



## SUSTAINABLE AND HOLISTIC USE OF THE MEZQUITE PRODUCTS MADE WITH MEZQUITE AND ITS DERIVATIVES

### CALL 2019

Mezquite (*Prosopis* spp) is a species native to Mexico and the American continent that has been used since ancient times. Among other uses, mezquite has been used to obtain flour from its pods and seeds to make food products such as tortillas, cookies and cakes. From its flowers high quality honey is obtained. Mezquite gum has industrial uses, and it is also used in traditional medicine to treat gastric ills and eye irritation for example. The gum is also used to make sweets, glue and has other domestic uses. Mezquite wood is used to make furniture, handicrafts and charcoal.

The mission of the project for the sustainable and holistic use of mezquite is to improve the quality of life and well-being of rural and indigenous communities both in Mexico and in other developing countries where mezquite grows. Further, to promote economic development and improve research and innovation capacity. This project also seeks to recover, preserve, promote and validate knowledge about mezquite for the benefit of society.

The objective of this call is to promote the sustainable and holistic use of mezquite and its derivatives through the generation of a compendium that showcases the diverse uses both in food and in traditional medicine, artistic creations, animal feed, materials for construction and others. The compendium will be hold in the Mezquite Project website for communities to access it. Hard copies will be printed to reach these that do not have access to internet. With the above, it seeks to contribute to the sustainable development of families and communities in vulnerable situations that inhabit the various regions of the world where mezquite is produced, in addition to preserving and sustainably using the species.

The University of Nottingham, with the support of the Global Challenges Research Fund (GCRF, UK) and the Project for the sustainable and holistic use of Mezquite invite you to participate in the following

## CALL

This call is open to any person, regardless of age, sex, impairment, religious or political affiliation who wish to encourage the sustainable and holistic use of mezquite, preserve knowledge about mezquite and help vulnerable communities; to participate in the generation of a compendium of Mezquite uses.

## **CATEGORIES**

### **1. Food and beverage recipes.**

**1.1 Traditional recipes.** These are recipes that date back to ancient times, which have been transmitted from generation to generation and for their preparation, traditional methods and utensils are used.

**1.2 Innovative recipes.** These are recipes that are created with the ingredients from the mezquite and its derivatives, with new forms in presentation and preparation, innovative combinations, and the use of modern culinary technology and methods, etc.

### **2. Other products**

**2.1** Traditional medicine

**2.2** Construction materials

**2.3** Artistic creations. (Furniture, decorative designs, literature, poetry, songs, etc.)

**2.4** Other uses

## **CALL GUIDANCE:**

1. All Mexicans and inhabitants of Mexico and other countries of the world can participate; we encourage particularly inhabitants of countries where the mezquite plant grows.
2. For any contribution, all people, amateurs, lovers of cooking, poetry, artistic creations, can participate, regardless of their profession or trade.
3. The language in which the contribution are sent must be in Spanish or English.
4. In the case of a recipe whose ingredients are particular to a region of the world, the names of the ingredients should be accompanied by explanatory or scientific names, if applicable, through which the ingredient can be identified.
5. It is possible to participate with one or more recipes or contributions.
6. The food recipes can be for an entrée course, main course, dessert, water, drinks made with mezquite, tamales, cookies, liquors, etc.
7. The recipes must have been tested by the participant (s).

- 8.** The contributions sent must be previously unpublished and the responsibility of the same lies entirely with the author in case that the recipe is copyrighted. The convening organization disclaims all responsibility for plagiarism or infringement of copyright.
- 9.** Participation can be by individuals, groups, an organization, a company, restaurant, etc.
- 10.** Given the nature of this project that seeks to improve the quality of life of rural and indigenous communities, the contributions will be made public through the internet in the Mezquite Project site and will be translated into several languages and dialects for the benefit of the communities of the arid and semi-arid zones of Mexico and the world. This distribution will be made free of charge to these communities and the use of the information will be of public use. The compendium will be protected by copyright to avoid misuse of the information for commercial purposes. None of the participants will receive royalties as the compendium is not for commercial use.
- 11.** In the case of sending a contribution of traditional medicine, must be under strict cultural contribution from recipes transmitted from generation to generation.
- 12.** The format that your recipe or contribution must send is free in terms of the number of words, but must follow this structure: Name of the authors, photograph of the author (s), contact information (email), telephone (with area), city, country\*. Title of the recipe or contribution, preparation time, how many servings are obtained, ingredients, preparation method. It is recommended that, if there is a history in relation to it, it is previously described and if possible, send photographs of the product obtained and the preparation of the same if the recipe comes from an indigenous group, this must be written and sent in the original language and translated into Spanish or English, whichever is easier.
- 13.** With respect to the recipes received that do not have the indicated requirements, the convening team will contact the authors to request the missing data.
- 14.** All the participants will grant their authorization (by means of a format, which will be sent to them when contacting, through email) to the convener team to make use of the recipes in the various promotion and dissemination activities of the same, including the publication of the compendium.
- 15.** In the case of receiving recipes that are repeated, the data of the participants will be taken from each of them and will be indicated in the recipe at the time of the edition of the compendium.
- 16.** All participants will be sent via email, a record of participation by the University of Nottingham, the Global Challenges Research Fund and the Project for the sustainable and holistic use of Mezquite as soon as practicable and before the publication of the compendium. Each contribution will be credited to the author(s) at time of publication of the compendium including name and picture.
- 17.** Any other matter not considered in these clauses, will be addressed and resolved only and exclusively by the calling team.

**Note: The text generated in this call is non-profitable and its main intention is to help the most disadvantaged communities in Mexico and other Countries.**

**Key Dates:**

Call opening	10 <sup>th</sup> of April 2019.
Reception of contributions	From 10 <sup>th</sup> of April 2019.
Closing of the call	31 <sup>st</sup> August 2019.
Estimated date of publication of the compendium	31 January 2020.

Contact details for any queries and contributions must use the following email:  
**[Convocatoria.Mezquite@nottingham.ac.uk](mailto:Convocatoria.Mezquite@nottingham.ac.uk)**

\*The University processes your personal data in order to carry out research into mezquite and to credit individuals providing contributions to the compendium of mezquite uses. The legal basis for this processing is public task relating to research in supporting communities in arid and semi-arid zones of the world and in preserving traditional knowledge of Mezquite. Details such as how to contact the University's Data Protection Officer and your rights as a data subject can be found at <https://www.nottingham.ac.uk/utilities/privacy/privacy.aspx>. Your information will be held securely at the University of Nottingham for a period of six months from the date of the publication of the compendium. The information from Mezquite may be shared publicly in research outputs such as reports or other publications.