

# Kegworth Guide

**Your essential Students' Union  
guide to everything Kegworth**



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# Welcome from your Community Officer

Hi, my name is Daisy and I'm your Community Officer for the next academic year.

Elected by the student body, I represent you on issues such as housing, transport and sustainability when communicating with the University, the council and other local authorities. Moving off campus into the local community can be both exciting and daunting; we've created this guide to make the transition as easy as possible!

We hope you have a fabulous year! But, if any issues, questions or queries do pop up, my inbox is always open - so just drop me a line!

**Daisy Forster**

**Community Officer**



@uonsu\_community



## Hello! We're your Students' Union

We're an independent, student-led organisation that represents your needs, protects your rights and makes sure your voice is heard. Led by a team of elected SU Officers, we're a vibrant community 34,000 strong, made up of first-year students and PhDs, SU staff and volunteers. And you're automatically a member when you join the University of Nottingham.

Visit our website to find out more [su.nottingham.ac.uk](https://su.nottingham.ac.uk)



## Food and drink

There are so many great places you can go to tuck into tasty food and delicious drinks! Students living in Kegworth recommend:

### Shops

#### Sutton Bonington

**Pasture Lane Stores** - general corner shop just past the King's

#### Kegworth

##### Co-op

**Garage** - off licence and general bits and bobs (Closes 9pm)

**Oaklands** - meats and deli foods. It's also a café (which serves fantastic breakfast takeaways!)

**Hidden Gem Kitchen** - Café and takeaway

### Takeaways

#### Kegworth

**The Anchor Inn** (Station Road)  
They do a takeaway/collection service

##### Chinese

**Diamond City** (closed on Mondays)  
**Zhen Garden** ( find them on Just Eat!)  
(Both are next to each other on Derby Road, and both deliver)

##### Fish and chips

**Kegworth Fish Bar** (next to the garage)

### Supermarkets

**ALDI** (on the way to Loughborough) 15 minute drive

**LIDL** (in Loughborough)

**Tesco delivery** (super popular!)

**ASDA** (in Shepshed)

**Morrisons** (in Loughborough)

#### Chippy

**Kegworth Chippy** (Derby Road, near Co-op. Super cheap!)

##### Indian

**Jee Ja Jees** (sit in or takeaway)  
**Laika Indian Restaurant and Takeaway**

##### Pizza

**Domino's** (delivery or collection in Loughborough, collection in Castle Donington)

## Health Services

#### Orchard Surgery

The Dragwell, Kegworth, Derbyshire DE74 2EL

**T: +44 (0) 1509 672 419**

**W: [kegworth.net](http://kegworth.net)**

#### Cripps Health Centre

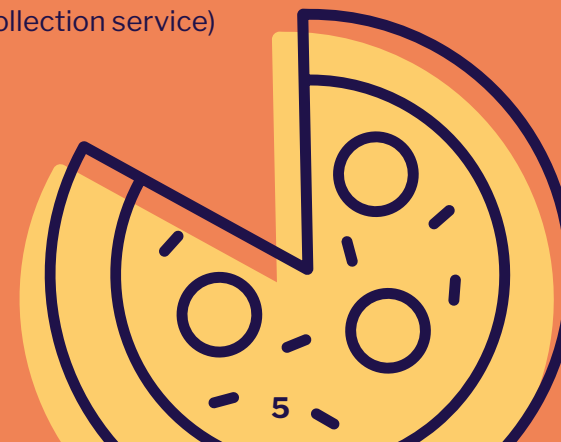
University Park  
Nottingham NG7 2QW

**T: +44 (0) 115 846 8888**



#### Sutton Bonington

**King's Head** (they do a takeaway collection service)



## One Kegworth

One Kegworth is a group of like-minded people who want to bring Kegworth together as one. The committee is made up of village residents, business owners, professionals and University students who all love where they live.

We aim to organise a variety of events throughout the year, including Christmas in the Market Place, Easter Charter Market, One Kegworth event in June and a Picnic in the Park in summer.

