Cover image: Enjoy a coffee or brunch at one of Ningbo's numerous coffee shops.
Ningbo offers the opportunity to feel at home among an array of international shopping outlets, restaurants, clubs and bars, while hosting international sports and music events. It also provides the chance to embrace culture and tradition. Temples and intricate streets house markets selling a variety of antiques, textiles and delicious Ningbo cuisine. National and local festivities flaunt the delights of Chinese culture while close to a hundred museums and exhibitions represent the city’s historic past and innovative future.

The city is a unique mix of modern sky-scrapers and traditional architecture, which complement stunning parkland and scenic spots.

The city’s excellent transport links mean that Ningbo is easy to explore and an ideal base from which to visit China and Asia.

“In this ‘Oriental Commercial Port and Fashionable City of Water’, you can fully appreciate the harmonious development between nature and mankind and experience the unique charm of Ningbo.”

**Key facts**

**Population:** approximately 7.6m (5.3m urban residents)

**City size:** 1,033 sq km

**Climate**: Ningbo has a subtropical climate with an average temperature across the year of 16.4°C

**Currency**: Chinese Yuan (CNY)
Hey big spender!

Luxury brands, international outlets and high-street chains complement authentic markets, making Ningbo a shopper’s delight.

Ningbo’s diverse markets are perfect for bargain hunters: you can get your hands on almost anything. You’ll find vendors selling antiques, shoes, food, accessories, and traditional Chinese souvenirs for all your friends and family in the most unexpected of places. Choice is never a problem; the price can often be up to you!

“Located in the bustling heart of the city, Chenghuang Temple Market is where most locals go to buy cheap clothes and accessories. The building itself was indeed a temple originally, built way back in 1347. But if the gods saw the shopping fervour that goes on here, especially at weekends, they’d be rolling around in the clouds. Finally, make sure you haggle down the price as much as you can!”

www.echinacities.com
1 Chenghuang Miao Market and Gulou Market
Kaiming Jie and Fuquiao Street
Good for: strolling around hundreds of shop fronts selling everything from cheap clothes and shoes to sports equipment and wooden carvings. Be sure to haggle!

2 Heyi Avenue Shopping Centre
66 Heyi Lu
Good for: treating yourself to luxury brands.

3 Zara and H&M
Tianyi Square
Good for: chic and essential clothing, shoes and accessories.

4 Ningbo Fanzhai Antique Market
100 Zhongshan Lu (W)
Good for: unearthing some of China’s history to take home.

5 Tianyi Square
88 Zhongshan Lu (E)
Good for: your international high street brands and Tesco.

6 Marks and Spencer
1083 Century Oriental Business Plaza – intersection of Fuming Lu and Zhongshan Dong
Good for: home comforts, Western sizes and European groceries.

7 Ningbo Book City
221 Jiangdong Bei Lu
Good for: bilingual books with a decent selection in English.

8 Ole
Heyi Avenue Shopping Centre, 88 Heyi Lu
Good for: treating yourself with premium imported food and drink, toiletries and cosmetics, fresh bread and an all-round enjoyable shopping experience.

9 Wanda Plaza
999 Siming Zhong Lu
Good for: a close-to-campus, Western-style shopping centre, with restaurants, a cinema and an arcade and Walmart supermarket.

10 Decathlon
2555 Canghai Lu
Good for: sports kit and equipment for a range of sports and activities.

Take a look at our ‘Hey big spender!’ list on Foursquare – then add your own favourite places.

Test out your Chinese and grab a bargain at Chenghuang Temple Market.

foursquare.com/uonchina/lists
There are often tournaments organised on campus, in sports such as football and tennis. The most famous, though, are the Tri-Campus Games involving students from both the UK and Malaysia campuses. Outside of the University, Ningbo city has various recreational sports centres. The most popular are the ice skating rinks – great for a laugh with friends.

Ayush PODDAR
India
BA Finance Accounting and Management

Go on... be a sport

On campus volleyball. Go on, get involved!
Ningbo’s professional basketball team, the Bayi Rockets, was founded by members of the People’s Liberation Army, and to this day, the team is made up of soldiers.

1 Shang Liang Gang Ski Club
Xikou, Fenghua
Good for: learning to ski and having a laugh with friends. It’s further afield so consider a day trip.

2 Cycle trails around Ningbo and Dongqian Lake
Dongqian Lake Village
Good for: getting around the city for free and visiting some stunning scenic spots.

3 Dongqian Lake Paintball Centre
Xiao Putuo, Dongqian Lake
Good for: a fun day out.

4 Youngor Stadium
360 Zhong Xing Lu
Good for: watching the Ningbo Bayi Rockets basketball team, or shooting some hoops with friends.

