

# **ADHD symptoms checklist – Child**

## **Inattention**

1. Often fails to give close attention to details or makes careless mistakes in schoolwork or tasks
2. Often has difficulty sustaining attention in tasks or play activities
3. Often does not seem to listen when spoken to directly
4. Often does not follow through on instructions and fails to finish schoolwork, chores, or duties
5. Often has difficulty organizing tasks and activities
6. Often avoids, dislikes, or reluctantly engages in tasks requiring sustained mental effort
7. Often loses things necessary for activities (e.g., toys, school assignments, pencils, or books)
8. Often is distracted by extraneous stimuli
9. Often is forgetful in daily activities

Are 5/9 symptoms present in more than one area such as Home and school?

## **Hyperactivity**

- 1 Often fidgets with hands or feet or squirms in seat
2. Often leaves seat in classroom or in other situations in which remaining seated is expected
3. Often runs about or climbs excessively in situations in which it is inappropriate
4. Often has difficulty playing or engaging in leisure activities quietly
5. Often is “on the go” or often acts as if “driven by a motor”
6. Often talks excessively

## **Impulsivity**

7. Often blurts out answers before questions have been completed
8. Often has difficulty awaiting turn
9. Often interrupts or intrudes on others (e.g., butts into conversations/games)

Are 5/9 symptoms present in more than one area such as home and school?

Overall if 5/9 symptoms of either Inattention or hyperactivity/ Impulsivity are present after the age of 6 for more than 6 months and are causing problems for the child in their home life or school learning. Consider a referral to secondary organisations such as community paediatrics.