By working with each other, we can bring the community together to have fun and try new things. One of our main aims is to support local businesses, clubs and societies to showcase the wide range of activities we have available in Kegworth. Our events are accessible and fun for everyone and are not to be missed!

Visit **[onekegworth.co.uk](http://onekegworth.co.uk)** to find out more,  
email **[hello@onekegworth.co.uk](mailto:hello@onekegworth.co.uk)**  
or check out our facebook page **[@onekegworth](#)**

## Sport in Kegworth

Feeling sporty? It's a short trip to the Sutton Bonington Sports Centre and there are plenty of sports clubs and societies to get involved with on campus.

Fancy trying a new sport or picking up something from home?

**Scan the QR code** for more information:



And that's not all! Kegworth has a number of local clubs you can get involved in too, including tennis club, karate, taekwondo, tai chi, equestrian, football, cricket, and clay pigeon shooting.

There's also King George V Playing Field and grounds available to the cricket, football and tennis clubs, as well as a green bowls club. So there's loads to keep you active!

# Your role as a housemate & as a neighbour

## Your role as a housemate:

**Here are some day-to-day practicalities to help you have the best time in your University house:**

**Create a rota.** You could sit down together to create a rota of all the chores and tasks the whole household will have responsibility for. And when something isn't quite right, try to avoid passive aggressive notes and revenge tactics; it's super important to talk to each other!

**Spend time together.** When you move in, try to organise something social that involves everyone in the house – maybe a movie night or making homemade pizzas together.

**Communicate your boundaries.** It's worth discussing with your new housemates what your different boundaries and expectations are to avoid conflict later on. Try to consider that everyone comes from different lifestyles and family experiences! Talk about how people feel about sharing food/kitchen utensils, cleanliness, visitors and noise levels.

**If things escalate, please contact SU Advice to talk through the issues**

## Your role as a neighbour:

**Here's how you can be considerate of your neighbours:**

**Say hello!** If you're friendly and approachable, you're much more likely to have a positive relationship with your neighbours.

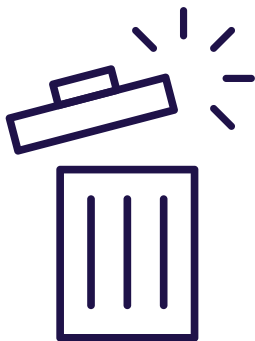
**Ordering a taxi?** Remember to ask the driver not to sound their horn when they arrive and wait inside for the taxi to arrive to avoid noisy gatherings on your doorstep.

**Heading out for the night?** Be considerate of sleeping residents and keep the noise down as you walk into town and head home at the end of the night.

**Going out with alcohol?** It's an offence to drink alcohol on the streets of Nottingham. Don't let your drink get poured down the drain, leave it at home!

**Hosting?** Always speak to neighbours and those living close by if you plan on having a few friends round, check it is okay with them. House parties particularly effect people in the community with work or school the next day. Please keep in mind that large, loud and late house parties are discouraged and any complaints may be passed onto the Police, Council and University.

# Binformation and recycling



Keep on top of your recycling and use the correct container – remember to keep glass in a separate red box to plastic, cans and tins!

- Download your bin calendar at **[nwleics.gov.uk/collections](http://nwleics.gov.uk/collections)** so you don't miss a collection day
- Take your bins and containers off the street as soon as they've been emptied
- Rinse your glass, plastic, cans and tins
- Fasten the lid on your red boxes to keep your street clean and tidy
- Squeeze and squash plastic, cans and tins to fit more in the red box
- Support the environment by recycling as much as possible.

Recycle used batteries in a recyclable container with a lid next to your red boxes...

#recyclemore



Recycle more...

Find all the information you need by scanning the QR code below:





# Volunteering and fundraising

Everything to do with volunteering and fundraising at the University of Nottingham Students' Union goes through Karnival, UoN's student-led Raising and Giving (RAG) service.

Karnival supports a range of local, national and international charities as well as campaigns like Movember. They put the *fun* in fundraising, running events throughout the year such as fashion shows, charity balls and the famous Karni Koncert.