5 Ningbo Swimming and Fitness Centre
199 Wenhua Lu
Good for: taking a dip in one of the two Olympic-sized indoor pools or the outdoor pool.

6 Yinzhou Tennis Centre
119 Wenhua Lu
Good for: all levels, from pay-and-play to tournaments.

7 Ningbo Delson Green World Golf Club
Hanling Village, Dongqian Lake
Good for: freeing those arms… watch out for the six lakes!

8 Ningbo’s half marathon
The University of Nottingham Ningbo China
Good for: pushing yourself to the limit for a good cause – 2013

9 Century Star Ice Skating Rink
4th floor, Zone A, Liansheng Plaza, Ningjiang Lu
Good for: learning to skate or play ice hockey.

10 BL Fencing Club
Room 303, 168 Songjiang Lu (E)
Good for: trying a new sport.

Take a look at our ‘Go on… be a sport’ list on Foursquare – then add your own favourite places.
“To chill I like to go to Heyi Dadao mall area. I usually go there after a shopping trip to Tianyi Square, because it has nice restaurants, cafes, and bars all by the river.”

MinYoung YOU
South Korea
BA International Business with Chinese
1 Ganesha
336 Zhenming Lu
Good for: Great value Halal Indian delights.
Bonus tip: show your campus card and receive 10% off food and drink – if your bill comes to more than 300RMB you’ll get 20RMB cashback too! Go as a group and receive 15% off your bill.

2 Le Bistrot
Sofitel Wanda, 899 Middle Siming Lu
Good for: fancy buffets.

3 Casa Maya
39 Yangshan Xiang, Lao Waitan
Good for: fajitas, burritos, nachos and mojitos!

4 Don Papas
Sunday Plaza, Qian Hu South Lu
Good for: incredibly cheap but tasty authentic Italian, just a five-minute walk from campus.
Bonus tip: Sunday Plaza houses a whole range of cheap and convenient restaurants.

5 Sugar Plate
Tianyi Square
Good for: grabbing a coffee, chilling with your laptop, brunch and giant Belgian waffles!

6 Grandma’s Kitchen
Hebang Building, No. 931, Tiantong North Road
Good for: cheap and authentic Ningbonese specialities.
Bonus tip: Go after 7pm to avoid the queues.

7 Picanha Brazilian BBQ
1-4, Land 230, Jiefang Lu (S)
Good for: unlimited meat barbecued by Brazilian chefs.

8 Lebanese Restaurant
320 Zhenming Lu
Good for: traditional Halal Lebanese cooking and fresh fruit and veg smoothies.

9 Mevlana Turkish Restaurant
112, Renmin Lu, Lao Waitan
Good for: Turkish breads, dips and kebabs – everything is Halal.

10 Teppan-yaki
1-32 Wanda Plaza, Middle Siming Lu
Good for: flames, watching your food being cooked and excellent value.

Take a look at our ‘Feed me’ list on Foursquare – then add your own favourite places.

foursquare.com/uonchina/lists

Don Papas is a UNNC student favourite. It’s close to campus, cheap and has great food. What more could you want?
After dark

When the sun sets, Ningbo can offer you anything from a relaxed drink or high-class cocktail to a dance into the night.

1 A8 Music Club
158 Kaiming Street
Good for: electro, dance and house music.

2 Studio
120-122 Zhongma Lu, Lao Waitan
Good for: an intimate bar with live music.

3 Bund Bridge Bar
142 Zhongma Lu, Lao Waitan
Good for: a mix of domestic and international bands, popular with Indie fans.

4 Constellation Bar
72 Renmin Lu, Lao Waitan
Good for: fancy cocktails, big armchairs and waiters/waitresses in white gloves and bowties.

5 The Office Bar and Shamrock Irish Pub
86 and 72 Zhongma Lu, Lao Waitan
Good for: a beer, coffee, quizzes and watching international sport.

6 KTV
Seven different venues across Ningbo.
Good for: karaoke!

7 Le Cargo and Wonderland
33 Yangshan Xiang and 112-116 Zhongma Lu, Lao Waitan
Good for: mainstream dance music.

8 SOL Sports Bar
5101-5110 Silver Walk, Ri Li Middle Lu, Ningbo CBD
Good for: happy hour, great food and a pool, all close to campus.
Bonus tip: show your student card and 10% off food and great lunch time deals.

9 Club TNT
230 Jiefang Nan Lu
Good for: dance music, live DJs and table service.

10 Munich Brewery
1014C Heyi Avenue Shopping Centre, Heyi Lu
Good for: a drink by the river on a summer’s day.

Take a look at our ‘After dark’ list on Foursquare – then add your own favourite places.

