



University of
Nottingham Sport



Major events and training camps



Introducing Nottingham

Ranked University of the Year for Sport 2019 & 2021



Home of legendary outlaw Robin Hood and recognised as one of the most vibrant cities for sport in the UK, Nottingham has become one of the top destinations for major sports events and cultural visits in Europe.

The University of Nottingham, alongside our city partners, has a proud and successful track record of hosting elite teams and major sports events including the ICC Cricket World Cup, England Lionesses World Cup international warm-up fixtures, European Archery Championships, European Individual Squash Championships and the World Triathlon Series.

Having recently invested over £50m in sports facilities, the University of Nottingham facility portfolio includes the David Ross Sports Village with the largest indoor sports hall and one of only four all-glass squash courts in the country, a dedicated archery, fencing and table tennis salle, martial arts dojo, high performance zone as well as a sports injury clinic. In addition to this, the University also offers over 40 grass pitches, access to two water-based hockey pitches, a bowling green and four brand new beach volleyball courts.

Our combination of facilities, accommodation and support services available on our beautiful 330 acre parkland campus and across the city creates the optimum training and competition environment to help athletes and teams prepare for major competitions whilst also providing the opportunity to enjoy cultural activities available in Nottingham.

We hope you will consider the University of Nottingham and our city as the home for your next training camp or competition.



University of Nottingham Sport

Dan Tilley
Director of Sport

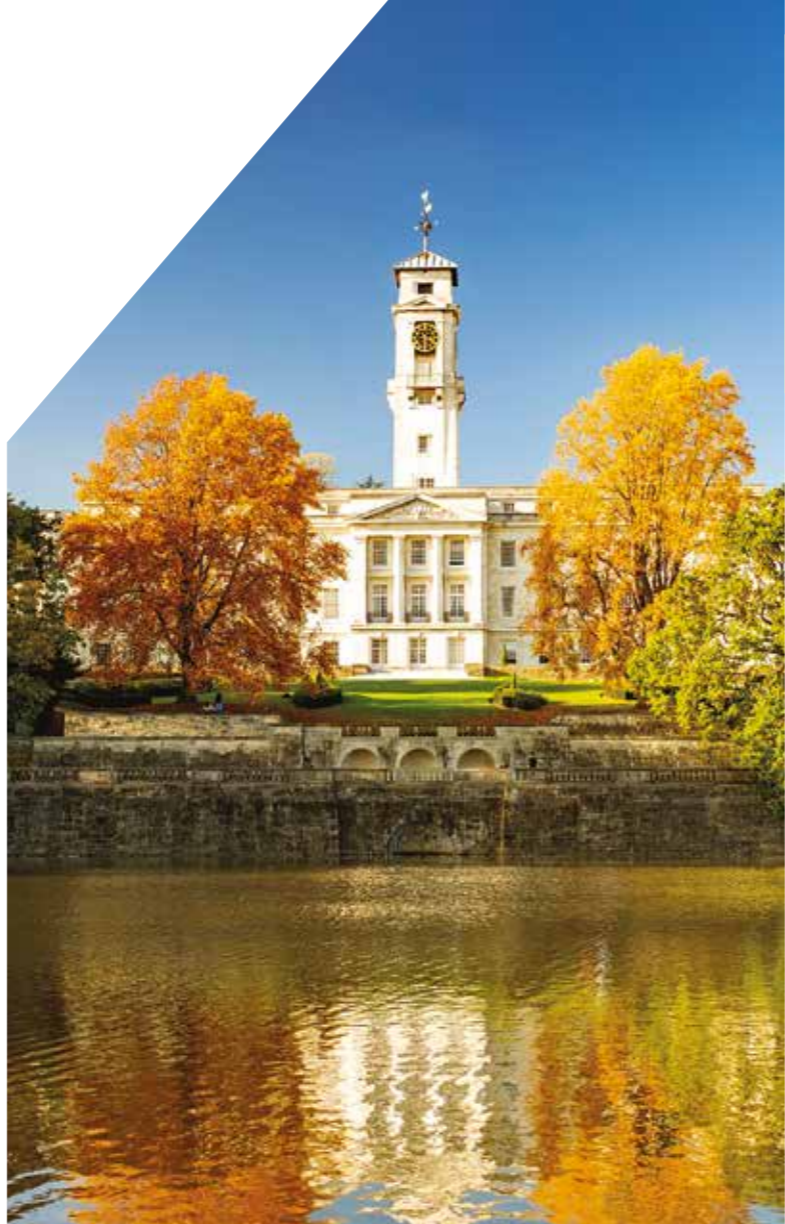
Location

Conveniently situated in the heart of central England and with excellent air, rail and road links, Nottingham is the epitome of a modern hub city.

