

School of Physics and Astronomy Diversity Committee Newsletter

Committee activities:

The Diversity Committee considers any matters that may directly or indirectly prevent some groups of people from fulfilling their potential or from participating fully in the life of the School. If you have any questions or ideas for this committee please use our confidential suggestions box on the website or contact clare.burrage@nottingham.ac.uk (Committee Chair) or michael.merrifield@nottingham.ac.uk (Head of School). Either way we will respond directly to you or we will leave a response on the [School Diversity Committee Workspace](#) within 24 hours of the message reaching one of us.

Presentations with Style!

It is school policy to remind all visitors that they should ensure that any presentation they make must be respectful of a diverse audience.

This policy also applies to all staff and student presentations.

Get Involved.

Diversity is for everyone. There are several routes you can report an issue or make a suggestion. Go to the Equality, Diversity and Inclusion page listed on the Physics and Astronomy front page and click the link. This is an anonymous link! We are also installing a box in the reception area of physics for you to post your suggestions. This is as anonymous as you want it to be.



We did it Again!

Athena Swan Silver.

We have successfully retained our Athena Swan Silver award. Thank you to everyone involved in the bid. Well done everyone in Physics and Astronomy.



Focus Groups. Your chance to voice your opinion, get things changed or just let us know what we are doing right.

Last semester was the Female PHD focus group. Lots of good feedback was given which was discussed at the last Diversity committee meeting. Actions have been agreed upon for the points raised.

This semester will be a LGBT focus group please get involved to have your say.

Future groups being discussed are: Parental and Adoption leave, Mental Health and Disability.

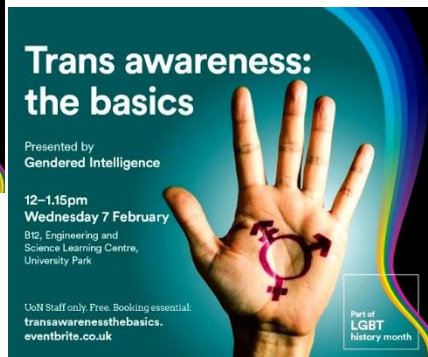
Do these interest you? Let us know your thoughts and if you would be interested in attending a focus group.

What's going on around the University!

Nottingham University People and Culture.

Have a look at the first People and Culture newsletter of 2018. It has lots of events around the university that you can sign up to attend. The link is:
<https://sway.com/SVT9yWyTfDAdmxAM?ref=Link&loc=play>

A few of the upcoming events:



NewU is an exciting new campaign for University of Nottingham students run in partnership with HealthyU. The varied program of free sessions, giveaways and workshops aim to help manage exam stress, improve your wellbeing and stay active.

Monday 15 January to Sunday 18th March

Free workshops can be found at the above link. They offer workshops on Stress mindfulness and managing perfectionism as well as healthy eating and Depression.

The Launch event is Thursday 1st February and another special all day event for the University Mental Health day on Thursday 1st March.

There are also some free sports classes and half price coffee or smoothies in the Clubhouse @ David Ross at certain times.



The IOP and RAS have set up a LGBT+ Physicists and Astronomers Network. This is an opportunity for members and non-members of both the IOP and RAS to share their thoughts on related issues and to share their experiences of current LGBT+ networks in their place of work and study. The network has recently been expanded to include those working in chemical sciences and the RSC.

If you are interested in signing up to the network there is a sign up form at the following address.

http://www.iop.org/policy/diversity/lgbt-network/page_68474.html