

MSc Sports and Exercise Medicine Student Research Presentations/Fellowship Award

2015

Fellowship awarded by Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis

Richard Leech, an MSc Sports and Exercise Medicine graduate (2014), who is currently completing a PhD under the Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis, has been awarded a Fellowship to enable him to travel to Australia. His research is exploring the relationship between recreational running and knee osteoarthritis. He proposes establishing a prospective longitudinal cohort both here in the UK and in Australia.

He will be attending and presenting at a number of sports medicine courses across Australia and New Zealand later in 2015. In addition, he will get the opportunity to travel to other renowned organisations such as the Australian Institute of Sport to look at their work and on-going research projects.

International Conference on Sports Rehabilitation and Traumatology – 11-12 April 2015

Richard Leech, 2014 MSc graduate, presented his MSc research entitled '*Reliability of a Sphygmomanometer to Assess Hamstring Strength in Footballers*' at the Football Medicine Strategies for Player Care, XXIV edition of the International Conference on Sports Rehabilitation and Traumatology at the Queen Elizabeth II Conference Centre, London in April 2015. This conference was hosted by the Isokinetic Education Research Department, in partnership with F-MARC, the FIFA Medical Assessment and Research Centre.

2014

Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis Annual Conference – Nottingham, December 2014

Vivegananthan B, Edwards KL - poster presentation entitled '*Physical activity and Progression and Incidence of Knee osteoarthritis: Data from the Osteoarthritis Initiative*'.

Siddiqi Q, O'Hanlan M, Edwards KL – poster presentation entitled '*An investigation into the role of walking in treating the symptoms of knee osteoarthritis*' (won first prize).



The University of
Nottingham

UNITED KINGDOM • CHINA • MALAYSIA

BASEM Annual Conference – Edinburgh, October 2014

Rohi Shah's MSc research entitled '*Does additional reconstruction of the anterolateral ligament during a primary anterior cruciate ligament reconstruction affect tibial rotational laxity?*' was accepted for podium presentation at the Annual British Association for Sports and Exercise Medicine Conference in Edinburgh on 1-3 October 2014.

Bhaira Vivegananthan's MSc research entitled '*Physical activity and its association with progression and incidence of knee osteoarthritis: Data from the Osteoarthritis Initiative*' was accepted for poster presentation.