Karnival is perhaps most famous for organising amazing charity challenges, and this year is no exception! UoN students can sign up to tackle the UK Three Peaks Challenge, trek through the stunning Moroccan Atlas Mountains or even go all the way to Nepal to trek to Everest Base Camp - all to fundraise for this year's amazing charities: the Meningitis Research Foundation and Amnesty International. If you're interested in any of these challenges, please get in touch via insta or email.

As well as fundraising, Karnival also advertises a wide range of local volunteering opportunities, and will help you find one that suits you. Check out their volunteering page at [uonsu.com/volunteering](https://uonsu.com/volunteering):



**It's easy to get started, just get in touch with Karnival to find out more.**

## Get in touch

**E:** [karni@uonsu.com](mailto:karni@uonsu.com)

**Facebook:** @NottsKarni

**Instagram:** @nottinghamkarnival

Follow us:



## Want better housing solutions for students? Join the Nottingham Student Housing Co-op!

A Housing Co-operative is a democratic form of housing under the control of residents, imbedding community, accountability and student control in our homes.



The Inter Campus Co-operative Notts (ICC Notts) project is a group establishing a student housing co-operative in Nottingham and its surrounding areas. We need students to join and help run the initiative. **Register your interest here!**





## North West Leicestershire District Council supporting students

North West Leicestershire District Council is your local authority and as a local citizen you have access to a whole host of information and services:

- Bin collections
- Recycling and refuse
- Improving your environment
- Community safety
- Housing
- Your local councillors
- Community support and advice
- What's on
- Leisure services
- Parks' information
- Markets



## To access all this information

Visit [nwleics.gov.uk](http://nwleics.gov.uk) and [twitter.com/NWLeics](https://twitter.com/NWLeics) for the latest news and events

**Report any bin, road or housing/landlord issues here:**



# Your Students' Union Advice team

Students' Union Advice provide free, impartial advice and information to all University of Nottingham students.

Independent from the University, the Advice team is made up of permanent members of Students' Union staff and our service is completely confidential.

We provide information and advice on a wide range of issues affecting students such as:

**Housing advice** – house hunting, contracts, deposits, issues with landlords, disrepair, disputes with housemates etc

**Money advice** – funding, debt, budgeting, benefits and utility/council tax bills etc

**Course advice** – extenuating circumstances, academic appeals, complaints, student code of discipline etc



## Get in touch

**E:** [suadvice@nottingham.ac.uk](mailto:suadvice@nottingham.ac.uk)

**T:** 0115 846 8730

**Office:** C floor, Portland Building, University Park

You can find out more information about our service at  
**[su.nottingham.ac.uk/advice](https://su.nottingham.ac.uk/advice)**

# Moving in checklist



**Take this handy checklist with you when you move in, and check off each item once it's done.**

Have you got your signed tenancy agreement and keys to get in? ☐

Have you sorted a parking permit while you move your belongings from your car to your digs? ☐

Locked your car and house while you're moving goods? ☐

Checked the property for marks/scuffs/damage, and taken date-stamped photos? ☐

Have you filled in the inventory? Make sure it accurately describes the property and its contents ☐

Does everything work? If anything's broken, let the landlord or agent know (ideally in writing) ☐

Have you recorded the gas, electric and water meter readings and contacted the suppliers? ☐

Do you know where your water stop tap and electrical fuse box are? ☐

Are your belongings insured? ☐

Do you know the local bin collection details? ☐

Introduced yourself to your neighbours? ☐



# Tips from Leicestershire Fire & Rescue Service to help you protect your home from fire

## 10 fire safety tips for students at University

- Regularly test your smoke alarms
- Don't put tins/foil in the microwave
- Never ignore a fire alarm
- Plan an escape route with your flat mates
- Avoid cooking if you've drunk alcohol
- Never leave cooking unattended
- Avoid using candles
- Take care with heated hair equipment
- Turn chargers off when you're not using them
- Don't smoke indoors



## What is an emergency SMS service?

Emergency SMS is a free text service for people with hearing or speech impairment to contact any of the 999 services in the event of an emergency.

