

Are you a healthcare professional caring for pregnant women or mothers who have experienced control, exploitation or abuse?

This may include people affected by modern slavery.



BUILD SAFETY AND TRUST

- When providing care, make sure the space is safe, private, quiet, and confidential
- Be aware of past trauma and avoid re-traumatisation
- Don't pressure disclosure of exploitation, listen and respond sensitively
- Find out about housing situation and what help is needed
- Offer a face-to-face visit at home if possible, or in a safe place



OPTIMISE ACCESS AND PROMOTE ENGAGEMENT

- Facilitate prompt access to statutory and non-statutory support services
- Consider language needs and use professional interpreters at every contact
- Respect individual cultural needs



SUPPORT PERINATAL MENTAL HEALTH

- Facilitate connection with local groups and communities to prevent isolation
- Be alert to different mental health needs
- Arrange prompt referrals to mental health support that suits the individual's situation



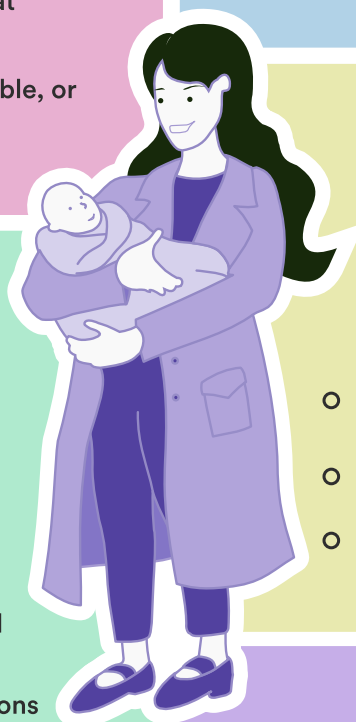
PROVIDE CONTINUITY AND PERSONALISED SUPPORT

- Make sure the same team or professional provides maternity care for continuity
- Provide clear information, answer questions and support informed decision-making
- Work together with the survivor mother to create a personalised care plan
- Talk about practical and financial needs
- Offer length of hospital stay based on support available, housing, mental health and safety
- Provide pain relief and other medication to take home
- Offer early postnatal care, including feeding, parenting, and emotional support



ENGAGE WITH MULTIDISCIPLINARY WORKING AND TRAINING

- Take part in local multidisciplinary working and training
- Develop relationships with local community and voluntary organisations



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