



**British Heart
Foundation**

Nottingham

Pack for Good Report

2022 Campaign



Introduction

The Pack for Good campaign

Launched in 2011, since then we have grown to service over 100 universities, 15 councils, over 300 local private student accommodation providers and have successfully rolled out eleven national partnerships across the UK.

The campaign aims to reduce complexity whilst actively contributing to waste diversion, carbon reduction targets and ESG targets including charitable giving within your communities.

Every University that partners with us on our 'Pack for Good' campaign enables our shops and stores to receive a much needed regular supply of donations throughout the year.

The BHF has over 700 shops and stores across England, Wales, Scotland, and Northern Ireland including 510 high-street shops and over 180 home stores, which this year will sell around 25 million donated items.

The BHF eBay shop sells over 436,800 high value and unusual items each year, to raise funds for heart and circulatory diseases.

In a year, the BHF saves over 57,000 tonnes of goods from going to waste, including 103,000 sofas and 13,000 of preloved clothes.

Through the reuse and recycling of donated items this helps prevent 130,000 tonnes of CO2 emissions being released into the atmosphere.

This is all made possible by you!





We are the British Heart Foundation

Our vision is a world free from the fear of heart and circulatory diseases. We raise money to research cures and treatments, so we can give people more time with the ones they love..

Heart attacks that strike without warning, strokes that shatter futures, new-born babies born with broken hearts. These are just some of the cruelties of cardiovascular disease. And the brutal reality is, there is so much more for science to discover before we can beat the world's biggest killers.

That's why the British Heart Foundation exists. Funding research is how we change the game. And we all have a role to play. The tools we have at our disposal today - from heart transplants and pacemakers to stents and portable defibrillators - are all down to research. Research made possible by people like you.

When we join forces, we can make the impossible possible. We can take the best and brightest ideas from scientists' minds and help turn them into treatments you can get at your GP. We can make theories on pages jump into reality. Research can save your life and your family's lives.

But without you? It all stops tomorrow.



Click on the link below to watch this video:

<https://www.youtube.com/watch?v=kbal76SKXOY&t=109s>



2022 Pack for Good Campaign



2022 Campaign – University of Nottingham



Interim Data – 1st October 2021 – 31st March 2022

Campaign Data = 1st April 2022 – 30th September 2022

2022									
Scheme	Site	Interim	2022 P1	2022 P2	2022 P3	2022 P4	2022 P5	2022 P6	Total
University of Nottingham	Sutton Bonington Campus	62	44	12	14	32	0	0	164
University of Nottingham	Melton Hall - Jubilee Campus	275	56	34	44	36	47	56	548
University of Nottingham	Sherwood Hall Car Park - Park Campus	298	77	38	69	61	80	102	725
University of Nottingham	Ancaster Hall Car Park - Park Campus	159	8	13	49	23	30	28	310
University of Nottingham	Manor Villages	0	0	0	0	0	0	0	0
University of Nottingham	Ancaster Hall	0	3	0	49	0	0	0	52
University of Nottingham	Cavendish Hall	0	0	0	11	0	0	0	11
University of Nottingham	Cripps Hall	0	1	3	17	0	0	0	21
University of Nottingham	Dagfa	0	0	1	23	7	0	12	43
University of Nottingham	Derby Hall	0	3	0	24	0	0	0	27
University of Nottingham	Florence Boot Hall	0	0	0	0	0	0	0	0
University of Nottingham	Hugh Stu Hall	0	11	0	14	0	0	0	25
University of Nottingham	Lenton Hall	0	1	0	12	7	0	0	20
University of Nottingham	Lincoln Hall	0	12	1	8	0	0	0	21
University of Nottingham	Nightingale Hall	0	8	0	28	0	0	0	36
University of Nottingham	Rutland Hall	0	2	2	10	0	0	0	14
University of Nottingham	Beeston Hall	0	0	0	0	0	19	0	19
University of Nottingham	Sherwood Hall	0	4	0	4	0	0	0	8
University of Nottingham	Willoughby Hall	0	7	3	49	0	0	0	59
University of Nottingham	Varsity	0	0	2	8	0	0	23	33
University of Nottingham	Newark Hall	0	12	0	31	2	0	0	45
University of Nottingham	Southwell Hall	0	2	0	68	0	0	0	70
TOTAL		794	251	109	532	168	176	221	2251

University of
Nottingham

2,251 bags



£31,514 total
raised from
your fantastic
donations



18 tonnes diverted
from landfill –
that's the
equivalent of
106,286 kg's of
CO2 emissions



2022 Campaign – Nottingham Trent University



Interim Data – 1st October 2021 – 31st March 2022

Campaign Data = 1st April 2022 – 30th September 2022

2022									
Scheme	Site	Interim	2022 P1	2022 P2	2022 P3	2022 P4	2022 P5	2022 P6	Total
Nottingham Trent University	Students Union Building Shakespeare Street	0	0	0	0	0	0	0	0
Nottingham Trent University	Students Union - Clifton Campus	0	0	0	0	0	0	0	0
Nottingham Trent University	South Well - Brackenhurst Campus	69	13	19	17	21	22	0	161
Nottingham Trent University	Students Union - Brackenhurst Campus	0	0	0	0	0	0	0	0
TOTAL		69	13	19	17	21	22	0	161

