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| ① Radford Recreation Grd.             | ⑥ Priory Park & churchyard                         |
| ② Savoy Cinema                        | ⑦ Lenton War Memorial                              |
| ③ Church Square shops and Crocus Café | ⑧ Lenton Lodge, built as a Wollaton Park Gatehouse |
| ④ The Lenton Centre,                  | ⑨ Lenton Recreation Ground                         |
| ⑤ Dunkirk & Lenton Forum              | ⑩ Derby Road Health Centre                         |

To print an A4 size copy go to [www.parkviews.org](http://www.parkviews.org).

**Text and design:** Alice Hardy

**Photographs:** Robert Howard

**Printed by:** Parker and Collinson, Lenton

**Funded by:** The University of Nottingham  
Community Chest Fund

## Did you know that...

♥ **The place-name Lenton** can be found in the Domesday Book of 1086.

♥ **Lenton takes its name** from the River Leen.

♥ **Lenton Priory** was founded in 1109 by Cluniac monks and existed until its dissolution by Henry VIII in 1538.

♥ **Lenton Lodge** was built in the 1820s and marked one of the entrances to the Wollaton Hall estate.

♥ **The Three Wheatsheaves pub** once had a 'penfold' for stray farm animals.

♥ **Lenton Recreation Ground** opened in 1888 and is Nottingham's oldest recreation ground.

## Useful contact numbers:

**Canning Circus Police Station:** 0300 300 9999

**City Council Waste Management:** 0115 915 2000

**Nottingham City Council Noise Control:**

0115 915 6410

**Student Advice and Representation Centre:** 0115 846 8730

**Unipol Student Homes:** 0115 846 8599

**Melanie Futer (Manager, Off Campus Student Affairs, University of Nottingham):** 0115 951 4649

## Useful websites:

**Love Lenton:** [www.lovelenton.com](http://www.lovelenton.com)

**Lenton Centre:** [www.thelentoncentre.org.uk/](http://www.thelentoncentre.org.uk/)

**Crocus Café:** [www.thecrocus.co.uk/](http://www.thecrocus.co.uk/)

**Dunkirk & Lenton Partnership Forum:**

[www.dunkirkandlenton.co.uk/](http://www.dunkirkandlenton.co.uk/)

**Nottingham City Council:** [www.mynottingham.gov.uk](http://www.mynottingham.gov.uk)

**Nottingham City Transport:** [www.nctx.co.uk/](http://www.nctx.co.uk/)

**Trent-Barton Buses:** [www.trentbuses.co.uk](http://www.trentbuses.co.uk).

# Love♥Lenton



**Information for students  
about YOUR local**

**Community**



## A brilliant place to live

Lenton is a brilliant place to live, with lots of local amenities and a great location, being only a mile from the city centre.

Please remember not everyone has the same lifestyle as you. Here are five simple tips to make Lenton a better place for everyone to live:

♥ **Be a considerate and respectful neighbour.**

Don't forget that you are living in a residential area—your neighbours may have to get up early for work or have young children.

♥ **If you are having a party,** please tell your neighbours first and agree to a finish time.

♥ **Don't leave your bin on the street.** It makes the neighbourhood look messy and you could end up with a £100 fine!

♥ **Lock doors and windows.** One third of burglaries carried out in Lenton are through insecurities. Check out [www.easily-done.co.uk](http://www.easily-done.co.uk) for more information.

♥ **Support local businesses.** They welcome your custom.



The Crocus Café is just one of the facilities you will find in the Church Square shopping precinct (see map over for location).

## How to get involved

Volunteering is a great way to make a difference to the local community, to gain new skills and work experience, to be a valuable part of a team and to meet new people and make new friends.

### The Lenton and Dunkirk Forum

Is the collective voice for residents in Lenton and is there to help you with any queries or concerns about your local community. The forum coordinates volunteering in the area and also arranges community meetings, which are currently under-represented by students. Come along and make your views heard.

If you are keen to help out or for more information contact: 0115 941 9525 or email [web@dunkirkandlenton.co.uk](mailto:web@dunkirkandlenton.co.uk)

### The Crocus Café

Is a community led vegetarian café in the heart of Lenton. In 2007 the Crocus won *The Observer* best vegetarian restaurant in the Midlands award. The café relies heavily on volunteers to serve customers and help out with its various events. The café can also be rented for your own events for only £50 per evening. Contact 0115 950 5080 or see [www.thecrocus.co.uk](http://www.thecrocus.co.uk) for more information

### Small Steps Food Project

Add a bit of variety to your diet...Small Steps is selling bags of fresh seasonal fruit for only £2 and veg for only £3 at the Lenton Centre between 12-2 every Wednesday. Volunteers are also needed for the project. Contact 0115 9419 525 or email [fw@dunkirkandlenton.co.uk](mailto:fw@dunkirkandlenton.co.uk)

### More about volunteering

For many other volunteering opportunities contact the Student Volunteer centre on 0115 8468750 or email [volunteering@nottingham.ac.uk](mailto:volunteering@nottingham.ac.uk)

## Sport and recreation



**Lenton and Radford recreation grounds** are popular with all residents and are great places to escape from city life. Look out for the Dunkirk and Lenton Community Festival, which is held in June every year.

**The Lenton Centre** is a locally run community centre with a gym, swimming pool and various classes throughout the week. Gym membership for students is only £18 per month (very helpful for your student budget). Contact 0115 941 2422 or visit [www.thelentoncentre.org.uk](http://www.thelentoncentre.org.uk)

**The Ucycle Project** is promoting cycling to campus! Not only is it good exercise, you may even get discounts at cycling stores. For more information contact [sarah.fraser@sustrans.org.uk](mailto:sarah.fraser@sustrans.org.uk)

**The West End Bowls Club** play friendly 'roll-ups' during the summer (April–September) at Lenton Recreation Ground. They welcome students and other residents who would like to join them. First sessions free. For more info contact the Secretary, Robert Howard, tel: 0115 9700369, or visit: [www.webowlers.blogspot.com](http://www.webowlers.blogspot.com).