To register for the service, text 'register' to 999 and follow the instructions that will be sent to your phone.

For more information regarding the service and how to register visit **[www.emergencysms.org.uk](http://www.emergencysms.org.uk)**

**Non-emergency contact number** Those who are deaf, heard of hearing or unable to make a phone call are able to contact Leicestershire Fire & Rescue Service for advice and information by text on 07860 063686 - This number is NOT to be used in an emergency.

# Make a change. Make a difference

The University is taking a stand against climate change and setting ambitious carbon reduction targets. We want to slash our carbon emissions by more than half by 2030, and every one of us has a part to play.

Wherever you're living, you can make a difference. Even the smallest actions add up to a big impact. Every sustainable change we make takes us closer to our goal.

So let's get going!

## Green Rewards

We're making it easy (and rewarding) for students to take positive environmental actions.

Green Rewards is an online platform and mobile app where you can record your sustainable activities. In return you'll earn Green Points and the chance to win vouchers for yourself and charity donations for your team. Plus, many of the actions are not only good for the planet but good for your pocket too!

Sign up to Green Rewards now: [uon.greenrewards.co.uk](https://uon.greenrewards.co.uk)

Find out more about sustainability at Nottingham:  
[nottingham.ac.uk/sustainability](https://nottingham.ac.uk/sustainability)



## Be sustainable, get rewarded



Sign up now at: [uon.greenrewards.co.uk](https://uon.greenrewards.co.uk)

**greenrewards**



# Off-campus student affairs

Many of you choose to move off-campus to areas like Kegworth during your time at University. We have lots of info, advice and guidance available to support you when you become a member of your local off-campus community.

This includes guidance on what it takes to manage your private home, advice on being a good neighbour and ambassador for the University, as well as important information on crime prevention and safety. Our team are here to help you make the most of living in your local community.

Visit [nottingham.ac.uk/yourcommunity](https://nottingham.ac.uk/yourcommunity) to find out more.

## Neighbourhood help

The University expects students to act in accordance with the **University Code of Conduct** and to be ambassadors for the University. If you find an occasion where this isn't being observed please contact us via our helpline. This 24-hour helpline offers you and local residents the opportunity to let the University know about any issues of concern you may have. Please leave a message about anything from noisy neighbours to uncollected rubbish.

## Report and Support

If you or someone you know has experienced or witnessed an incident, you can report it via our Report + Support system. You can either report it anonymously or ask to speak an advisor. By doing that, you're not making a formal report to the University; it just means you can access the support you need to make an informed decision.

**Messages are quickly dealt with, but this isn't an emergency helpline.**

Call **0115 846 8666**, email [offcampus@nottingham.ac.uk](mailto:offcampus@nottingham.ac.uk)

# Parking in Kegworth

Parking spaces are in really short supply in Kegworth, so please think of others if you have a car with you – particularly if you have more than one car in your household. Try not to park on the pavement as it can cause problems for people who use wheelchairs and pushchairs.

## Kegworth Parish Council

If you want advice on local matters, to find out about events or to pick up a Neighbourhood Watch pack, pop into the office on 1 London Road or call **+44 (0) 1509 670204**.

Find out more and check opening hours **[kegworthparishcouncil.gov.uk](http://kegworthparishcouncil.gov.uk)**

# Public transport

- You can catch the **Sutton Bonington 901 Hopper bus** from University Park campus
- The most useful public transport is the **Skylink**, which goes from Leicester to Derby, usually every half an hour to hour. Check out their website for up-to-date timings
- **Train:** East Midlands Parkway station is a few miles away. From here, you can catch the train to London and Nottingham

## Taxi

**Sometimes a taxi is the best option.**

We've joined forces with **UNICAB** to bring you the Safer Taxi Scheme so that you'll always be able to get home safely.