By road the proximity of major motorways, including the M1 and M42 means the University of Nottingham is easily accessible by car and coach and is well connected to major international airports such as London, Manchester, Birmingham as well as East Midlands Airport.

University Park Campus is within two miles of two train stations offering direct trains to central London. Nottingham city centre is only a stone's throw away from the main campus and can be reached by a direct tram taking less than 15 minutes.

Our central location is not only ideal for travelling teams but our on-site accommodation and easy access to city centre ensures there are ample options to support all.



To Nottingham from...


London Heathrow and London Stansted Airports: **2 hours**


London Gatwick Airport: **2.5 hours**


Manchester Airport: **1.5 hours**


Birmingham Airport: **50 minutes**


East Midlands Airport: **25 minutes**



To Nottingham City Centre from University of Nottingham Park campus


10 minutes by car


15 minutes by tram

David Ross Sports Village



Opened in 2016, the David Ross Sports Village offers a world-class competition, training, conditioning and recovery facility all under one roof.

- + Located within walking distance of The Orchard Hotel and Halls of Residences
- + 24-hour campus security
- + Indoor and outdoor sports facilities
- + On-site café and lounge area
- + Sports Injury Clinic
- + Team meeting rooms
- + High Performance Zone



The England Roses training at David Ross Sports Village in preparation for the Birmingham 2022 Commonwealth Games.

Sports Halls

4 x sports halls with total dimensions: 88.95m x 44.10m / 3845sq m

Minimum clearance height: 9m

Adjustable lighting schemes up to 1000 Lux level

Boen stadium wooden sprung floor

Sports markings for up to:

20 x badminton courts

4 x futsal / handball / indoor hockey courts

4 x netball courts

4 x basketball courts

8 x volleyball training courts

4 x volleyball competition courts

4 x korfbal courts

5 x indoor cricket nets

4 x indoor cricket nets

Built-in electronic scoreboards and PA systems

Media gantry and crow's nest

Bleacher seating capacity: 936

Balcony seating capacity: 202

Built in cameras for live streaming and performance analysis



Premier Squash League hosted in the all-glass squash court at David Ross Sports Village.

Squash Courts

6 x glass-back squash courts

1 x all-glass squash court with lighting schemes up to 1200 Lux level and spectator seating for up to 200

Built-in PA system

Built in cameras for live streaming and performance analysis

Martial Arts Dojo

Dimensions: 28m x 15m

Minimum clearance height: 5m

Set-up with tatami judo and jigsaw mats to support a range of martial arts and activities

4 x wall-mounted punching bags





Climbing Wall

Dimensions: 12m climbing wall and 3.5m bouldering wall / 300sq m

Designed and installed by Rockworks with a simulated rock area, feature crack, roped wall, climbing holds and auto belays

14 belay lines including 3 equipped with auto-belay machine

Over 60 graded routes from 3 to 7b and 50 graded boulder problems from VB to V9. Suitable for beginners up to experienced and dedicated climbers

State-of-the-art LED training MoonBoard with over 8500 graded problems from V2-V14

Archery, Fencing & Table Tennis Salle

Dimensions: 39m x 18m

Minimum clearance height: 4m

Accommodates:

8 x competition table tennis tables

16 x training table tennis tables

10 x fencing pistes marked on the floor

8-10 x archery bosses

Red Taraflex floor and walls painted blue 2.5m high for table tennis.

Kevlar curtain available on either end of the salle for archery

Built-in electronic scoring system for each fencing piste

Built-in PA system

Adjustable lighting schemes up to 750 Lux level

Fitness Suite

Dimensions: 1251sq m

200 stations including 70 CV machines, 14 lifting platforms and functional training rigs

Built-in sound system

Finn Luu from Table Tennis Australia training at David Ross Sports Village in preparation for the Birmingham 2022 Commonwealth Games.