Lao Waitan, Ningbo’s Old Bund, is a cobbled international haven resting on the river. Go here for pubs, bars and restaurants.
The great outdoors

1 Tiantong National Forest Park
Tiantong Scenic Resort, Dongwu Town
Good for: exploring.

2 Dongqian Lake
Dongqian Lake Village
Good for: walking or cycling around Zhejiang Province's largest lake, visiting historical relics and markets as you go.

3 Yinzhou Park
Yinxian Avenue
Good for: a picnic not far from the University.

4 Nanxi Hot Spring
Shenzhen Town, Ninghai
Good for: a weekend away to experience mountains, rivers and hot springs.

5 Xikou and Tengtou Tourist Area
Xikou and Tengtou, Fenghua
Good for: mountains, waterfalls, rivers, historical residences, strawberry picking and pig racing!

6 Moon Lake and Sun Lake Park
Yanyue Street
Good for: renting a pedalo on a summer's day in the city.

7 Qinyun Gorge and Xue’ao River Rafting Spots
Wulongtan Scenic Resort and Xue’ao Village, Longguan Town
Good for: rafting down a river surrounded by green hills and mountains.

8 Jiufeng Mountain tourist resort
Between Daqi Town and Chaqiao Town
Good for: nature, scenery, waterfalls and religion.

9 Ningbo Youngor Zoo
Meihu Village, Dongqian Lake
Good for: over 10,000 animals and panoramic views from the man-made mountains.

10 Ningbo HarborLand Park
728 Liahoe Lu
Good for: rollercoasters and candy floss!

Not forgetting
Ningbo is a coastal city and beaches are accessible by bus. The scenic Putuoshan Island is just off the east coast of Ningbo and Songlanshan Coastal Resort sits on Ningbo’s coastline. There are nine small islands, an ancient battlefield, Taoist and Buddhist temples, caves for exploring, protected reefs and lots of sand – it’s a great place for a day out.
There’s plenty of greenery to enjoy in Ningbo, with the city’s per capita public green area now exceeding 11 square metres.

Why not rent a pedalo at Yinzhou Park, just a short walk from campus?

Take a look at our ‘The great outdoors’ list on Foursquare – then add your own favourite places.

foursquare.com/uonchina/lists
“I went to Tianyige Library Museum this year. It’s really amazing that Tianyige is the oldest library in China. It is located inside a private garden, and the scene there is both peaceful and beautiful.”

Zhezhen YANG
China
BSc International Economics and Trade
1 Tianyi Library Museum
10 Tianyi Jie
Good for: exploring the oldest library in China – it was built in 1561 and houses collections from the 11th century.

2 Ningbo Costume Museum
Wandi Xiaying, Yinzhou
Good for: tracing the history of Chinese fashion trends.

3 Ningbo Museum
1000 Shounan Zhong Lu
Good for: discovering Ningbo’s 7,000 years of civilisation.

4 Ningbo Museum of Art
122 Renmin Lu
Good for: exhibitions of contemporary art and design in a truly world-class setting.

5 Benjamin Cafe
Sunday Plaza, Qian Hu South Lu
Good for: documentary/film showings and readings, a five-minute walk from the campus.

6 Tiantong Temple
Dongwu Town, Yinzhou
Good for: being one of China’s largest Buddhist temples.

7 Hua Mao Tang Art Gallery
Hua Mao Multicultural Education Academy, 2 YinXian DaDao
Good for: having six different thematic exhibition halls.

8 Hemudu Relic
He Mudu Town, Yuyao
Good for: visiting the birth place of Ningbo.

9 Ningbo Tianfeng Ta Pagoda
Danisha Street, Haishu
Good for: panoramic views of Ningbo from a 180-feet tower originally built in 695. Search for the secret floors!

10 Baoguo Temple
Hongtang Street
Good for: being the oldest and most completely preserved wooden structure in South China, at over 970 years old.

Take a look at our ‘Culture vultures!’ list on Foursquare – then add your own favourite places.

foursquare.com/uonchina/lists

With a history of 7,000 years, you can expect to uncover an array of fascinating culture and history.
Lights, music, camera, action

1 Wanda International Cinema (IMAX)
Wanda Plaza, 999 Siming Zhong Lu
Good for: international films and half-price Tuesdays and Fridays.

2 Ningbo Concert Hall
768 Lingqiao Lu
Good for: enjoying world-class musical performances.

3 Yifu Theatre
187 Jiefang Nan Lu
Good for: Chinese opera.

4 Ningbo Grand Theatre
1 Dazha Lu
Good for: a mix of traditional and modern performing arts.

5 Bass Clef
168 Zhongma Lu
Good for: live acoustic sounds.

Take a look at our ‘Lights, music, camera, action’ list on Foursquare – then add your own favourite places.

foursquare.com/uonchina/lists

Treat yourself to an evening of culture.
**Seasonal sessions**

Authentic Chinese festivities and cultural celebrations complement international events, ensuring that Ningbo is never the same for long.

