

Students' Union Welfare Support

Students' Union Advice

Students' Union Advice are here for you, whether you're having issues with housing, money or your course. Their service is free, impartial and confidential and they're independent from the University. Email suadvice@nottingham.ac.uk to get in touch with an advisor or book an appointment.

UoNSU Welfare Network

The Welfare Network is a student-led Network running campaigns and events throughout the year, as well as being a signposting service to any support you may need. They currently run weekly virtual Wellbeing Cafes alongside a range of campaigns such as mental health, consent and anti-loneliness. Check out the 'UoN Welfare Network' Facebook and Instagram pages to stay up to date or speak to a member of the Network.

Welfare and Wellbeing Officer

Your full-time SU Welfare and Wellbeing Officer for this year is Emily Coleman. Emily is an elected representative and works with the Students' Union, University and external groups to improve Welfare provisions for all students within the University. Get in touch by emailing suwelfare@nottingham.ac.uk or messaging Emily on social media at 'Emily Coleman SU' or [@uonsu_welfare](https://www.instagram.com/uonsu_welfare)

Student Group Welfare Officers/ Secs

If you're part of a society, sports club or other student group, your group will have a dedicated Welfare Officer or representative. These members receive training to be able to carry out their role and can signpost you to support services, help you find out about upcoming events and campaigns and simply be someone to chat to. Chat to your group to find out who to speak to.

Nightline

Nightline is a confidential listening and advice service run by students for students. Our trained student listeners can be contacted via phone, email, skype or instant message and are there for you if you're feeling stressed, need information on health services or just need a chat. Check out nottinghamnightline.co.uk to find out more or ring +44 (0)115 951 4985.

Student Minds Nottingham

Student Minds is a student-led campaigns group running peer-led support groups and mental health campaigns and is the Nottingham branch of the National Student Minds charity. Check out the 'Student Minds Nottingham' Facebook page or email nottinghamcampaigns@studentminds.org.uk to find out more.

Networks

Your SU is home to lots of different Networks, each with its own elected student Officer to represent their members' views to the SU and University. Your SU Networks are; Disabled Students', LGBT+ Students', International Students', Mature Students', Black and Minority Ethnic Students', Women's*, Postgraduate Students' and Environmental and Social Justice. Find out more about each of our Networks on the SU Website or by searching on social media.

Global Buddies

If you're an international or EU student, you can join our Global Buddies scheme to be matched with a student mentor to answer your questions and make you feel welcome. Email globalbuddies@nottingham.ac.uk to find out more.