High Performance Zone

Dimensions: 1146sq m / running track 77.7m by 9.3m

60m, 6-lane indoor running track with Mondo Sportsflex Super X 720 floor

Fully equipped strength and conditioning area including:

24 x lifting racks + 26 platforms

Free weights section with dumbbells 1kg-50kg

Functional training rig

50m six-lane track

1 x Kayak Urg

2 x Curve Woodway treadmills

2 x Concept2 rowers

4 x Wattbike Pros

Sport science testing and training kit including:

ForceDecks force platforms and software

3 x Gymaware Units

Timing Gates

Handheld dynamometer

Blazepods

5x Bluetooth blood flow restriction cuffs

3G Artificial Pitch

Dimensions: 104m x 73m

LED floodlights

IRB and FA certified

2 x team dugouts

Elevated spectator viewing gallery

Suitable for football, rugby union training, lacrosse and American Football

Electronic scoreboard

Built-in cameras for live streaming

Other Outdoor Facilities

1 x full-size floodlit Sand Dressed Hockey Pitch:

Dimensions: 102m by 64m

2 x team shelters

Outdoor PA

3 x outdoor netball or tennis courts

1 x bowling green

Surrounded by 1.7mile campus Active Trail connected by 5 separate exercise workstations

Scenic 2k, 5k and 10k campus running routes are available

Swimming Pool

Dimensions: 25m by 18m, maximum depth 2.2m

Up to 8 x lanes with part-moveable floor with maximum depth 2m

Diving blocks, Omega Quantum timing system and electronic scoreboard available

Water temperature typically 27.5 °C

Terrace and poolside seating

Group and individual changing facilities

Changing places room

Pool pod lift entry and exit for disabled users

Sports Injury Clinic

Offering physiotherapy, sports massage, sports rehabilitation, gait analysis, shockwave and cryotherapy services

Hydrotherapy pool - typically 32-34°C / maximum occupancy at any one time: 16

Ice bath with walkway and full plunge - typically 9-10 °C / maximum occupancy at any one time: 8

5 x private consulting rooms and dedicated changing facilities



Sport & Exercise Science Lab

Dimensions: 189sq m with additional Biomechanics Lab

Full sports science support and elite athlete testing services available including: body composition analysis, VO₂ max testing, balance and dynamic human motion capture analysis

Health & Wellbeing Suite

Finnish sauna

Steam room

Arctic ice fountain and ice-cold bucket shower

Private changing and shower facilities



England Lionesses at David Ross Sports Village doing a team recovery session in our dedicated spin studio.



Studios

2 x studios each with dimensions of: 18m by 19m per studio

Minimum clearance height: 9m

Fully sprung floor

Marked for 2 x badminton courts per studio

Each equipped with built-in PA systems

Adjustable lighting schemes up to 500 Lux level

Clubhouse Café

Dimensions: 259sq m

Seating capacity: 80

Flexible menus available to suit your nutritional requirements



Conference Room

Dimensions: 11.5m x 7.2m / 90sq m

Maximum capacity: 72 theatre style

Equipped with two flat screen TVs



Indoor Cycling Studio

Dimensions: 12.5m x 9.9m / 70sq m

25 x IC7 bikes

Built-in sound system, projector screen and black-out curtains

Other Facilities

1 x Changing Places Room

10 x Team Changing Rooms with accessible showers

Snooker Room with 3 x tables

Event management office (3.6m x 4.3m)

5 x inclusive changing rooms

Jubilee Sports Centre

Located 10 minutes by car from the David Ross Sports Village and within walking distance from Jubilee Campus accommodation.



Sports Hall

Total dimensions: 34.7m x 38m / 735sq m

Minimum clearance height: 9m

LED lighting scheme variable up to 1000 lux level

Gerflor Sport M Performance Floor

Sports markings for up to:

8 x badminton

2 x netball

2 x basketball

2 x korfbal

2 x futsal / handball or 1 x show court

2 x volleyball

Other Facilities

1 x glass-back squash court

1 x meeting room suitable for up to 8 people

1 x physiotherapy and first aid room

2 x changing rooms

Supported by adjacent Starbucks Café



Artificial 3G pitch

1 x full-size floodlit pitch:

Dimensions: 111.5m x 68.5m

IRB and FA certified with 2 x team shelters

Standing spectating area

Outdoor PA

Studios

1 x group-exercise studio with dimensions of 10m x 10m

1 x indoor cycle studio with 17 x IC7 Life Fitness Bikes

Fitness Suite

100 stations including 38 CV machines and 7 lifting platforms

Built-in sound system

Functional training room including 4 x Synrgy training rigs

The Fit Box

Outdoor Fitness Box containing battle ropes and free weights

Capacity for outdoor team gym sessions

Highfields Sports Complex

Located on the edge of University Park campus, in close proximity and walking distance from the David Ross Sports Village and campus accommodation.