Nottingham
Trent
University

161 bags



£2,254 total
raised from
your fantastic
donations



1.2 tonnes
diverted from
landfill – that's
the equivalent of
7,602 kg's of CO2
emissions

2022 Campaign – Nottingham City Council



Interim Data – 1st October 2021 – 31st March 2022

Campaign Data = 1st April 2022 – 30th September 2022

2022									
Scheme	Site	Interim	2022 P1	2022 P2	2022 P3	2022 P4	2022 P5	2022 P6	Total
Nottingham City Council	Curzon Street (LEFT)	0	0	47	97	48	50	79	321
Nottingham City Council	Curzon Street (RIGHT)	0	0	100	141	91	87	95	514
Nottingham City Council	58 Raleigh Street	234	39	26	52	43	56	36	486
Nottingham City Council	58 Raleigh Street	490	80	73	124	108	111	56	1042
Nottingham City Council	42 Shakespeare Street	180	0	0	0	0	0	0	180
Nottingham City Council	42 Shakespeare Street	201	0	0	0	0	0	0	201
Nottingham City Council	St Anne's Street (LEFT)	0	5	23	71	74	70	73	316
Nottingham City Council	St Anne's Street (RIGHT)	0	2	26	65	58	59	56	266
Nottingham City Council	Dunkirk and Old Lenton Community Centre	424	69	75	65	64	101	84	882
Nottingham City Council	Maid Marion Way	0	19	28	69	43	40	46	245
Nottingham City Council	Bromley Place - City Centre	0	0	0	0	0	0	0	0
Nottingham City Council	Ilkeston Road/Midland Road (LEFT)	0	16	145	248	182	202	275	1068
Nottingham City Council	Ilkeston Road/Midland Road (RIGHT)	0	0	124	80	122	126	55	507
Nottingham City Council	Corner of Garden Road/Ilkeston Rd (LEFT)	0	5	69	107	112	142	102	537
Nottingham City Council	Corner of Garden Road/Ilkeston Rd (RIGHT)	0	88	24	67	58	77	78	392
Nottingham City Council	Gatehouse Lodge on Derby Road	0	37	51	70	64	66	85	373
Nottingham City Council	Willoughby Street/Park Road (LEFT)	0	71	40	134	87	99	59	490
Nottingham City Council	Willoughby Street/Park Road (RIGHT)	0	97	107	188	166	162	150	870
Nottingham City Council	Lenton Rec - Church Road	0	29	35	73	61	57	32	287
Nottingham City Council	1 Burns Street (LEFT)	0	0	41	74	69	75	63	322
Nottingham City Council	1 Burns Street (RIGHT)	0	38	60	83	103	90	81	455
Nottingham City Council	Park Street & Derby Road (LEFT)	0	7	68	156	133	94	72	530
Nottingham City Council	Park Street & Derby Road (RIGHT)	0	107	65	149	155	108	115	699
Nottingham City Council	Lenton Boulevard	0	0	0	5	61	67	57	190
Nottingham City Council	Woodside Road Shops	167	30	59	108	75	63	89	591
Nottingham City Council	Redford Rec (Inside the Park)	0	46	53	112	83	91	40	425
Nottingham City Council	Lace Street / Montpelier Road	0	74	78	123	123	117	133	648
Nottingham City Council	The Lenton Centre	0	67	82	70	82	57	42	400
TOTAL		1696	926	1499	2531	2265	2267	2053	13237

Nottingham
City Council

13,237 bags



£185,318 total
raised from
your fantastic
donations



105.9 tonnes
diverted from
landfill – that's
the equivalent of
625,013 kg's of
CO2 emissions

2022 Campaign – Private Student Accommodation



Interim Data – 1st October 2021 – 31st March 2022

Campaign Data = 1st April 2022 – 30th September 2022

2022									
Scheme	Site	Interim	2022 P1	2022 P2	2022 P3	2022 P4	2022 P5	2022 P6	Total
UPP	Broadgate Park (Albion)	15	0	0	22	8	0	18	63
UPP	Broadgate Park (Oaks)	17	0	6	16	0	12	9	60
UPP	Broadgate Park (Lillies)	23	9	2	52	18	20	14	138
UPP	Broadgate Park (Laurels)	62	43	30	45	23	22	38	263
UPP	Broadgate Park (Lower Court)	77	40	37	87	27	26	29	323
UPP	Blenhelm Hall	8	0	0	11	4	2	0	25
UPP	The Maltings	26	0	2	22	13	0	31	94
UPP	Meridian Court	22	11	4	38	12	21	0	108
UPP	Norton Court	5	0	1	16	7	0	0	29
UPP	Peeverell	0	10	0	13	9	12	0	44
UPP	New Hall	20	0	0	38	19	15	0	92
UPP	Gill Street	21	10	11	67	14	45	6	174
UPP	Simpsons Hall	14	0	0	14	4	12	0	44
Derwent Students	Raleigh Park - Madison Court Reception	39	0	0	29	21	24	52	165
Derwent Students	Raleigh Park - Madison Court Reception	10	0	23	18	0	14	15	80
Derwent Students	Raleigh Park - Madison Court	7	0	0	0	0	17	0	24
Derwent Students	Raleigh Park - Madison Court	0	0	0	0	0	0	0	0
Kaplan Living	Global Point	14	0	9	18	0	0	0	41
Collegiate AC	Clarendon Street	0	0	0	0	21	0	18	39
Collegiate AC	Nova	0	0	0	0	13	22	94	129
Cotton Mills Student	Cotton Mills (1)	49	17	12	15	32	27	17	169
Cotton Mills Student	Cotton Mills (2)	0	0	0	0	3	11	0	14

