
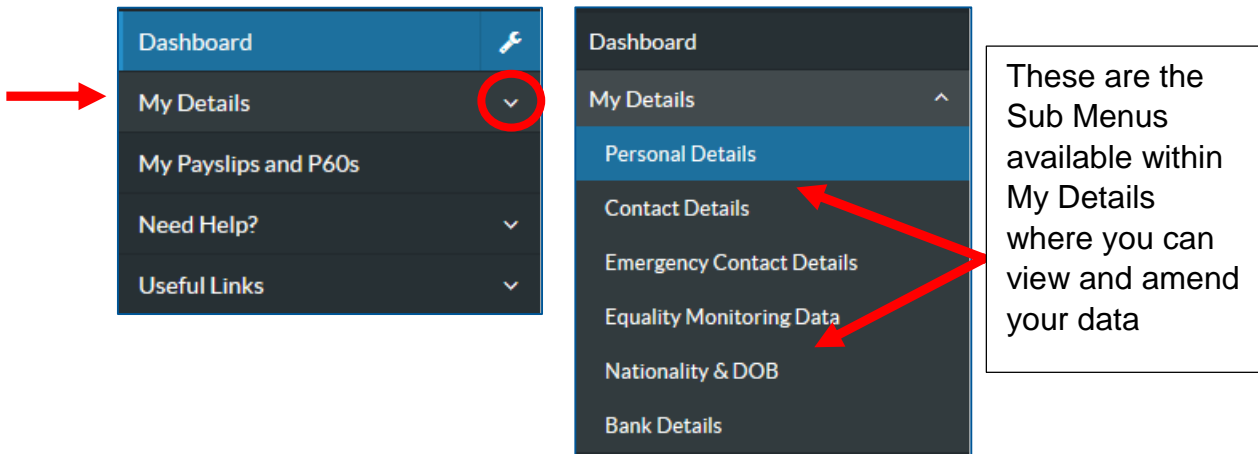




## Menus / Sub Menus

The left hand side contains a Menu. Click on 'My Details' (for example) and a Sub Menu will appear. Note the  symbol indicates that a Sub Menu exists:



Click on a different Menu / Sub Menu to navigate to it.