Coronavirus
Isolate your household
Stay at home

If you or anyone in your household has a high temperature or a new and continuous cough – even if it’s mild

☑️ Everyone in your household must stay at home for 14 days and keep away from others.

☒ DO NOT go to your GP, hospital or pharmacy.

☑️ Go to NHS.UK to check your symptoms and follow the specialist medical advice. Only call NHS 111 if you can’t get online or your symptoms worsen.

☑️ Protect older people and those with existing health conditions by avoiding contact.

Find out how to isolate your household at nhs.uk/coronavirus