2022 Campaign – Private Student Accommodation...cont.



Interim Data – 1st October 2021 – 31st March 2022

Campaign Data = 1st April 2022 – 30th September 2022

2022									
Scheme	Site	Interim	2022 P1	2022 P2	2022 P3	2022 P4	2022 P5	2022 P6	Total
The Student Housing Company	Goldsmith Court	0	0	0	0	0	0	0	0
Host	Lace Market Studios	0	0	0	0	0	0	0	0
CRM Students	Russell View	0	0	0	0	0	0	0	0
CRM Students	The Rise	14	0	0	0	7	22	24	67
The Student Lodge	Player Street	27	0	0	0	0	0	0	27
Student Roost	Trinity Sqaure	7	0	0	0	0	6	0	13
Student Roost	Nottingham 2	18	0	0	0	0	16	18	52
Student Roost	Hydrogen	0	0	0	0	0	0	0	0
Student Roost	York House	0	0	0	0	0	0	0	0
Hello Student	Talbot Studios	0	0	0	0	0	37	38	75
Hello Student	Talbot Point	0	0	0	0	0	36	11	47
Hello Student	The Frontage	0	0	0	0	0	95	117	212
Homes For Students	Miura	0	0	0	0	20	40	87	147
Homes For Students	Bowman House	0	0	0	0	0	0	40	40
Homes For Students	Nottingham Square	0	0	0	0	0	0	0	0
Homes For Students	Vantage	0	0	0	0	0	20	0	20
Homes For Students	Straits Village	0	0	0	0	0	0	56	56
Vita Student	Nottingham	0	0	0	0	0	0	14	14
IQ Students	Exchange	0	20	14	45	66	17	41	203
IQ Students	Newtown & Newland House	0	25	11	66	185	27	167	481
Unite Students	St Peters Court	0	0	0	0	81	14	15	110
Unite Students	Riverside Point	0	0	0	0	20	5	14	39
Unite Students	Curzon House	35	0	0	0	22	15	25	97
TOTAL		530	185	162	632	649	652	1008	3818

Private Student
Accommodation

3,818 bags



£53,452 total
raised from
your fantastic
donations



30.5 tonnes
diverted from
landfill – that's
the equivalent of
180,275 kg's of
CO2 emissions

2022 Result Nottingham



£272,104 total
raised for the BHF
from your fantastic
donations



Success story



155.5 tonnes
diverted from
landfill – that's the
equivalent of
917,712 kg's of CO2
emissions



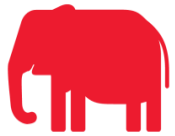
Your donations
have saved the
equivalent weight
of 22 African male
elephant in waste
being disposed

Total revenue raised to date



Nottingham Students have donated up to....

£1,608,273*



Your donations have saved the equivalent weight of 131 African male elephants in waste being disposed sent to landfill*



£100

To support:
one of our PhD students for just one day (London based) 60 days will be around £6,000



£6,000

Could fund:
a heart attack research project for one month, including research staff and funds for laboratory materials needed for the project.



£60,000

Could fund:
all the lab consumables needed for a two year Project grant.