Beach Volleyball

- 4 x 2v2 beach volleyball courts or
- 1 x central beach volleyball court for competition
- Decking area



Vaughan Parry Williams Pavilion

- Large tea room with AV, dual-aspect balcony and lift access to accommodate a maximum of 150 guests
- 6 x changing rooms
- 13 x changing rooms in adjacent Highfields Pavilion
- Separate changing rooms for officials
- Physiotherapy and first aid rooms
- On-site parking facilities

Grass Pitches

- 8 x football pitches including 2 with pitch barrier surrounds
- 4 x rugby pitches including 1 with pitch barrier surrounds
- 1 x cricket square
- Bespoke pitch marking available upon request
- 1 x hybrid cricket wicket



Nottingham Hockey Centre

- Direct access from Highfields Sports Complex
- 2 x FIH international standard, water-based hockey pitches with video analysis and livestream towers
- 3 x floodlit sand dressed hockey pitches
- 1 x small-sided sand dressed training pitch
- Clubhouse with bar, catering facilities and meeting room
- 12 x team changing rooms
- Electronic scoreboards on all 5 pitches
- Spectator capacity for 1600+ available on pitch 1



Other University Sports Facilities

Sutton Bonington Sports Centre

1 x sports hall with Boen Elastflex Olympia floor: 37.15m x 22.30m

30 station fitness suite

1 x group-exercise studio: 12.15m x 12.15m

1 x artificial floodlit 3G training pitch: 54.10m x 34.15m

1 x floodlit grass training area: 50m x 33m

1 x grass football pitch and 1 x rugby pitch

Bouldering wall

2x outdoor tennis court and x1 outdoor netball court

Outdoor exercise station



Boat House

Situated on the River Trent adjacent to the City Ground

17 x Concept2 Static Ergs and 2 x Concept 2 Dynamic Ergs

6 x Concept2 BikeErgs

Dedicated changing room facilities

Secure storage for boats and equipment

Riverside Sports Complex

150 acres of playing fields including:

24 x football pitches

4 x rugby pitches

2 x cricket squares

Bespoke pitch marking available upon request

2 x modern pavilions each with:

19 x team changing rooms and 2 x officials changing rooms

1 x physiotherapy and first aid room

1 x meeting room

16 x 5-a-side Powerleague Nottingham pitches

Our Partner Facilities

Nottingham Squash Rackets Club

10 x glass-back squash courts including 2 x doubles courts

Gym

Sauna and steam rooms

On-site bar and café

Nottingham Tennis Centre

16 x outdoor tennis courts

13 x individual grass courts

8 x indoor tennis courts and 3 x 'bubble' courts

Spectator viewing gallery

Gym

On-site café



White water rafting at the National Water Sports Centre

The Nature Valley Open 2019 hosted at the Nottingham Tennis Centre



National Water Sports Centre

2km regatta lake

700m white water course

Outdoor running and cycling routes

Open water swimming

Fitness suite and specific strength and conditioning gym

Wattbike studio

On-site café

Harvey Hadden Sports Village

Athletics stadium with 400m running track

50m swimming pool

2 x sports halls

60m indoor running track

Gym and health suite

On-site café

Accommodation

Our world-class sports facilities are surrounded by a full range of accommodation options all within walking distance replicating a competition and athletes' village environment to support acclimatisation, preparation and transition.

- + Accommodation options set within 330 acres of landscaped parkland
- + Complimentary campus hopper shuttle service between UoN campuses
- + Dedicated lounge and relaxation areas
- + Private dining suites with option to tailor and design menus
- + Accessible accommodation options
- + 24-hour campus security



Halls of residence room



Halls of residence lounge



Halls of Residences

Choice of 12 halls of residences

3800 x bedrooms

Dedicated dining halls

Fully catered options available

Team meeting rooms and lounges

Laundry facilities

Complimentary WiFi and car parking

Group bookings of 20+ guests

The Orchard Hotel

Stylish eco-friendly hotel, 4* equivalent

With options for twin and double rooms

Bramleys Brasserie and bar

Fully catered options available

Team meeting rooms

Laundry facilities

Free Wi-Fi



The Orchard Hotel Double Room

The Orchard Hotel



The Jubilee Hotel and Conferences Centre



The Jubilee Hotel and Conferences Centre

3* equivalent hotel

95 x en-suite rooms with options for twin and double rooms

Fully catered options available

Spokes Cafe

Team meeting rooms

Laundry facilities

Free Wi-Fi



The Jubilee Hotel and Conferences Centre Double Hotel Room

World-class teaching facilities

550 x meeting rooms and spaces

Flat floor and tiered seating options available for up to 500 guests in one space