**What:** Chinese New Year and Lantern Festival  
**When:** January/February  
**Where:** all over China

**What:** Dragon Boat Festival  
**When:** June  
**Where:** Dongqian Lake

**What:** Oktoberfest  
**When:** October  
**Where:** across Ningbo

**What:** Ningbo International Fashion Week  
**When:** October  
**Where:** TBC

**What:** Moon Festival and Golden Week  
**When:** first week of October  
**Where:** across Ningbo

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Take a look at our ‘Seasonal sessions’ list on Foursquare – then add your own favourite places.

[foursquare.com/uonchina/lists](https://foursquare.com/uonchina/lists)

If you enjoy fireworks you'll love Chinese festivities.
Ningbo is a very important city in China from an economical and international trade point of view. It has succeeded in attracting a lot of foreign investment; many large international companies, including ourselves, have opened up here. With new business and as a hub for manufacturing, Ningbo has become a major exporter of commodities such as electronic products, textile and furniture among others. Ningbo also has a developed infrastructure and one of the largest and busiest commercial ports in the world. This all makes Ningbo an important city for us and one you should know about if you want to succeed in doing business in China."

Tero Ahonen
Sales Manager
Greencarrier Asia

Business is booming

Ningbo was recently ranked 6th in Forbes' ‘China’s Best Places for Business’, three places above Beijing.

• Ningbo holds the second largest port in the world, making the import and export industry one of the most important to the city and its businesses.

• With an economic growth rate of 10% in 2011, Ningbo is a city full of potential and a place to be.

“Ningbo is a very important city in China from an economical and international trade point of view. It has succeeded in attracting a lot of foreign investment; many large international companies, including ourselves, have opened up here. With new business and as a hub for manufacturing, Ningbo has become a major exporter of commodities such as electronic products, textile and furniture among others. Ningbo also has a developed infrastructure and one of the largest and busiest commercial ports in the world. This all makes Ningbo an important city for us and one you should know about if you want to succeed in doing business in China.”

Tero Ahonen
Sales Manager
Greencarrier Asia
And now for the sensible stuff…

Getting around

Cycling/e-biking
Ningbo has a number of lanes made specifically for cycle and electric bikes, or ‘e-bikes’, travel. Many students choose to cycle in order to stay fit and enjoy the city views, while others enjoy the convenient nature of their e-bikes. There are a number of scenic spots such as Dongqian Lake with specifically designed cycling tracks.

Train
Ningbo has its own train station which runs regular services to a number of destinations including Shanghai, Hangzhou and Wenzhou. The new bullet train system means that many journeys are high speed and your travel time is drastically reduced.

Buses
Buses are a favourite way to travel around Ningbo as they are both plentiful and reliable. A number of buses which commute into the city centre start their route just outside the University. Fares are extremely reasonable, normally costing 2 CNY/30 US cents. Long-distance buses are also available from four stations in Ningbo and offer daily travel to cities such as Shanghai and Hangzhou.

Taxis
You’ll never be left without a taxi in Ningbo. They are also particularly good value at around only 30 RMB/$5 for 30 minutes’ travel.

Airport
Located only 20 minutes from the University, Ningbo Lishe International Airport offers direct flights, some at bargain prices, across China and to Asian destinations including Hong Kong, Taiwan and South Korea. Most other Asian cities, such as Bangkok and Kuala Lumpur, can be reached via a connecting flight. For more international travel, Shanghai’s airports are approximately two-and-a-half hours away and run a variety of domestic and international flight paths.

Keep up to date
Use the link below to find out what’s happening on campus and around Ningbo:
www.nottingham.edu.cn/en/life

Useful websites
www.ningboguide.com
www.ningbofocus.com

Connect with us
Get more out of city life by accessing our social media channels, which are all available through our Connect website.
You can read about other people’s experiences in Ningbo – then add your own photos and experiences.
www.nottingham.edu.cn/en/connect

Through our Connect website you can:
• check in and share tips on places you visit in and around the city using Foursquare
• get the latest University news from Twitter
• read our student blogs about life in China
• stay in touch with campus life via the University’s Facebook page
• browse and share photos on Flickr and Pinterest
• keep up to date with news, events and opportunities at UNNC on Vkontakte

If your Mandarin’s up to scratch, you can also make use of:
• Weibo
• RenRen
• You Ku

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