



University of  
Nottingham

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“Agreeing to do something sexual means you have agreed to do everything else as well”

“Consent to do one thing does not automatically imply you consent to do other things. It's OK to say no at any time.”

“Men can't get raped and women don't sexually assault”

“Therefore, men can get raped by other men and women can sexually assault.”

“Rape is defined as penetration with a penis. Penetration with something other than a penis is sexual assault by penetration.”

“This type of myth blames the victim for what happened instead of the perpetrator who chose to commit the crime.”

“If a woman wears provocative clothing she is partly to blame for being sexually assaulted”

# Let's be clear on **consent** Myth-busting

“People who are under the influence of drugs or alcohol are asking for it”

“It is not a crime to drink, but it is a crime to target someone who is not capable of consenting to sex though drink. Responsibility lies with the perpetrator.”

“Women often falsely accuse men of sexual assault or rape”

“False allegations of rape and sexual assault are rare. There is a lot of evidence to suggest that rape and sexual violence is a vastly under reported crime.”

“Only strangers sexually assault”

“Most assaults and rapes are committed by someone that is known to the victim – a friend, acquaintance, partner, or ex-partner.”

“Rape is caused by the perpetrator's uncontrollable sexual urge”

“Men are fully able to control their sexual urges. Rape is an act of power and control not sexual gratification.”

Let's be Clear on Consent is a university campaign that aims to provide students with information about sexual consent, tackle some of the myths and misunderstandings about consent, rape and sexual abuse and signpost to support.

### **Support at the university Report and Support**

Use Report and Support anonymously to tell us what happened or ask to speak an advisor. This is not making a formal report to the university, it is to enable you to access the support you need to make an informed decision on what to do next.  
[reportandsupport.nottingham.ac.uk](https://reportandsupport.nottingham.ac.uk)

### **University of Nottingham Sexual Violence Liaison Officers (SVLO)**

The university has a dedicated team of qualified sexual violence liaison officers to support students who have experienced sexual harassment and or violence either recently or in the past.  
[nottingham.ac.uk/go/svlo](https://nottingham.ac.uk/go/svlo)

### **Specialist services in the community**

#### **The Topaz Centre**

A Sexual Assault Referral Centre (SARC) that offers support and practical help to anyone over 18 who has experienced sexual violence and/or sexual abuse.

Topaz provides crisis response, supports clients to access medical care, and provides a secure and safe location to gather forensic evidence.

**0800 085 9993**  
**notts.sarc@nhs.net**  
[topazcentre.org](https://topazcentre.org)

#### **Nottinghamshire Sexual Violence Support Services**

Offers support to anyone over 18 who has experienced any form of sexual violence, recently or in the past. They provide a range of specialist services and will listen to you and guide you to the best services for you.

**0115 941 0440**  
(helpline times vary, see website)  
[nottssvss.org.uk](https://nottssvss.org.uk)

### **Nottinghamshire Police and University Security**

In an emergency, call **999** immediately. In any other situation, call the non-emergency number, **101**. Specially Trained Officers (STOs) can help you report sexual offences, support you, and give you the option of attending the Topaz Centre.

You can ask the University Security Team to contact the police on your behalf. If you are at immediate risk and on campus, you should ring Security immediately on  
**0115 951 8888**.

### **East Midlands Children and Young People's Sexual Assault Service (EMCYPSAS)**

For children and young people aged 17 and under.  
**0800 183 0023**  
[emcypsas.co.uk](https://emcypsas.co.uk)

### **Juno – Women's Aid**

Juno work with women, children, and teens who have been affected by domestic abuse in Nottingham/ Nottinghamshire.  
**0808 800 0340** (24 hour)

### **Revenge Porn Helpline**

Supports adults aged 18+ who are experiencing intimate image abuse, also known as revenge porn. They provide free, non-judgemental and confidential advice and support via email and phone.  
**0345 6000 459**  
[help@revengepornhelpline.org.uk](mailto:help@revengepornhelpline.org.uk)

### **Information on domestic violence and unhealthy relationships**

[nottingham.ac.uk/go/  
domesticviolence](https://nottingham.ac.uk/go/domesticviolence)

### **Nottingham Consent Coalition**

The University of Nottingham and the University of Nottingham Students' Union are members of the Nottingham Consent Coalition, a group of local organisations working together to raise awareness of consent.  
[nottssvss.org.uk/consent-coalition](https://nottssvss.org.uk/consent-coalition)

For more information including where to get advice and support, visit [nottingham.ac.uk/go/clear-on-consent](https://nottingham.ac.uk/go/clear-on-consent)