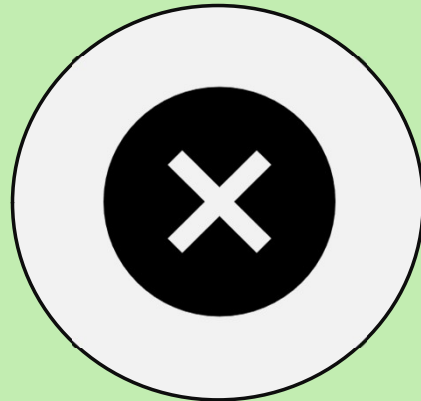


TRAVELLING

This table explains what guidance the government has put in place to tell people what they should do when travelling on public transport to help stop the spread of the Coronavirus.



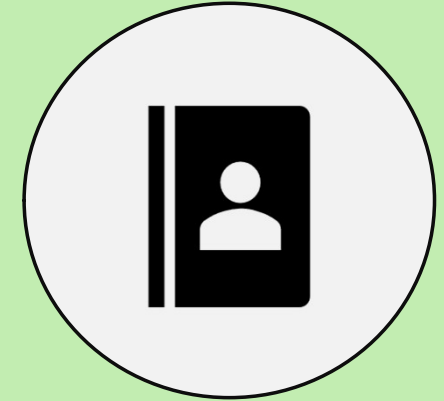
People who need to use a bus, train, tram or taxi, must wear a face mask or covering unless they have a good reason not to.



The law says a good reason not to wear a mask or covering is if you have a disability or health condition. This includes autism. You may also be exempt if it would cause distress.



You may be asked by other people why you are not wearing a mask or covering. You may also be asked to put one on by a driver, station staff or transport police.



If this happens, all you need to do is explain 'I am autistic, and I am exempt from wearing a mask'. You could also show them an autism card or other document which explains this.

If you would like to access some more resources on Coronavirus, you can go to the NAS website where free information is available: <https://www.autism.org.uk/services/helplines/coronavirus/resources.aspx>

Created by the Nottinghamshire Autism Police Partnership (2020)



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