

Danish pastries

All butter croissant £2.05

Chocolate & hazelnut
Filled croissant £2.25

Pineapple &
coconut twist £2.05

Cheese twist £2.05

Raspberry Filled
plant-based croissant £2.25

Build your own salad or Flatbread

Start with your base

Mixed leaves or rocket

Now choose your salad items

Cherry tomatoes, cucumber,
peppers, red onion, sweetcorn

Add one of our compound salads

Coleslaw, Bombay rice, pasta Salad

Add a dressing

Balsamic, olive oil, French dressing

Add a topping

Cajun chicken breast	£5.45
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Coronation chicken	£5.45
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Teriyaki beef	£5.45
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Tuna mayonnaise	£4.95
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Harissa spiced halloumi	£4.95
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Cheddar cheese, plant-based cheese	£4.95
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Side salad leaves, tomatoes, cucumber, sweetcorn, peppers	£2.85
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Extra compound salad or topping	£1.05
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Extra Flatbread	£0.90
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Breakfast

Overnight oats £2.55

Topped with dried berries,
seeds and coconut

Freshly made porridge £3.00

Ask For today's Flavours

Plenish shot ginger or turmeric £2.25

Toasted bloomer

with spread and jam £1.80

with spread and Nutella £1.80

with baked beans £2.45

with scrambled egg £3.15

Selection of Danish pastries £2.05

Something hot

Pork sausage bap £3.55

Back bacon bap £3.55

Plant-based sausage bap £3.55

Selection of toasties £2.45-£3.55

Pork sausage roll £2.15

Plant based sausage roll £2.15

Allergen information available. Please ask a member of staff.

Lunch menu

Soup of the day £2.50
please ask for today's special

Stone baked pizzas

Sun blaze tomatoes, basil oil £6.00
& rocket

Harissa spiced halloumi, £6.50
peppers & rocket

vegetable supreme, mushrooms, £6.50
Peppers, red onion, sweetcorn & rocket

Ham, mushroom & rocket £6.50

Halal beef pepperoni, rocket & basil oil £6.50

Teriyaki beef, red onion & rocket £6.50

Cajun chicken, peppers & rocket £6.50

Smoothie menu

Big 5

mango, kiwi, strawberries & pineapple

£3.70

Berry go round

strawberries, blackberries & raspberries

£3.70

Coco loco

mango, pineapple, coconut, lime & mint

£3.70

Strawberry split

strawberries & banana

£3.70

Blueberry thrill

blueberries, raspberries , banana & Flaxseeds

£3.70

Add a banana

£0.50

Allergen information available. Please ask a member of staff.

Jacket potatoes

Jacket potato and spread £1.90

Add a cold Filling

Plant-based cheese £1.05

Cheddar cheese £1.05

Coleslaw £1.05

Tuna £1.25

Tuna mayo £1.25

Coronation chicken £1.50

Add a hot Filling

Baked beans £1.05

SOUP OF THE DAY

£2.50

Add bread
For £0.50



Please speak to a team member should you have any dietary or intolerance concerns. Due to the variety of produce in our kitchens we cannot guarantee that any dish is Free From potential allergens.