

Levels of access - Transcript

If there is one thing that I have learned in the past more than three and a half years now since my brother was killed is that there is no one right answer to suit all. I think that these things are private and I think that being dead doesn't necessarily mean that your loved one should be getting automatic, immediate access to everything. As I've said, from everything I've read and talked with people and came across, there is no one right answer to suit all and I've met people who wish to get access to everything and anything, and I've met people who like moderate it and think that they would wish to see only some of it and there is no one right solution. Whatever helps you get through your grieving is fine. For me for instance, I don't want to see any videos that my brother is in. He was a lot on television. There's a lot of his videos online and I don't want to see him because I want to remember him the way I remember him through my own eyes, in my mind's eye. I don't want to see him through a camera and someone else's lens. Maybe some day I'll feel differently, but right now when I think about his voice, I remember his voice as I heard it through my own ears...and I don't want... I'm afraid that if I will see these videos, I will remember him as seen in that video. But other people do want to watch as many videos as they can of the person who passed away and both choices are fine. Whatever you are doing, which helps you get through it...its fine. So long as you're not hurting anyone else of course so I've seen people, I've met people, I've read about people who...who want to get access to everything and then people who wanted to get access to something and people who've said "this is too much now, I can't get into it now, I will get into it in the future", to people who said, "I don't want any of this"...and...and...all choices are legitimate of course.

What I can tell you is that whatever you choose and it's good for you and your family and your loved ones, then...it's fine. There is no one solution for everything and everybody. There is no one right way to do...to do this because we all deal differently...and...there isn't a single way like...there is only the way which works for you, whatever that may be.