£600,000

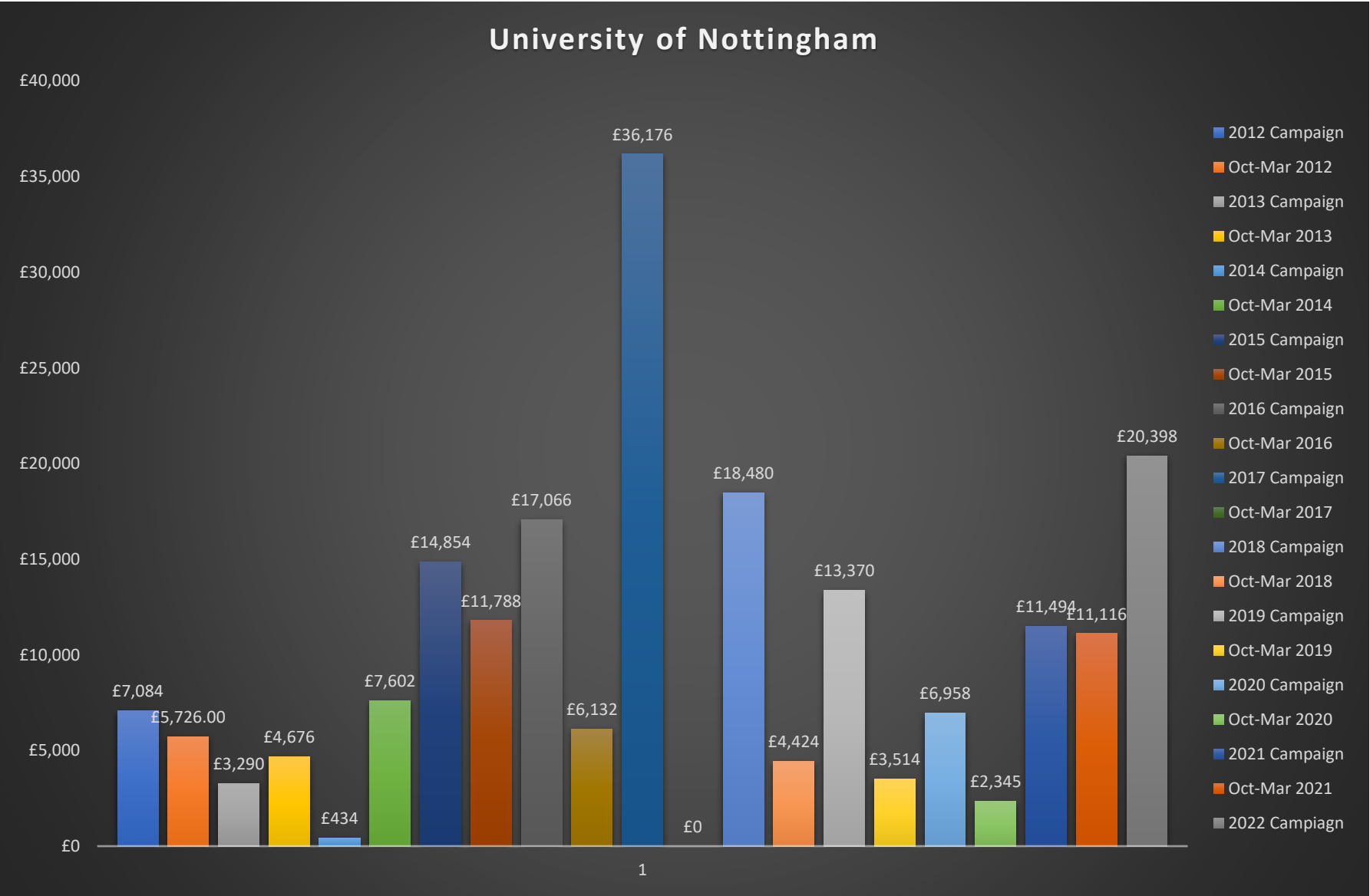
Could fund:
new developments and emerging scientists in a heart failure research lab and buy major items of equipment to support their research.



919 tonnes has been diverted from landfill – that's the equivalent of 5,424,210 kg's of CO2 emissions*

University of Nottingham through the years

Below is a visual representation of the Pack for Good campaign since we launched your campaign.



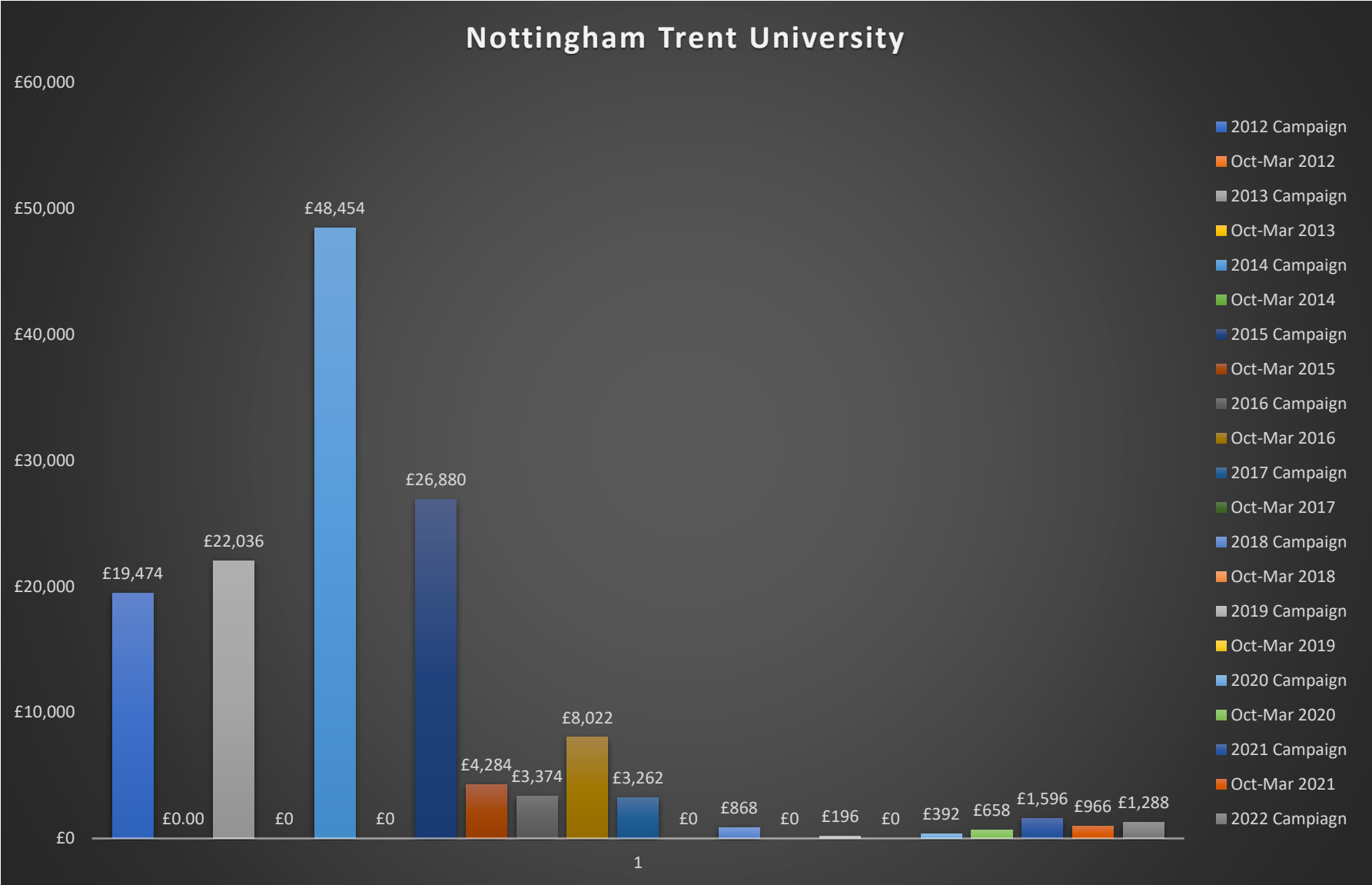
Despite 2020-21 being a difficult year with the pandemic, we raised £86 million, thanks to the amazing efforts of our supporters. This is lower than the £151 million we received in 2019-20, reflecting the closure of our retail stores for eight months, mitigated by a robust fundraising performance and difficult decisions to adjust our cost base.

