Revision Clock

How it works

The Revision Clock is a helpful way to condense down your notes, interleave your topics, and break your revision into manageable chunks.

1. Divide a page (A4 or A3, no bigger) into 12 segments like numbers on a clock face.
2. Organise your revision notes into 11 topics and condense the notes from each topic into one of the segments on the page.
3. Label the final section "break".
4. Next time you revise, set a recurring timer for 5 minutes. Spend only 5 minutes on the information in each segment before moving to the next when the timer goes off.
5. When you have completed all segments, take a 5 minute break!

Why use this technique?

By condensing your notes into these segments, you will process down to the most vital information to remember. Short bursts of 5 minutes are manageable to help you feel like you are being productive; the hour will fly by!