**Text UNICAB to 80818  
or call +44 (0) 115 950 0500**

Our **fixed price** list means that a taxi from the city centre to Kegworth is £18.50! It's cash only, but in an emergency you can say that you want to use the SU Emergency Taxi Scheme and they will get you home safely. For more information visit **<https://unicab.app>**



# Welcome from NorthWest Leicestershire Police



**Leicestershire Police** provides a policing service to the people of Leicester, Leicestershire and Rutland 24-hours a day, 365-days a year. There is a rich diversity of communities all with their own policing needs.

**Valley Beat Team** Your Dedicated Neighbourhood Team (DNT) is a group of local police officers dedicated to serving and helping you during your student life, particularly those of you living in Kegworth.

We will listen to your concerns, offer advice on any problems you have and, working closely with local authorities, community leaders and residents, help to make Kegworth and the other surrounding villages a safe area to live. Working within the community helps us to find useful, long-term solutions to local problems.

**Please feel free to contact us for advice, support or to report a crime by one of the methods below:**

**leics.police.uk** – please visit this site for lots of Crime Prevention Advice

**Non urgent:** telephone 101

**Urgent:** telephone 999



## **Neighbourhood Link:**

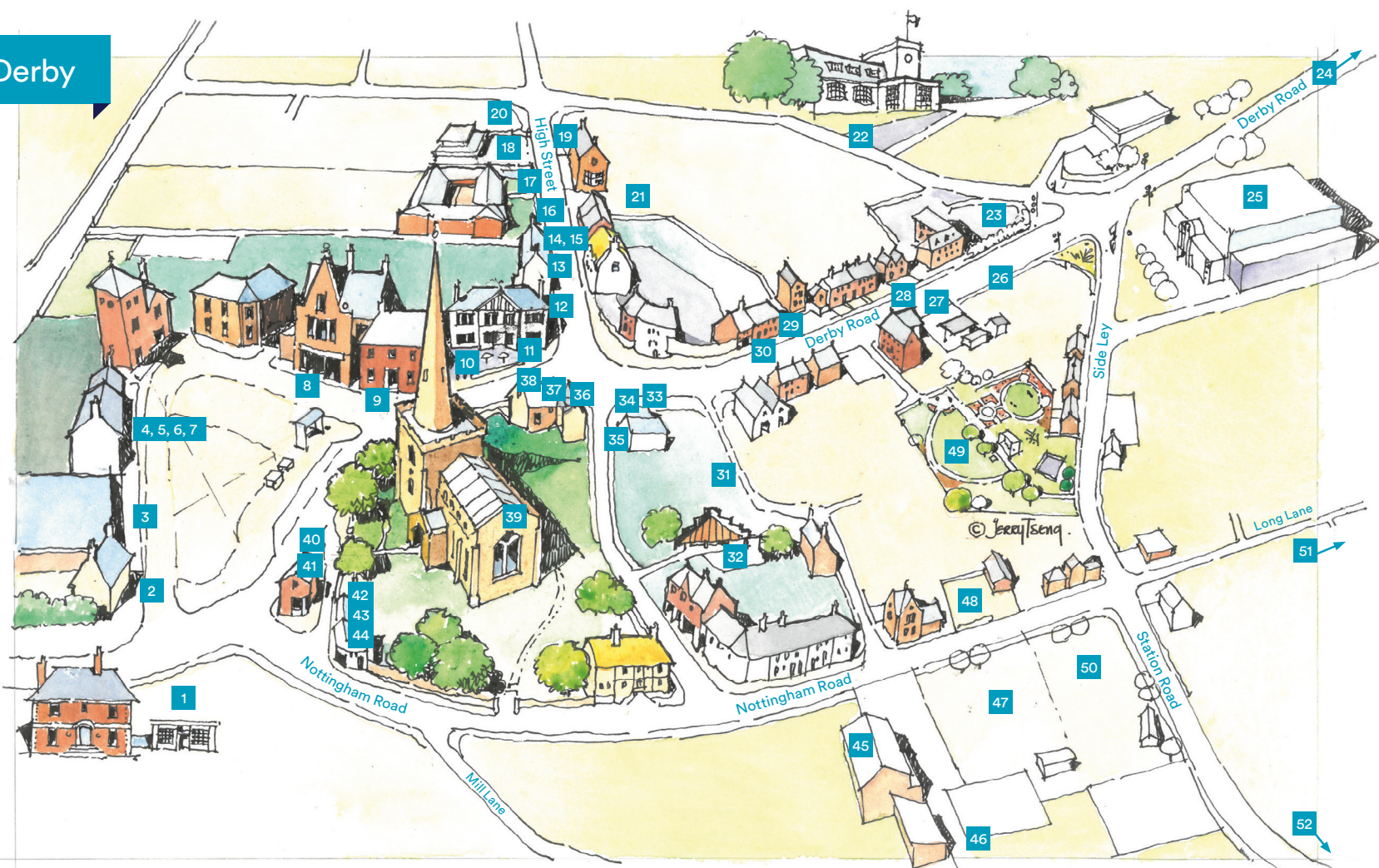
Neighbourhood Link is a community messaging service from Leicestershire Police that provides news and information about policing activity or initiatives, crime prevention advice and major incidents affecting your area.