In 2020-21, £74.2 million was spent on life saving research and support for heart patients. £28.4 million was spent on the costs associated with generating income.

In other words, for every £1 raised, around 67p, is available to spend on funding research on heart and circulatory diseases, and the risk factors that cause them.

Nottingham Trent through the years

Below is a visual representation of the Pack for Good campaign since we launched your campaign.



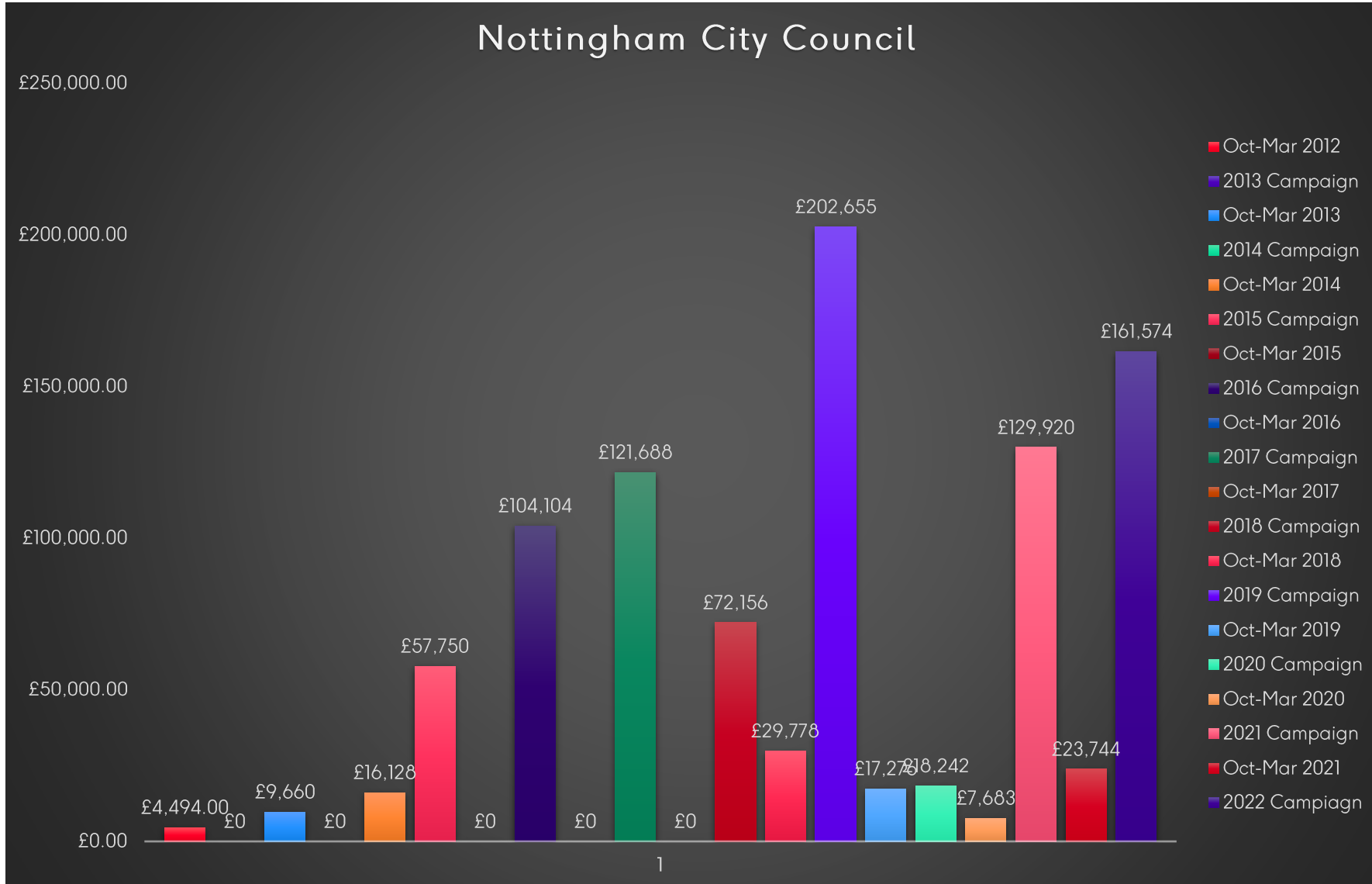
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Nottingham City Council through the years

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Furniture Donations and Events



Furniture Collections

Another way to support the **Pack for Good Campaign**, whilst reducing your CO2 emissions is to take us up on our offer of a free collection service for your furniture, electricals and homewares.