State-of-the-art AV

Free Wi-Fi

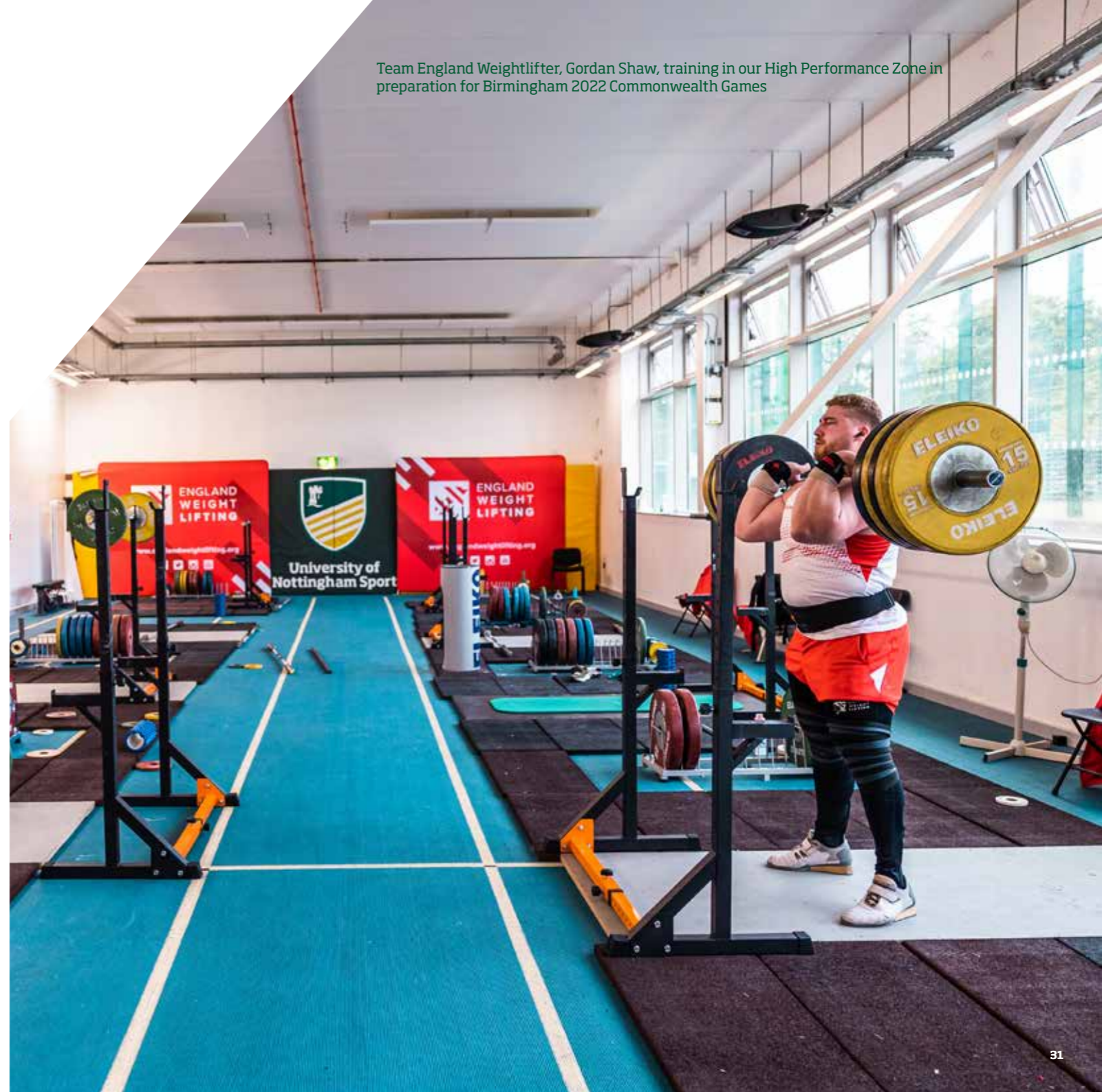
Supporting you during your stay

We have a wealth of experience hosting a range of elite teams and both national and international major events. Our facilities and services offer a safe, friendly and professional playing and competition environment for sport at all levels.

