Issue 3

**June 2011** 

# CENTRE OF EVIDENCE BASED DERMATOLOGY (CEBD)



# **SPRUSD**

Setting Priorities & Reducing Uncertainties for people with Skin Disease

# SPRUSD NEWSLETTER

# Grants away.....

The last few months have been a busy time in applying for of external funding for SPRUSD-related projects.

We have now submitted an outline application to the NIHR HTA for a factorial trial looking at probiotics and barrier enhancement (emollients) for the prevention of eczema. This is an ambitious 10 year study involving 3,500 families with a history of atopy.

Feasibility work is underway for several of our work streams. We have applied to the British Skin Foundation for a small grant to support the vitiligo feasibility study and to the Nottingham University Hospitals NHS Trust pump priming award for an observational study looking at clothing for the treatment of eczema.

We'll let you know how we get on.

# We need your help....

The eczema priority setting partnership has now begun. The on-line survey is available for you to submit your suggestions for areas of uncertainty about the treatment of eczema.

We really do need as many people as possible to take part in the initial survey so that we can be sure that all of the important topics have been included.

The survey is very quick and shouldn't take more than 5 minutes to complete.

Further information and access to the survey is available at:

www.homeforeczema.org

# **HOME Meeting**

The second meeting for the HOME initiative is to take place in Amsterdam on 6th—7th June 2011. The meeting aims to develop international consensus over the most appropriate outcome measures to be included in a "core set" of eczema outcomes that can then be used in all future eczema trials.



This is a really important initiative and we are delighted to say that over 40 delegates will be attending the meeting. A full meeting report will be available in due course.

#### **Recent Publications**

Nankervis H, Maplethorpe A, Williams HC Mapping randomized controlled trials of treatments for eczema – The GREAT database, BMC Dermatology 2011 11:10

Gawkrodger D, Ormerod A, Shaw L, Mauri-Sole I, Whitton M, Watts M, Anstey A, Ingham J, Young K. Vitiligo: concise evidence based guidelines on diagnosis and management. Postgard Med J 2010;86:466-471.

Eleftheriadou V, Whitton M. Top ten uncertainties for the treatment of vitiligo. Dispatches No 56, March 2011

# My experience in San Gallicano Dermatological Institute, Rome By Dr Viktoria Eleftheriadou

Earlier this year, it was my extreme pleasure to receive a BESTS award (Building Experience and Skills Travel Scholarship) from the University of Nottingham. A BESTS is a chance to broaden your experience and your network of contacts; through a fully funded visit at a host organization anywhere in the world.

I chose to visit the San Gallicano Dermatological Institute in Rome, Italy. The San Gallicano Institute is the first dermatological hospital in Europe and is a well-known dermatological research centre for the diagnosis and treatment of skin diseases, with numerous national and international collaborations. It was my honor when Prof. Mauro Picardo, the director of the director of the Cutaneous Physiopathology and Metabolic Centre of the San Gallicano Dermatological Institute, formally invited me.

I spent 2 weeks in Rome this May and I had a very valuable experience and amazing time. I had the opportunity to attend outpatient vitiligo clinics (my main subject of interest) and observe innovative approaches to vitiligo treatment, inpatient department as well as laboratories. I was very impressed with the latest technology equipment they use in this public-research hospital, such as excimer lasers. All the research and medical staff at the Institute were very friendly, kind and made me feel very welcomed. I had the chance to experience the warmth of Italian hospitality in person. I believe that this visit was a great opportunity for shared learning and potential future collaborations between CEBD and San Gallicano Dermatological Institute.



#### **STOP GAP**

The STOP GAP trial continues to go well—we have now recruited over 50% of our target recruitment of 140 patients, and all of our centres are working really hard.

Our wonderful trial manager (Eleanor Mitchell) is due
to go on maternity leave soon, and we all wish her
well—wouldn't it be nice if
recruitment could be over 100 by
the time she returns!

### **SPRUSD Meeting**

'Achievements, successes and challenges of the SPRUSD Programme'

Date: Tuesday 8th November
Venue: Post Grad Education Centre,
QMC Campus, Nottingham

Please put the date in your diary



Viktoria with her Italian colleagues



# **Contact Details**

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