Giving unwanted items a new lease of life couldn't be easier. Even items not normally associated with charity shops can be incredibly valuable to us.

This year we have collected over **£23,000** of furniture from University Partners.

We have the ability to run large scale furniture removals e.g. accommodation refurbishments to supporting with working white goods and re-sellable mattresses.

BHF Pop up Shops

Hosting a pop up shop on campus is a great way to enhance the **Pack for Good Campaign** whilst encouraging students to be more frugal and sustainable.

At the start of the 2022 academic year we re-launched our pop up shop events across the across the UK with fantastic results.

University of Manchester - £1,750

Manchester Metropolitan - £2,411

University of East Anglia - £2266

Bournemouth University - £775

Edinburgh Napier University - £369

Manchester Metropolitan - £2,510

Your support with these events powers our life saving research and helps us protect the people you love.



CPR Training

Training your staff and students in lifesaving skills, such as CPR, defibrillator awareness and the recovery position, will help create a nation of life savers. Cardiac arrest can happen anywhere and to anyone so make sure your colleagues and students are prepared.

Pack for Good partners are already helping to train first aiders in CPR and defibrillator awareness whilst also equipping an additional **150 members of staff and students** in this life saving skill.

Coming soon we will be rolling out RevivR, our free online CPR training to all our university partners, continue reading for more information.

Defibrillators, together with CPR, give people the best chance of survival. Find out how you can install a defibrillator in your workplace.

<https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/cpr-training-in-communities/defibrillators-in-communities>

Making a Difference



Sustainability



Partnering with us in our **Pack for Good** campaign enables our shops to receive a regular supply of donations during the summer period, a time typically, when donations can be lower than in other seasons.

By joining our **Pack for Good** campaign you're helping to save items from disposal, preventing unnecessary waste and carbon emissions being released into the atmosphere whilst also helping to fund research in heart disease, stroke, vascular dementia and diabetes.



Reducing Waste & Circular Economy

All BHF standard shops have recycling services for textiles, books and most for homewares

In 2020/21 we re-used/recycled 52,000 trees worth of books through our shops (5.5m)

4480 pairs of jeans we resold, helping save enough water to fill 28 Olympic swimming pools

Through re-use and recycling through our stores we have saved over 57,000 tonnes going to waste in 21/22, enabling 130,000 tonnes of avoided greenhouse gas emissions.

Creating Healthier Environments

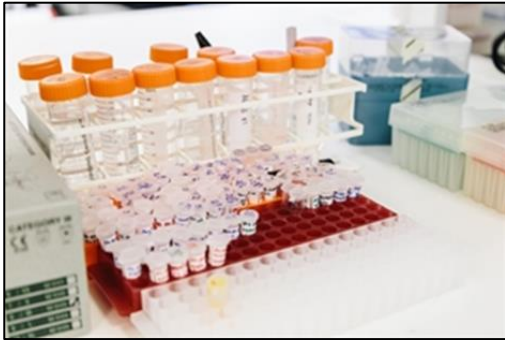
We work with parliamentarians and members of the Government to shape and influence policy that relates to heart and circulatory diseases and research.

You can read more about how the BHF are creating healthier environments below;

<https://www.bhf.org.uk/what-we-do/policy-and-public-affairs/creating-healthier-environments>



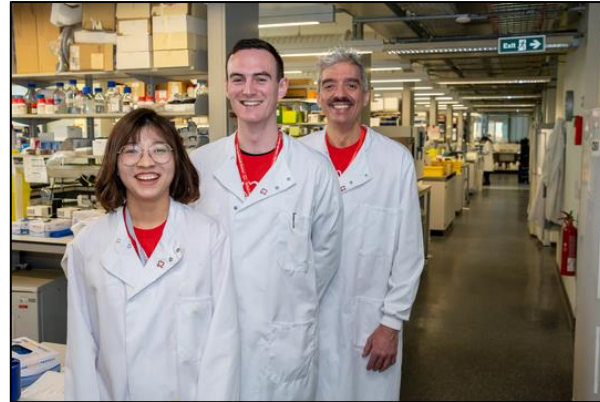
How does the BHF spend donations?



£2 can help researchers we fund visualise faulty heart cells under the microscope, allowing them to understand more about life-threatening conditions like heart failure.



£6 can help to buy test tubes that researchers we fund use to aid their research into inherited heart conditions.



£18 could support one of our early career scientists to conduct one hour of research.

We currently fund around 400 early career scientists conducting post-doctoral research right across the UK. Their projects seek to understand how to diagnose, prevent, treat and cure heart and circulatory diseases.

