



Supporting you to breastfeed/express

Athena SWAN parenting rooms:

- provide private, hygienic, safe and secure areas for breastfeeding students and staff to express and store breastmilk or to feed their baby, if they prefer to use a private location for breastfeeding
- offer a comfortable chair next to plug sockets and a fridge to store breastmilk
- are lockable from the inside.

To use a room, register by emailing
BR-UoN-ParentRm@nottingham.ac.uk

Important: Please include the subject line
“**Please add me**” so that your request is
picked up. Once registered, use the
Outlook addresses to book a room.

For details of the room locations
and Outlook addresses, visit:
nottingham.ac.uk/go/parenting-rooms

Students can also use the Wellbeing tile
on the **MyNottingham** app

For guidance for staff and managers visit:
nottingham.ac.uk/go/breastfeeding

