



## **Breakfast**

**8am-10am**

A hearty breakfast

Chunky toast with preserves

Hot baked Danish pastries

Savoury pastries

Freshly prepared barista coffee

## **At lunch**

**11.30am-2pm**

Shaker salads just as you like them

Made to order baguettes and freshly sliced bloomer sandwiches

Freshly prepared hot dishes

Oven baked jacket potatoes with your choice of fillings

Homemade soup of the day

## **In the afternoon**

**Close 4pm**

Moreish traybakes

Scrumptious cakes slices

Herbal teas



## Breakfast menu

### Small breakfast £3.95

---

1 bacon	
1 sausage	
1 fried, poached or scrambled egg	
Mushrooms	
Beans or grilled tomatoes	
Add toast	£0.50
Add tea or coffee	£1.50

### Large breakfast £6.95

---

2 bacon	
2 sausages	
2 fried, poached or scrambled egg	
Mushrooms	
Beans or grilled tomatoes	
Add toast	£0.50
Add tea or coffee	£1.50

### Three piece breakfast sandwich £3.55

---

Choose any available bread or roll	
Any 3 breakfast items	
Add tea or coffee	£1.50
Two slices of toast and jam	£1.50
Extra breakfast item (each)	£1.00



	<b>Change Please</b>	
	<b>Small</b>	<b>Regular</b>
<b>Espresso</b>	£1.70	£2.10
	Single shot	Double shot
<b>Macchiato</b>	£2.10	£2.40
<b>Americano</b>	£2.40	£2.70
<b>Cappuccino</b>	£2.40	£2.70
<b>Latte</b>	£2.40	£2.70
<b>Flat white</b>	£2.60	
<b>Cortado</b>	£2.50	
<b>Iced coffee</b>	£2.25	£2.75
<b>Added flavour</b>	£0.50	
<b>Added shot</b>	£0.50	
<b>Hot milk steamer with syrup</b>	£1.25	£1.60
<b>Caffe mocha</b>	£2.90	£3.20
<b>White chocolate mocha</b>	£2.90	£3.20
<b>Milk hot chocolate</b>	£2.60	£2.90
<b>White hot chocolate</b>	£2.60	£2.90
<b>Chai latte</b>	£2.90	£3.20
<b>Chai latte coffee</b>	£2.95	£3.30
<b>Tea</b>	£1.80	£2.00
<b>Herbal teas</b>	£1.70	£1.90

Please note that there is a 20p charge for a disposable cup, but 20p off if you bring your own.

**GREAT COFFEE ● BAKING ● TEA ● CAKES ● SALADS**



## Deli sandwich selection – £3.95

### Choose from

Bloomer bread (v)  
White baguette (v)  
Brown baguette (v)  
Ciabatta (v)  
Spelt and beetroot ciabatta (v)  
Chia and pumpkin seed ciabatta

### Select three of the following

Cucumber (v)  
Diced beetroot (v)  
Grated carrots (v)  
Homemade coleslaw (v)  
Sliced red onion (v)  
Sun-dried tomatoes (v)  
Sweetcorn kernels (v)  
Vine tomatoes (v)

### Dress with your choice of

Creamy mayonnaise (v)  
Garlic mayonnaise (v)  
Salad cream (v)  
Vegan mayonnaise  
Low-calorie French dressing (v)  
Honey mustard dressing (v)  
Marie rose sauce (v)  
Mature balsamic vinegar with virgin olive oil (v)  
Virgin olive oil (v)

### Now choose one of our toppings

Chicken of the day  
Baked ham  
Dolphin friendly tuna  
Falafel (v)  
Free-range egg (v)  
Grated mature cheddar cheese (v)  
Houmous (v)  
Vegan Cheddar cheese (vg)

Please note that all the above toppings are made from ingredients that do not contain gluten.



## Jacket potatoes

**Jacket potato and butter** **£1.95**

### Choose one of the following toppings

Chicken of the day	£1.25
Tuna (dolphin friendly)	£1.25
Grated mature Cheddar cheese (v)	£1.05
Houmous (v)	£1.25
Vegan Cheddar cheese (vg)	£1.05
Baked beans (vg)	£1.05

Please note that all the above toppings are made from ingredients that do not contain gluten.



## Shaker salads – £5.10

### Side salad – £2.65 (no toppings)

#### Select four of the following

Diced beetroot (v)  
Diced cucumber (v)  
Grated carrots (v)  
Homemade coleslaw (v)  
Sliced red onion (v)  
Sun-dried tomatoes (v)  
Sweetcorn kernels (v)  
Vine tomatoes (v)

#### Dress with your choice of

Creamy mayonnaise (v)  
Garlic mayonnaise (v)  
Salad cream (v)  
Vegan mayonnaise  
Low-calorie French dressing (v)  
Honey mustard dressing (v)  
Marie Rose sauce (v)  
Mature balsamic vinegar with  
virgin olive oil (v)  
Virgin olive oil (v)

#### Now choose two of our toppings

Chicken of the day  
Baked ham  
Dolphin friendly tuna  
Falafel  
Free-range egg (v)  
Grated mature cheddar cheese (v)  
Houmous (v)  
Vegan Cheddar cheese (vg)