(BHF supported 361 postdoc researchers and 31 clinical fellows on 31/03/22)

£85-100 is how much it costs to support one of our PhD students for just one day.

Schemes at top UK universities turn promising scientists into potential future leaders through three or four years of intensive scientific training.

We currently fund around 350 PhD students.

(BHF supported 358 PhD students on 01/04/22, assuming 4 students per 4 year grant)





University Funding

From Edinburgh to Cardiff, Belfast to London, we are supporting research projects but also strategic investments including the Centres of Research Excellence, Centres of Regenerative Medicine, the BHF Data Science Centre and Accelerator Awards. Use the interactive visualisations below to explore where we fund research projects in the UK.

Through our commitment to beating heartbreak from all heart and circulatory diseases and their risk factors, we currently support over £410m of life saving research across 47 institutions in the UK to better understand, prevent, and treat heart and circulatory diseases.

Follow the link below to see a map of cities and institutions where we are directly funding research.

<https://www.bhf.org.uk/what-we-do/our-research/funding-across-the-uk-visual/funding-across-the-uk>



BHF CEO Dr Charmaine Griffiths awarded honorary degree from Cranfield University

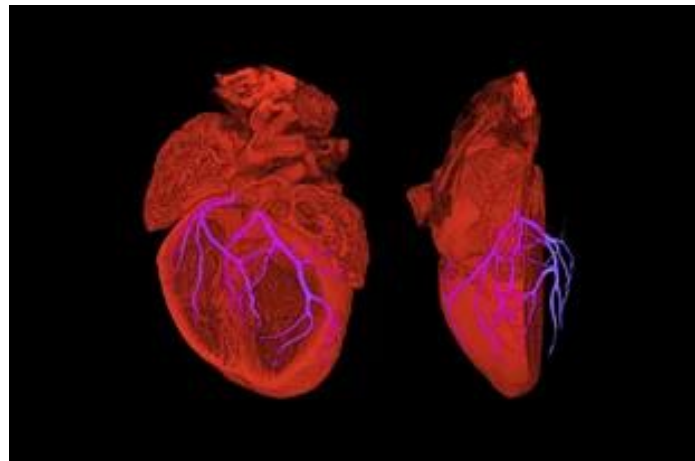


University of Nottingham

Searching for a safer anti-clotting drug by studying a protein called Factor XII

Read More

<https://www.bhf.org.uk/research-projects/conformational-regulation-and-cardiovascular-disease-dysregulation-of-factor-xii>



University of Nottingham

Pre-eclampsia – effect of certain growth factors on the mother's blood vessels

Read More

<https://www.bhf.org.uk/research-projects/pathophysiology-of-preeclampsia--role-of-vascular-growth-factors>



Inspirational

From heart surgery to a marathon: Helen's story in 6 inspiring quotes and pictures

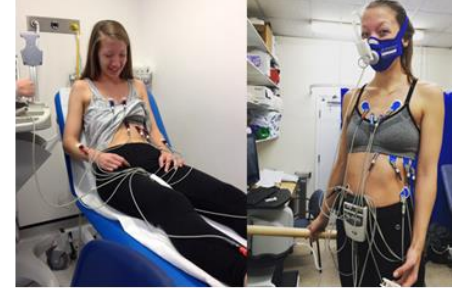
Helen Doyle (24) thought her running dreams might be over when she was diagnosed with a heart problem. See how she's gone from surgery to the London Marathon, in pictures and Helen's own words.



"When I was told I had a heart problem, I felt like my whole life had been tipped upside down. Everything just stopped."



"After surgery, you're completely dependent at first. You have to learn how to walk and talk again."



"It's just readjusting your mindset. My heart has been fixed and the reason it's been fixed is so I can live my life."



"There's a buzz you get when you race. It makes you feel really positive, especially when you're running with other people. Having people cheer you on is amazing."



"I'm spending more time doing things I love now, because I feel like life's very short and my story could have ended up being very different. I feel lucky that I'm still here and I'm healthy."



"Even though it has been the most painful, awful experience in some ways, it's absolutely amazing in others. It's changed my life and put everything into perspective."

Support for Students and Young People

We have information, resources and support groups to help. Explore condition factsheets, lifestyle advice and opportunities to connect with other young people.

<https://www.bhf.org.uk/information-support/support/children-and-young-people>

Are you aged 18-30 and living with a heart condition? Come along to a One Beat event to meet other young people like you, learn new skills and gain confidence.

<https://www.bhf.org.uk/information-support/support/children-and-young-people/one-beat-events>

Follow the link to read more about Helen's story <https://www.bhf.org.uk/information-support/heart-matters-magazine/activity/running/helen-doyle>



Heart Statistics

Our heart statistics hub hosts all of our BHF statistical reports, visualisations and publications, collecting the most comprehensive statistics on the effects, prevention, treatment, and costs of heart and circulatory diseases in the UK, and also their risk factors.

Please browse our resources to learn more about of local and national statistics .

