



## HI-Light for vitiligo trial

### Update on the Hi-Light trial for vitiligo

As you might remember from our previous issue, we are currently running a small pilot randomised controlled trial (RCT) on home light therapy for vitiligo called the **HI-Light** trial for vitiligo (**H**ome **I**ntervention of **L**ight therapy) comparing hand-held light therapy (NB-UVB 311nm) devices with dummy devices. The study is co-ordinated by the Centre of Evidence Based Dermatology and is taking place in the East Midlands area.

We started our recruitment period in March 2012 and we are delighted to let you know that we have had an overwhelming response from both patients and GP practices.

To support vitiligo and to raise awareness about vitiligo, please visit <http://www.25june.org/> and sign the petition

We have reached our recruitment target in just 3 months, instead of originally anticipated 6 months, and we have also included more participants than was planned originally.

### We are now closed for recruitment.

If you have expressed interested and haven't been contacted yet, please accept our apologies and we will be in touch with you soon to let you know how you could get involved in the future.

**We would like to thank you all for taking part in this trial and for helping with recruitment or helping to spread the word.**

Dr Viktoria Eleftheriadou on behalf of the Hi-light team

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25 JUNE

# WORLD VITILIGO DAY

2012



Over 100 million of people suffer from this skin disease daily, but there is no cure in sight. With focus on collaboration efforts, we can bring that number closer to zero. Take action today and urge the UN Secretary-General to prioritize multilateral efforts in healthcare and education for this neglected disease.

WHAT IS "25JUNE" INITIATIVE?  
WHAT IS VITILIGO?  
WHAT IS GOING ON NOW?

# 25 JUNE

### PETITION LETTER

I support the petition to designate June 25 as Vitiligo World Day and save millions of people worldwide from social isolation and persecution.

SIGN

Мне нравится 579 пользователям это нравится.

### Global consensus on core outcomes for vitiligo

In September last year, Dr Viktoria Eleftheriadou presented the results of the systematic review of outcome measures for vitiligo and a survey on most desirable outcomes amongst patients and clinicians, at the International Pigment Cell Conference (IPCC), in Bordeaux, France.

The review revealed that 25 different outcomes were measured in 54 randomised controlled trials for vitiligo. Repigmentation was the most frequently reported outcome (96%), however 48 different scales were used to measure it, making it impossible to compare results of various trials or to perform meta-analysis.

Her speech and suggestion to include outcomes amongst the global vitiligo issues and create consensus on core outcomes to be used in future vitiligo trials has motivated researchers and

members of the International Federation of Pigment Cell Societies (IFPCS). Currently, she is preparing material to initiate an international consensus on the core outcomes alongside the current IFPCS president Prof. Mauro Picardo and the former president/organiser of IPCC, Prof. Alain Taieb.

The first meeting is planned in September 2012 during the EADV conference in Prague.

Informal meeting during the IPCC in Bordeaux, France



### Great NEWS for vitiligo research:

Following the **Vitiligo Prioritisation Partnership** results, the National Institute for Health Research has prioritised one of the study suggestions submitted by the Nottingham research team, and is now accepting applications for a large multicentre trial on hand held light therapy combined with topical corticosteroids.

This means that a national vitiligo trial will be taking place within a couple of years. We will keep you updated.

### The 3rd International Ethnic Skin and Hair Conference:

This 2 day international conference on ethnic skin dermatology, organised by Dr O. Dadzie, is running in London on the 8th and 9th of June 2012. International presenters such as Drs A. Petit, A. Alexis and H. Galadari will share their experience and knowledge.

This course is an excellent opportunity to gain hands on experience and practical tips on how to treat various dermatological conditions on patients of colour.

**New in 2012:** this year a session on research has been added and will include an update on vitiligo.

For more info please visit: <http://www.londonethnicskin.com/>



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