- + Dedicated and experienced events team that will work closely with you to understand your requirements and tailor your campus experience to meet your needs.
- + Bespoke catering solutions for specific nutrition and dietary needs
- + Transport, logistics and parking support
- + Support planning and organising cultural and social activities in Nottingham
- + Access to University of Nottingham sports marketing and communications team for advice and support for PR and media events
- + Friendly and professional venue staff who will be on-hand to support you throughout your stay with 24-hour campus security
- + Free Wi-Fi across campus with option for dedicated data point access for live streaming or media
- + Our sports facilities are cleaned regularly to maintain a consistently safe, hygienic and welcoming environment. We will work closely with you to understand and support any additional COVID-19 protocols you may be required to observe
- + On-campus health centre with Queens Medical Centre in close proximity for access to specialist or emergency support.
- + Support may be available to help develop a volunteer workforce through our leadership academy networks



Team England Weightlifter, Gordan Shaw, training in our High Performance Zone in preparation for Birmingham 2022 Commonwealth Games



Accessibility

We strive to ensure that all University facilities are accessible for disabled users. Here at University of Nottingham Sport, we pride ourselves in having one of the most inclusive sport offers and are committed to continuing to enhance what we do in this area to remove barriers and increase participation in sport, health and wellbeing.

- + All sports facilities are accessible with changing rooms and toilets for disabled users. The David Ross Sports Village also has a changing places room equipped with a hoist and changing bed.
- + Accessible accommodation available in all halls of residences across campus.
- + The Orchard Hotel on University Park Campus has 5 accessible rooms with adjoining bedrooms for carers, including 1 room with a hoist and flat floor/wet room.
- + There are designated car parking spaces for Blue Badge holders near all sports facilities and throughout campus.
- + Dedicated Sport Inclusion Team, including a Disability Sport Officer and experienced events team to provide advice and guidance to help support your event planning.
- + Accessible walking, running and pushing routes available on campus.
- + Other services available include: inclusive climbing sessions and inclusive gym inductions with trained and knowledgeable staff.
- + A high performance zone.
- + A Sports Injury Clinic managed by qualified staff, includes hydrotherapy and plunge pools, to support injury management and athlete recovery. Accessible changing and a hoist are also available.
- + A 25m swimming pool, with accessible change, movable floor and a Pool pod to support access in to the water.
- + More information available about our facilities on [accessable.co.uk](https://www.accessable.co.uk)



Case studies



Table Tennis England Hosting events

University of Nottingham acts as a hub for English performance table tennis, with David Ross Sports Village hosting the England national training squad and national competitions.

We recently hosted Table Tennis England's flagship event, the Mark Bates Ltd Senior Nationals Championships, for the fourth time, transforming our sports hall to station six international standard table tennis courts and spectator seating for over 1000 people.

Across the weekend, we hosted the best 80 table tennis athletes in the country, including Olympians, Paralympians and Commonwealth champions, as they battled it out in singles, doubles and Para events. More than 1,100 attended the event across the weekend and the event live stream received tens of thousands of views across Table Tennis England channels and BBC Sport.

"The David Ross Sports Village has become a fantastic home for our flagship event and offers a first-class experience for athletes, officials, volunteers and spectators."
Table Tennis England



The Hundred Hiring out facilities

In June 2022, University of Nottingham Sport hosted The Hundred at David Ross Sports Village for their player content days.

We welcomed over 200 players to our facilities and provided a friendly and professional environment to capture engaging content.

Our facilities at David Ross Sports Village were transformed into a series of dedicated studio spaces to help tell the stories of the teams competing, and allow ECB the space to create fun and captivating content ahead of the summer competition. The media content captured across the three days will be used on ECB, Sky Sports and BBC media channels throughout the hugely popular The Hundred competition.





England Roses Training camp

University of Nottingham Sport hosted England Netball for their training camp in preparation for the Vitality Nations Cup. With the team competing at Motorpoint Arena, Nottingham, David Ross Sports Village provided an elite and professional environment to train and recover during the competition.

During the competition, the players and staff stayed in our on-site accommodation and utilised our Sports Halls, Sports Injury Clinic and High-Performance Zone during their stay. England Netball have since returned to University of Nottingham for a range of training camps, performance leagues and competition preparation. More recently, the team selected University of Nottingham as their official pre-competition training base prior to the Birmingham 2022 Commonwealth Games.



Video: [youtube.com/watch?v=qmpb0keNTZI](https://www.youtube.com/watch?v=qmpb0keNTZI)



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