













# LUNCH (week 1)

# Monday to Friday, 11.30am-2pm

#### **MONDAY**

#### **Mains**

Chicken jalfrezi

Aubergine, potato and spinach balti (v)

# **Sides**

Turmeric rice

Saag aloo potato

#### **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Salad bar

#### **TUESDAY**

#### **Mains**

Steak pie

Sweet potato, spinach and goat's cheese pie (v)

#### **Sides**

Mashed potato

Carrots and peas

### **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Salad bar

### **WEDNESDAY**

#### **Mains**

Roast beef and Yorkshire pudding

Vegetable Wellington (v)

#### **Sides**

Roast or mashed potatoes

Sauté cabbage

#### **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Salad bar

### **THURSDAY**

#### Mains

King po chicken in black bean sauce

Mushroom and potato in Chinese curry sauce (v)

#### **Sides**

Rice or noodles

Stir fry vegetables

Prawn crackers

# Daily

Baked potato with cheese, baked beans or tuna

Daily special topping

Salad bar

# **FRIDAY**

#### Mains

Traditional battered fish

Crispy battered Quorn fillet (v)

#### **Sides**

Chunky chips

Mushy peas

#### **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Salad bar















# LUNCH (week 2)

# Monday to Friday, 11.30am-2pm

#### **MONDAY**

#### **Mains**

Jamaican jerk chicken thighs Jamaican jerk smoked tofu (v)

#### **Sides**

Sweet potato fries Rice and peas

# **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Tossed salad

#### **TUESDAY**

#### Mains

Beef bolognaise Veggie bolognaise (v)

#### **Sides**

Herby diced potatoes or pasta Garlic bread

# **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Tossed salad

#### **WEDNESDAY**

#### **Mains**

Rustic beef burger served in a bun Spicy bean burger served in a bun (v)

### **Sides**

Fries

Cajun coleslaw

# **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Tossed salad

# **THURSDAY**

#### Mains

Cumberland sausage Plant-based sausage (v)

# Sides

Mashed potato Green beans Cauliflower

# **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Tossed salad

#### **FRIDAY**

#### **Mains**

Traditional battered fish

Cheesy macaroni bites (v)

#### **Sides**

Chunky chips Mushy peas

#### **Daily**

Baked potato with cheese, baked beans or tuna

Daily special topping

Tossed salad