



The University of
Nottingham

UNITED KINGDOM · CHINA · MALAYSIA



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University Staff Sports Afternoon!

Is Your Team Simply the Best?

Friday 10 August 2012 1.30pm – 4.30pm

Venue; University Park Sports Centre

www.nottingham.ac.uk/sport



**SPORT
ENGLAND**



The University Sports Department offers your team the opportunity to enter the first University of Nottingham Staff Sports Day!

Think school sports day, think an enjoyable afternoon getting involved in a variety of different events, think the opportunity to give your team the opportunity to work together outside of their traditional environment. This is the perfect opportunity for your department to engage in a team building activity away from the office, and best of all, it is completely free to enter.

To enter a team, get 5 members of your department together and email: **diane.hardwick@nottingham.ac.uk**. Places are limited so please email as soon as you can.

Further details regarding the event will be sent closer to the time so please ensure we have a contact email address for your team captain!

Timetable:

- **1.30pm:** Team registration
- **2pm:** Activity programme.
- Earn as many points as you can for your team, including activities such as Capture the flag, 3 sport shootout and The Bean Bag toss.
- **3pm:** Break
- **3.15pm:** Team Relays
- Work as a team in old style races, such as egg and spoon, sack and three legged races.
- **4.05pm:** Presentations – wear your medal with pride.
- **4.15pm:** Buffet served in the sports café with time to relax and watch our Olympic stars in action!

