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| Volunteering Opportunity | Career Mentoring |
| Volunteer Co-ordinator name and contact details | Sarah Brumpton, Mentoring Co-ordinator Sarah.brumpton@nottingham.ac.uk |

Our Career Mentoring scheme offers current students and recent alumni the opportunity to be supported by a member of our alumni community. Mentoring relationships develop through remote contact and is available via two cohorts, one in the autumn term and the other in spring term (timings below).

Who will suit this role?

We are looking for a diverse range of alumni volunteers from various industries and sectors. This role is suitable for alumni who:

- Are willing to share insights into their role/sector with students and recent alumni mentees
- Will support mentees to develop their interpersonal and networking skills
- Can help mentees by providing inspiration and encouragement, supporting them to feel confident about their next steps
- Are able to give 1-2 hours per month and help mentees set realistic objectives and outcomes
- Are willing to undertake compulsory online training (1 hour) at the start of the scheme, and respond to check-ins from a Mentoring Coordinator throughout
- Are happy to provide feedback and a short case study at the end of the scheme

* Mentors do not necessarily need to have mentored someone previously, as we will provide online training and guidance. To be a successful mentor we will be looking for someone who has a basic understanding of the value of mentoring and can communicate what a mentee can gain from their advice and skills.

For 2022/23 we will also be accepting some non-alumni mentors onto the programme who have relevant links to Nottingham – this will be on a case by case basis.

When I take part in mentoring?

There will be two mentoring cohorts this year as per the timescales below - both student and recent graduate schemes run concurrently and you can take part in one or both cohorts. Please note there is a substantial waiting period between application and commencement of mentoring as below:

Cohort 1: You will provide mentoring between **November 2022 and March 2023**

Cohort 2: You will provide mentoring between **March and June 2023**

Guidance is provided to mentors and mentees prior to the commencement of the mentoring, which takes place remotely over a four-month period per each cohort.

Time: Monthly, as and when mentor and mentee agree (virtual)

Expected number of volunteering hours: 1 – 2 hours per month, either by email, phone or videocall.



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Register as a mentor today:

Applications are open until **Sunday 31 July 2022**. Mentors will be informed if they have been selected to be part of the mentor pool by late September and/or late January depending on which cohort they have selected (autumn or spring)

Before you apply please read our [mentoring agreement](#), then please [complete an application form](#) and we will be in touch with you in the early autumn or spring term, depending on your preference for mentoring.