then specialised in cancer care at the Royal Marsden Hospital, London, before moving to the Institute of Cancer Research to pursue his interest in palliative and end-of-life care research.

Research highlights included working on clinical trials of a non-pharmacological intervention for breathlessness in lung cancer, and a study of decision-making for older people with colorectal cancer. Chris completed his PhD, an evaluation of the contribution of qualitative research in cancer nursing, at King's College London in 2004. At the University of Southampton, he was able to combine his research interests with a career in higher education, gaining experience in a wide range of academic roles, and specialising in the teaching of research methods and evidence-based practice.

Chris has a keen interest in the experience of people with long term conditions and palliative and end-of-life care needs, and the work done by families and friends to provide care at home and in the community. He is currently exploring implementation research approaches to working with stakeholders to improve support for family caregivers in palliative and end-of-life care.

In his spare time Chris is a keen runner, and enjoyed taking part in the Robin Hood half-marathon soon after joining the school, in support of Dream Big Ghana (<http://www.dreambigghana.org.uk/>). Later this year Chris will be attempting a new challenge by taking part in the Nottingham Life Cycle 7 'Way of the Roses' cycle ride from Bridlington to Morecombe, in support of the Children's Brain Tumour Research Centre.

Juliette Lock and **Clare Burgon** have been appointed as Research Fellows to work on the PrAISED study. For further information about the project, please visit: www.nottingham.ac.uk/research/groups/healthofolderpeople/projects/praised/index.aspx



Managing medications for those with serious illness being cared for at home

Led by Dr Kristian Pollock, a team including senior researchers and clinicians from Nottingham and Leicester has secured funding from the National Institute of Health Research Health Services and Research Delivery programme.

The team will undertake a study to explore how patients with serious illness, and their family care givers, manage medicines in the home.

Towards the end of life, patients may be prescribed a number of medications to manage their symptoms. This study seeks to understand what it is like for patients and care givers to cope with storing, sorting and administering these medications, the types of support they get from health professionals, and how we might improve this element of care for people in the future.

This study will make a key contribution to our managing medications research theme. For further information, please visit:

www.nottingham.ac.uk/research/groups/ncare/medicines-management/spotlight-project-2.aspx



Recent publications

Archer W, Latif A, Faull C. (2017) Communicating with palliative care patients nearing the end of life. The Pharmaceutical Journal, 298(7897), 39-43, <https://doi.org/10.1211/PJ.2017.20202154>

Latif A, Pollock K, Anderson C, et al. Supporting underserved patients with their medicines: a study protocol for a patient/professional coproduced education intervention for community pharmacy staff to improve the provision and delivery of Medicine Use Reviews (MURs). BMJ Open 2016; 6:e013500. 10.1136/bmjopen-2016-013500

Latif, A, Windle, R and Wharrad H 'I can use things, but I can't make anything': a qualitative exploration of team networks in the development and implementation of a new undergraduate e-compendium Research in Learning Technology 2016, 24: 32630 - <http://dx.doi.org/10.3402/rlt.v24.32630>

Wilson, E, Seymour, J & Seale, C (2016) Anticipatory prescribing for end of life care: a survey of community nurses in England. Primary Health Care, Vol 26 (9):22-27 open access <http://dx.doi.org/10.7748/phc.2016.e1151>

Wilson, E and Aubeeluck, A (2016) The role of the specialist nurse for Huntington's disease: Specialist knowledge in practice. British Journal of Neuroscience Nursing Vol12 (4):75-79

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