



University of
Nottingham

UK | CHINA | MALAYSIA

School of Medicine: Medical Student Dress Code

Runa Saha

Sept 2022

Version	Updated:	By:
1.4	Sept 2022	RS
1.5	July 2023	C Sharpe



Medical Student Dress Code

The University of Nottingham welcomes the diversity that people from different backgrounds can bring. However, there may be health and safety or professional considerations that would restrict certain modes of dress in particular contexts for example when working on placement. In such cases, it will be necessary for the university to consult with staff, chaplains and placement providers for further advice and guidance.

Due to the nature of the course and profession, the Faculty of Medicine and Health Sciences has to adopt strict clothing guidelines. The paragraphs below, set out our expectations for how students will dress in clinical environments.

- Health and safety requirements may mean that for certain tasks students must wear specific items of clothing, such as scrubs, overalls, face masks and other forms of personal protective equipment (PPE).
- Students should adopt a “bare below the elbow” approach in clinical areas and areas used for clinical skills training and assessment, due to infection control procedures. This includes avoidance of jewellery unless permitted for cultural reasons, in which case it should be pushed above the elbow, taped up or covered with gloves. In some situations, disposable sleeves may be available to cover the forearms if required.
- When attending clinical environments, students should dress in their medical school scrubs, scrubs supplied by the hospital or in their own appropriate clothing, which should be modest in nature, covering the legs above the knees, not being low cut at the front or sagging low off the waist. Clothing should also not bear text or images that can cause offence and should be clean. Hair should be clean, tidy, and tied back if long. Shoes should be clean and not open-toed for health and safety reasons.
- During training, students will spend a significant amount of time working within different NHS Trusts and General Practices and they should comply fully with the dress codes of the Trusts or General Practices in which they are based. Some Trusts have policies stating that staff and students should not wear clothing obscuring their face in clinical areas, except when required for health and safety reasons.