

LUNCH MENU



Served Monday to Friday 12pm-4pm

LITE BITES

Soup of the Day £2.50

Ask at the bar for today's soup

Houmous & Pitta Bread £3.00 ✓

Houmous served with slices of pitta bread

Falafel, Houmous & Pitta Bread £3.50 ✓

Houmous served with slices of pitta bread and falafel balls

Loaded Nachos £4.00 ✓

Tortilla chips loaded with melted cheese, salsa, sour cream, guacamole and jalapeños

Halloumi Fries £4.00 ✓

Deep fried halloumi cheese sticks coated with breadcrumbs served with a sweet chilli dip

Breaded Mushrooms £2.50 ✓

6 breaded mushrooms served with a garlic mayo dip

Chicken Wings £3.50

8 tender chicken wings coated in a mesquite glaze

Mini Cheese Burger £3.50

2oz beef burger topped with melted cheese served in a soft white roll with a sprinkle of fries

Chicken Nuggets £3.50

4 chicken nuggets served with a sprinkle of fries

Quorn Nuggets £3.50 ✓

4 Quorn nuggets served with a sprinkle of fries

LOADED FRIES

Cheese Fries £3.00 ✓

Fries topped with Cheddar cheese

Bacon & Cheese Fries £3.50

Fries topped with crispy bacon and cheese

Mexican Fries £3.50 ✓

Fries topped with cheese, salsa, guacamole, sour cream and jalapeños

BBQ Pulled Pork Fries £4.00

Fries topped with bbq pulled pork and cheese

Chilli Cheese Fries £4.00

Fries topped with beef chilli, cheese and sour cream

SUB ROLLS

All sub rolls are served in a soft white torpedo roll topped with cracked wheat with a side of French fries

Upgrade your fries to sweet potato or curly fries 50p

Steak & Cheese £4.50

3oz rump steak topped with melted Cheddar cheese

Chicken & Bacon £4.50

Chicken breast, mayonnaise, bacon, lettuce and tomato

Chicken & Avocado £4.50

Chicken breast, avocado, red onion, lettuce and tomato

BBQ Pulled Pork & Cheese £4.50

BBQ Pulled pork topped with melted Cheddar cheese

Cheese, Tomato & Onion £4.50 ✓

Cheddar cheese, tomato, red onion and lettuce

Houmous & Falafel £4.50 ✓

Houmous, falafel pieces, tomato, red onion and lettuce

SALADS

Steak Salad £4.50

Mixed leaves, cucumber, tomato and red onion topped with strips of rump steak served with a classic vinaigrette dressing and a soft white roll

Chicken & Avocado Salad £4.50

Mixed leaves, cucumber, tomato and red onion, topped with grilled chicken and avocado slices served with a classic vinaigrette dressing and a soft white roll

Halloumi & Sweet Chilli Salad £4.50 ✓

Mixed leaves, cucumber, tomato and red onion topped with halloumi cheese served with a sweet chilli dressing and slices of pitta bread

Houmous & Falafel Salad £4.50 ✓

Mixed leaves, cucumber, tomato and red onion topped with falafel pieces and houmous served with slices of pitta bread

Quorn & Sweet Chilli Salad £4.50 ✓

Mixed leaves, cucumber, tomato and red onion topped with sliced Quorn nuggets served with a sweet chilli dressing and slices of pitta bread

PANINIS

Cheese & Tomato £3.50 ✓

Cheddar cheese topped with freshly sliced tomato

Ham & Cheese £3.50

Cheddar cheese topped with wafer thin ham

Tuna & Cheese £3.50

Cheddar cheese topped with flakes of tuna

BBQ Pulled Pork & Cheese £4.00

Cheddar cheese topped with BBQ pulled pork



BURGERS

All burgers are served in a soft white burger bun with lettuce, tomato and a side of French fries

Upgrade your fries to sweet potato or curly fries 50p

Classic Beef Burger £5.00

4oz beef burger

Classic Chicken Burger £5.00

Southern fried chicken breast burger

Chilli Beef Burger £5.50

4oz beef burger, beef chilli, cheese, crushed nachos, sour cream and guacamole

Big BBQ Burger £5.50

Southern fried chicken breast, pulled pork smothered in bbq sauce and cheese

Ultimate Echo Burger £6.00

4oz beef burger, southern fried chicken breast, smoked bacon, cheese and onion rings

Five Bean Burger £5.00 ✓

A mildly spiced cannellini, red kidney, black turtle, haricot and pinto bean burger

Chilli Bean Burger £5.50 ✓

Spicy bean burger, three bean chilli, crushed nachos, salsa and jalapenos

Halloumi & Sweet Chilli Burger £5.50 ✓

Grilled Halloumi and sweet chilli dressing

E	French fries	£1.50	✓
	Curly fries	£2.00	✓
X	Sweet potato fries	£2.00	✓
	Pulled pork	£2.00	
T	Onion rings	£1.50	✓
	Side salad	£1.50	✓
R	Bacon	£1.00	
	Cheddar cheese	£1.00	✓
A	BBQ sauce	50p	✓
	Sweet chilli sauce	50p	✓
S	Garlic mayo	50p	✓