<https://www.bhf.org.uk/statistics>

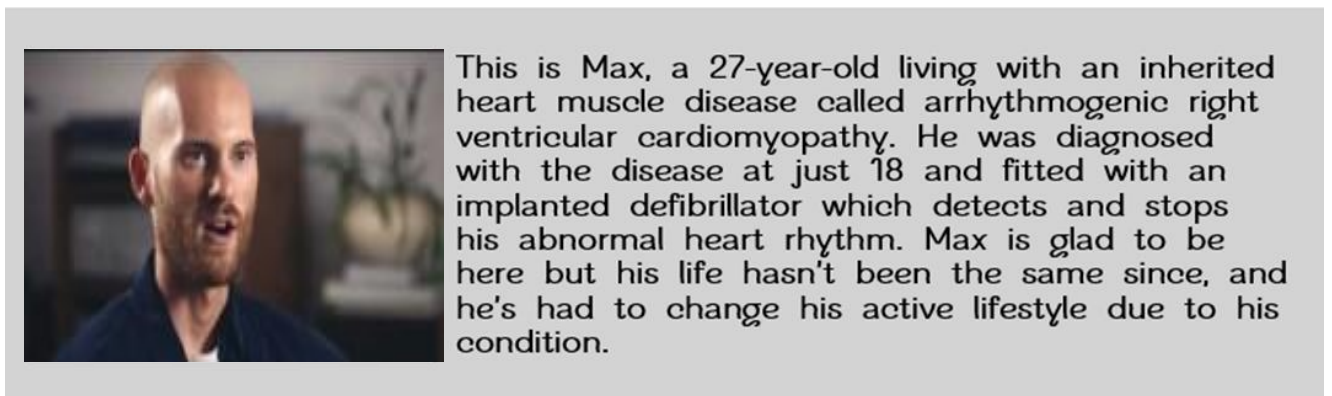


CureHeart wins the Big Beat Challenge

We've awarded a £30 million grant to CureHeart, a global team of researchers who are developing a ground-breaking cure for inherited heart muscle diseases.

Every week in the UK we lose 12 people under the age of 35 to sudden cardiac death. To read more about the Big Beat Challenge please follow the following link.

<https://www.bhf.org.uk/bigbeatchallenge>



To watch Max's story please click the link <https://www.youtube.com/watch?v=D7BO-Kflknw>



Opportunities

Host an Event, Volunteer, Fundraise

BHF Pop up Shop on campus

Hosting a pop up shop on campus is a great way to enhance the **Pack for Good Campaign** whilst encouraging students to be more frugal and sustainable.

We also have additional opportunities for faculties to take part in a competitive Pop up Shop activity to support as part of academic courses.

The video below was created by students at Manchester Metropolitan University



Please click here to watch this video:

<https://microul.fr/4h>



Volunteer with us

Our volunteers help us to save and improve the lives of families and loved ones. Whether you can spare a few hours or a couple of days a week, all our roles keep you safe as you volunteer so you can help to help us continue to fund lifesaving research.

From large scale events, retail support or online listing there are so many opportunities for both staff and students to get involved with the BHF

<https://www.bhf.org.uk/how-you-can-help/volunteer>

'Try it, you won't regret it!' - student volunteer Emily on why she gives her time to BHF

<https://www.bhf.org.uk/what-we-do/news-from-the-bhf/news-archive/2022/february/blog-student-volunteer>

Fundraising

We are all touched by the heartbreak of heart and circulatory diseases.

Since the '60s research funded by the public has helped transform heart attack survival rates. Imagine what's possible for vascular dementia, stroke and other heart conditions in your lifetime if you help us keep going?

By raising money for us, you're funding research that gets us closer to cures and treatments. From climbing a mountain to baking biscuits, there are lots of ways you can help end heartbreak.

<https://www.bhf.org.uk/how-you-can-help/fundraise>



Corporate Event Opportunities

London Marathon Support

On Sunday 2nd October around 800 British Heart Foundation runners took part in the iconic 2022 TCS London Marathon. Among them were two supporters from the Pack for Good campaign Dr Ashley Hayden from Oxford Brookes University and Paul Hardy at Sanctuary Students who both committed to early mornings and hours of training to prepare for the big day! They both finished the race in incredible times having raised an incredible **£4,100** of sponsorship for the British Heart Foundation. We cannot thank you enough for supporting us!



Operation 'lend an Elfing' hand is back...

Coming soon we will be launching our Christmas volunteer campaign aimed at you our corporate partners and your teams.

This is a great opportunity to support your local BHF shops and stores, grab a bargain and see where all your pack for good donations have ended up.

Keep a look out for our November newsletter on how you can sign up.

Learn a lifesaving skill

Train your organisation in CPR with RevivR™

Do your team know how to save a life?

A cardiac arrest is when someone's heart suddenly stops pumping blood around their body, causing them to fall unconscious and stop breathing. CPR and defibrillation can double someone's chance of survival. By training your staff in lifesaving skills with RevivR, you'll demonstrate your commitment to keeping your customers and community safe.



How the training works



Build confidence with our step-by-step training

Learn how to recognise a cardiac arrest and what to do in an emergency situation



Be prepared with a practice 999 call

Understand when you should call 999 and what to expect with a simulated practice call



Perfect your CPR technique

RevivR gives you feedback on your CPR technique and will help you perfect it while you practise



Learn how to use a defibrillator

We'll tell you how to use a defibrillator and where you can find your nearest one

Thank you for supporting the Pack for Good Campaign
and donating to the British Heart Foundation in turn
saving lives and the planet!



For further questions or support with your campaign please contact:
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