

# Menu



## Opening times

Monday to Friday

Hot grab and go food 10am-2pm

Lunch served 12pm-2pm

## Standard meal

**£5.50**

- \* Includes two vegetables **or** salad and one potato **or** rice
- \* Additional main protein will be charged as a standard meal

## Carvery

**£6.99**

- \* Includes all the traditional accompaniments
- \* Also includes one Yorkshire pudding and stuffing ball and crackling

## Mian Tang (Monday, Tuesday and Wednesday)

**£3.95**

- \* Build your own bowl at our Mian Tang bar. Your choice of noodles, fresh vegetables, and protein – finished with a rich, flavourful broth

## Jacket potato station (Monday)

**£2.15**

- \* Toppings charged separately

## Wrap/kebab station (Friday)

**£5.50**

- \* Packed with veggies, rice, and your favourite filling – plus you get to choose one carb and two vegetables on the side!

Additional side salad £2.45

Additional carb £1.00

Additional veg £1.00



# Menu

Weeks commencing 22 September,  
13 October, 3 November, 24 November



## MONDAY

Smashed beef hotdog

Cod goujons

Vegan burger

Popcorn chicken

Jacket potato station

Mian Tang

## WEDNESDAY

Spaghetti meatballs

Coq au vin

Vegetable toad in the hole

Vegan coq au vin

Mian Tang

## TUESDAY

Chicken korma

Tofu rogan josh

Vegetable madras

Pork masala

Mian Tang

## THURSDAY

### Carvery

Choose from a selection of meats, or a vegetarian/vegan alternative, accompanied by all the traditional garnishes and sides

## FRIDAY

Serving all-time favourites

Varies each week

Kebab/wrap station



# Menu

Weeks commencing 29 September,  
20 October, 10 November, 1 December



## MONDAY

Beef and bacon burger  
Southern fried chicken burger  
Vegan burger  
Fish burger  
Jacket potato station  
Mian Tang

## TUESDAY

Hot and sour chicken  
Hoisin tofu  
Vegetable chow mein  
Belly pork steak  
Mian Tang

## WEDNESDAY

Chicken and vegetable pie  
Beef lasagne  
Vegetable lasagne  
Farmers pie  
Mian Tang

## THURSDAY

### Carvery

Choose from a selection of meats, or a vegetarian/vegan alternative, accompanied by all the traditional garnishes and sides

## FRIDAY

Serving all-time favourites  
Varies each week  
Kebab/wrap station



# Menu

Weeks commencing 6 October,  
27 October, 17 November, 8 December



## MONDAY

Louisiana chicken burger

Gyros kebab – chicken  
and pork

Greek halloumi pitta

Vegan shawarma

Jacket potato station

Mian Tang

## TUESDAY

Meat feast pizza roll

Cheese and garlic pizza roll

Enchiladas – beef and vegan

Chicken nuggets

Mian Tang

## WEDNESDAY

Hunters chicken

Penne al forno

Beef and Guinness stew

Vegan stew

Mian Tang

## THURSDAY

### Carvery

Choose from a selection of  
meats, or a vegetarian/vegan  
alternative, accompanied by  
all the traditional garnishes  
and sides

## FRIDAY

Serving all-time favourites

Varies each week

Kebab/wrap station

