

Meet the Student Support Team

Congratulations on your place at Nottingham – we look forward to welcoming you in September.

Coming to university can be daunting – making new friends, looking after your health and wellbeing, managing your time and your finances, and understanding what is expected of you by your teaching staff are just a few of the many challenges you will face. If you need a little extra help the student support team are available to advise and guide you.



Welfare Officers: Joanna Flewitt and Charlotte Cross

Jo and Charlotte have current knowledge of University specialist support services. They can provide guidance and referrals to relevant services. They also support students that have significant or complex issues.

Email: SS-Welfare-SB@nottingham.ac.uk



Academic Support (Accessibility Team): Caroline Kordecki and Greg Jones

Caroline and Greg support students with Specific Learning Difficulties (SpLDs) including dyslexia, dyscalculia and dyspraxia.

Email: dyslexia-support@nottingham.ac.uk



Disability Support (Accessibility Team): Carol East

Carole provides support and advice for students who have a physical impairment, Autism Spectrum Disorder/Asperger Syndrome, mental health difficulties or a long term medical condition (one that has lasted, or is likely to last, longer than 12 months). If you would like to explore what can be provided please look at:

<https://www.nottingham.ac.uk/studentservices/support/supportforyourstudies/disabilitysupport/>

Email: Disability-Support@nottingham.ac.uk



Counselling Service:

The counselling service is a self-referral service supporting students with personal and psychological problems.

Email: counselling.service@nottingham.ac.uk



Disability Liaison Officer (DLO): Dr Liz Bailey

Liz can offer advice and support on disability matters. She can refer students to the Accessibility team and liaises with colleagues to ensure that adjustments for individual students are put in place.

Email: liz.bailey@nottingham.ac.uk



Senior Tutors: Drs Liz Bailey and Kristelle Brown

The Senior Tutors manage the personal tutor programme and allocate all students a personal tutor. They also assist students where they feel unable to approach their designated tutor.

Email: liz.bailey@nottingham.ac.uk or kristelle.brown@nottingham.ac.uk



Your **Personal Tutor** will be allocated in week one. He/she is an academic member of staff who will support, encourage and guide you through your university journey.

The support team are holding informal drop-in sessions in October – do come along and say hello.

We are happy to help!

Dates: 1pm-2:30 pm Wednesday 10th October and 24th October

Location: Barn B07a

Looking After Yourself

Healthy Mind....

<https://www.nottingham.ac.uk/counselling/self-help-resources/self-help-resources.aspx>

Healthy Body....

<https://www.nottingham.ac.uk/sport/facilities/index.aspx>

HealthyU

<https://www.nottingham.ac.uk/currentstudents/healthyu/index.aspx>

Study Resources

For help and advice on studying effectively at university check out the resources at:

<https://www.nottingham.ac.uk/studyingeffectively/home.aspx>

<https://www.nottingham.ac.uk/student-services/support/support-for-your-studies/academic-support/study-resources/index.aspx>

I have a Specific Learning Difficulty

Please contact the Academic Support Team to provide them with your evidence by **mid October**. This helps us to put alternative examination arrangements in place for your January exams.

I might have a Specific Learning difficulty.....

Has it ever been suggested that you might have a specific learning difficulty? If you would like to explore this possibility then you can complete the “Do It” profiler at:

<https://www.nottingham.ac.uk/student-services/support/support-for-your-studies/academic-support/support-for-specific-learning-differences/screening-and-formal-assessment-for-dyslexia,dyspraxia-and-dyscalculia.aspx>

- “Register” to create an account on your first visit.
- Complete “Do It First” and “Do It Second”. **If you require screening for dyspraxia and / or AD(H)D you must also complete the relevant checklists in the “Extra Modules” section.**
- You can complete the sections at different times, but if you log out before finishing a section your answers will not be saved.
- The screener will produce an individual report once you have completed the process.

If the report highlights areas where support may help you can explore this further by making an appointment with an Academic Support tutor.

Welcome to Nottingham!