



University of
Nottingham

UK | CHINA | MALAYSIA

Welcome Kit for International Students

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Welcome to the University of Nottingham

The International student welcome kit has been created to help you find important information and guidance to enable a positive transition into your studies and life in Nottingham. The kit was created with the help of current international students.

The welcome kit contains information and guidance on the following:-

- Health services and your entitlement
- University support and welfare services
- Money and banking
- Accommodation (University halls and privately rented accommodation)
- Student's Union information and support
- Information about shops, bars and cafes available on campus
- Current Covid-19 guidance and support and information



Health services

There are several **health services** available to you whilst you are studying in the UK. Your Visa status will determine any charges that you may have to pay.

[The UK National Health Service – your entitlement](#)



University Support and Welfare Services

- [HealthyU](#) – health and wellbeing information and services overview
- [University international welcome](#)
- [Services for students](#)
- [Student Support Centres](#)
- [Finding Student Support Centres](#)
- [Disability Support Services](#)
- [Support and Well Being Team Video](#)
- [Support and Wellbeing faculty contact details](#)



University Support and Welfare Services Continued

- University Counselling Service Welcome for International Students
- Mental Health Advisory Service
- Students with families
- Child Care services
- English Language Support
- Staying Safe and security – how and where to find help



Money and Banking

You are advised to open a bank account when you arrive in the UK

- [Opening a bank account](#)
- [Digital banking is an option](#)
- [Paying University Fees](#)
- Advice and support - [Money advice](#)
- [Funding and financial support](#)
- [Working during your studies](#)



Accommodation advice and support

- [University Halls](#)
- [Private rented accommodation](#)
- Finding a new place – [viewing student houses](#)
- [What is a guarantor](#)
- [Energy Supply in the UK explained](#)
- [Finding your energy suppliers \(gas and electricity\) for privately rented accommodation](#)
- [Water in the UK](#)



Accommodation Advice and Support Continued

- [TV licence](#)
- [TV Licence – University Guidance](#)
- [Do you need a TV licence?](#)
- [As a private tenant renting a property – you have rights in UK law](#)
- [Student's Union Housing advice](#)



Students Union Advice

- Free, impartial service is completely independent from the University, and we're here to help you find the support and advice on [financial](#), [course](#), and [housing](#) issues.
- **Students Union** -With over 300 [sports clubs](#), [societies](#) and [volunteering opportunities](#) to get involved with, there is something for everyone. If you want to influence change, you can take part in [campaigning activities](#) or become a [student representative or leader](#).
- [International Student Network](#)



Coronavirus – University guidance and advice

- [What to do if you are worried about Covid-19](#)
- [What to do if you have to self-isolate](#)
- [Looking after yourself as an international student](#)
- [Coronavirus UK travel guidance](#)
- Please follow the latest [government advice](#) on socialising and mixing households



Shops and Cafes

- [Cafes, bars and restaurants on University Park campus](#)
- [Cafes, bars and restaurants on Jubilee campus](#)
- [Cafes, bars and restaurants on Sutton Bonington Campus](#)
- [Costcutter Store at Sutton Bonington](#)
- [Cafes in the Medical School](#)
- [Study Bars](#)
- [SU venues and shops](#)

Large supermarkets and hardware stores in Nottingham, Beeston and Kegworth sell reasonably priced pots, pans and household items. The Boots shop on University Park campus sells over the counter medications and other personal products.



Meeting people

Meeting new people through Faith Support

- [CAMEO and Mosaic - meetings for women and children](#)
- [Trips](#)
- [Mandarin Speaking Fellowship](#)
- [Friends International - Cornerstone](#)

Meeting new people through societies and networks

- [SU Societies – Sutton Bonington](#)
- [SU Societies – University Park and Jubilee](#)
- [HealthyU Connect](#)-health and wellbeing information including how to connect with friends and peers.