Sign up to Neighbourhood Link:

**<https://www.neighbourhoodlink.co.uk/>**

**We wish you a safe and happy time with  
us on the valley beat.**





- |  |   |                                      |                                       |
|--|---|--------------------------------------|---------------------------------------|
| 1. Kegworth Parish Council Offices                     | 13. Geda Construction                                   | 26. Chip shop; fuel; groceries       | 40. Cutting Cottage Hair              |
| 2. Tonic Hairdressers                                  | 14. Coach House Pub                                     | 27. Chinese Takeaway Diamond City    | 41. Lovage Estate Agents and Lettings |
| 3. Co-op and Cash Point                                | 15. Red Lion Pub  | 28. Chinese Takeaway Zhen Garden     | 42. Arka Sight Care                   |
| 4. Laika Indian Restaurant                             | 16. The Baptist Church                                  | 29. Kegworth Chippy and Pizza        | 43. MRvapes                           |
| 5. Soar Trading – local produce and fishing provisions | 17. Kegworth Primary School                             | 30. Tattoo shop/barbers              | 44. RiRi Beauty                       |
| 6. Barbers   | 18. Kegworth Library                                    | 31. Cap and Stocking Pub             | 45. Kegworth Village Hall             |
| 7. Physio  | 19. Kegworth Heritage Centre                            | 32. Doctors Surgery                  | 46. Tennis Club                       |
| 8. Dog and Jones – pet shop                            | 20. Gateway Apartments                                  | 33. Newton Fallowell                 | 47. Kegworth Imps Football            |
| 9. Je Jaa Jees – Indian eat in and takeaway            | 21. Kegworth Nursery                                    | 34. Flowers by Frederika             | 48. Kegworth Bowls Club               |
| 10. Thomas James Estate Agents and Tassi Lettings      | 22. Best Western Yew Lodge Hotel and Marco Pierre White | 35. Picture This Gallery and Framing | 49. Sideley Park                      |
| 11. Oaklands – deli, butchers and cafe                 | 23. Kegworth Hotel and Conference Centre                | 36. Boots                            | 50. Kegworth Cricket Club             |
| 12. Hidden Gem Cafe and Takeaway                       | 24. Paintballing  | 37. GH Cuts                          | 51. Long Lane Equestrian and Kennels  |
|  | 25. Refresco  | 38. Gastall Dog Grooming             | 52. Anchor Pub                        |
|  |   | 39. St Andrews Church                |                                       |



## Key contacts:

**SU Advice:**



**Waste Management:**



**County Council Reporting:**



**Safer Taxi Scheme:**



**Off Campus Affairs:**



**Nottingham Student Housing Co-Operative:**



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**su.nottingham.ac.uk**

**Facebook:** @UofNSU

**Instagram:** @uonsu



Created in Partnership with: **The University of Nottingham**  
**The Guild and One Kegworth**



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