DESSERTS

Ice Cream £2.00

An individual pot of ice cream in your choice of double chocolate, strawberry or mint choc chip

Sticky Toffee Pudding £3.00

Moist toffee sponge packed with dates and sultanas, topped with a sticky toffee sauce and served with vanilla ice cream

Chocolate Fudge Cake £3.00

Chocolate fudge cake served warm with vanilla ice cream

MUNCHIES MENU

Served Fridays 7pm-10pm & Saturdays 2pm to 6pm

Cheese Fries £3.00

Fries topped with Cheddar cheese

Bacon & Cheese Fries £3.50

Fries topped with crispy bacon and cheese

Mexican Fries £3.50

Fries topped with cheese, salsa, guacamole, sour cream and jalapeños

BBQ Pulled Pork Fries £4.00

Fries topped with bbq pulled pork and cheese

Chilli Cheese Fries £4.00

Fries topped with beef chilli, cheese and sour cream

Halloumi Fries £4.00

Deep fried halloumi cheese sticks coated with breadcrumbs served with a sweet chilli dip

Mini Cheese Burger £3.50

2oz beef burger topped with melted cheese served in a soft white roll with a sprinkle of fries

Chicken Nuggets £3.50

4 chicken nuggets served with a sprinkle of fries

Quorn Nuggets £3.50

4 Quorn nuggets served with a sprinkle of fries

MEGA MUNCHIES

Mega Munch Burger £10.00

This 4 burger mega munch is served in a soft white bun filled with lettuce, tomato, 2 beef burgers, 2 chicken burgers, smoked bacon and cheese topped with onion rings. Served with a stack of fries

Mega Munch Platter £10.00

A platter stacked with Halloumi fries, chicken nuggets, breaded mushrooms, loaded nachos, onion rings and curly fries served with BBQ sauce, garlic mayo and sweet chilli dips

Mega Munch Dessert £10.00

A trio of desserts including chocolate fudge cake, banoffee waffle and sticky toffee pudding, served with chocolate and vanilla ice cream finished with a mountain of whipped cream

✓ Suitable for vegetarians

✓ Suitable for vegans

Detailed allergen information is available for all items

Most dishes can be modified - just ask

SNACK MENU

Served

Monday to Sunday from 4.30pm until late
DailyBites meal card accepted

CHICKEN WINGS

8 Chicken Wings £3.50

Tender chicken wings smothered in a mesquite glaze

NACHOS

Nachos £2.50

Tortilla chips with melted cheese and salsa

Loaded Nachos £4.00

Tortilla chips loaded with melted cheese, salsa, sour cream, guacamole and jalapeños

Guacamole £1.00

Sour Cream 50p

Jalapeños 50p

CLASSIC FLAVOURS

Singapore Noodles £4.00

Egg noodles coated in a spicy oriental style sauce mixed with carrot, sweet red pepper, onion and spinach

Lasagne £4.00

Beef bolognese layered with pasta, creamy béchamel sauce and Cheddar cheese

Macaroni Cheese £4.00

Macaroni pasta in a creamy cheese sauce with a melted Cheddar and Monterey Jack cheese top

Beef Chilli £4.00

Minced beef and red kidney beans in a spicy tomato and chilli sauce served with rice

Three Bean Chilli £4.00

Mixed beans and peppers in a spicy tomato and chilli sauce served with rice

Chicken Tikka Masala £4.00

Chicken breast pieces in a creamy, mildly spiced tomato curry sauce served with rice

Butternut Squash, Spinach & Lentil Curry £4.00

Butternut squash, spinach and lentils in a rich, medium spiced tomato and coconut curry sauce served with rice

PIZZA

Chicago Town 5" Pizza £2.50

Choose from classic margherita or pepperoni

DESSERTS

Ice Cream £2.00

An individual pot of ice cream in your choice of double chocolate, strawberry or mint choc chip

Dipping Doughnuts £3.00

Three sugar ring doughnuts served with strawberry, chocolate or toffee sauce for dipping

Sticky Toffee Pudding £3.00

Moist toffee sponge packed with dates and sultanas, topped with a sticky toffee sauce and served with vanilla ice cream

Chocolate Brownie £3.00

Goosey chocolate brownie served with vanilla ice cream

Chocolate Fudge Cake £3.00

Chocolate fudge cake served warm with vanilla ice cream

Banoffee Waffle £3.00

A Belgian waffle with banana, vanilla ice cream, whipped cream and toffee sauce

Chocolate Waffle £3.00

A Belgian waffle with vanilla ice cream, whipped cream, chocolate flakes and chocolate sauce

New this term!

Breakfast rolls available from Latitude and Vesper Bars
Now serving a selection of breakfast items from 10.30pm-12pm Monday to Friday, available to purchase with your meal card

Munchies Menu available from Echo Bar

A selection of your favourite foods available until late every Friday and Saturday. See Echo Bar's menu for details

Late Lunch Wednesdays

Enjoy our full lunch menu until 6pm every Wednesday, available from Latitude and Vesper Bars

Echo
@ DERBY

CHOOSE . ORDER . ENJOY