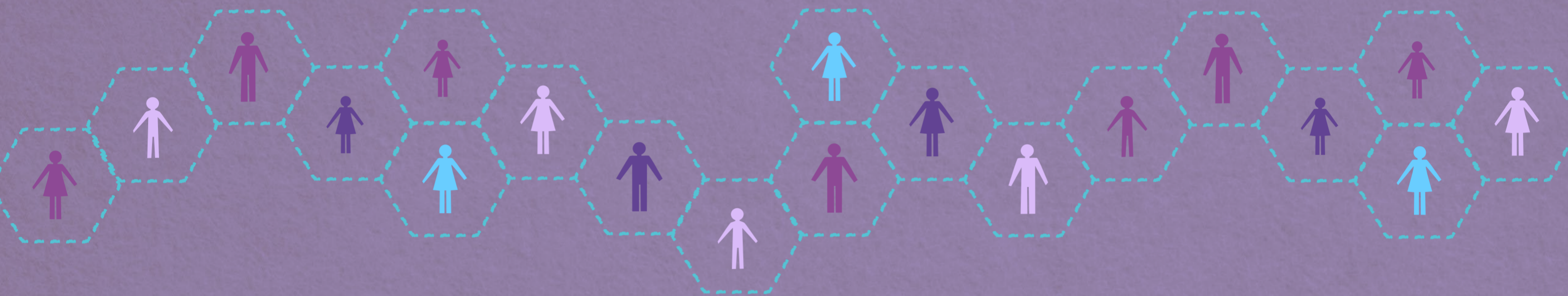


Ward Charter Sexual Safety

Everyone has the right to feel safe from sexual harm. We will work to promote everyone's sexual safety. Everyone should behave in a way that meets the standards of this charter.



What is sexual Safety?

Sexual safety – when your physical, sexual and psychological boundaries are maintained and respected. It is important to remember that everyone has different physical and psychological sexual boundaries, dependant on a number of reasons including: past experience, culture and their current situation. It can be very hard to identify where these boundaries lie, particularly if an individual is experiencing acute distress at the time.

Expected Standards of Behaviour are as follows:

- ➔ I respect myself and expect others to treat me with respect and dignity.
- ➔ I understand that sexual activity with another person should be for mutual pleasure and never used for punishment or through coercion. Consent and the ability to give consent is important for sexual safety.
- ➔ I will speak up, if I have been hurt, harassed or assaulted physically or sexually.
- ➔ I do not try to talk someone else into engaging in sexual activity or harass another person sexually.
- ➔ I respect the rights of others to space and privacy.
- ➔ I will speak up, if I see or hear about someone else being hurt, harassed or assaulted either physically or sexually.
- ➔ I will treat others with respect and dignity.

If you feel too frightened or upset to speak to a member of staff, you can get independent advice or support by calling Nottinghamshire Sexual Violence Support Services (previously Rape Crisis) Helpline 0115 941 0440 or Admin line 0115 9470064
Email: dutysupervisor@nottssvss.org.uk or check out www.nottssvss.org.uk



We have also produced a leaflet *'Your rights to Sexual Safety Whilst an Inpatient'* which is available to you on the ward.