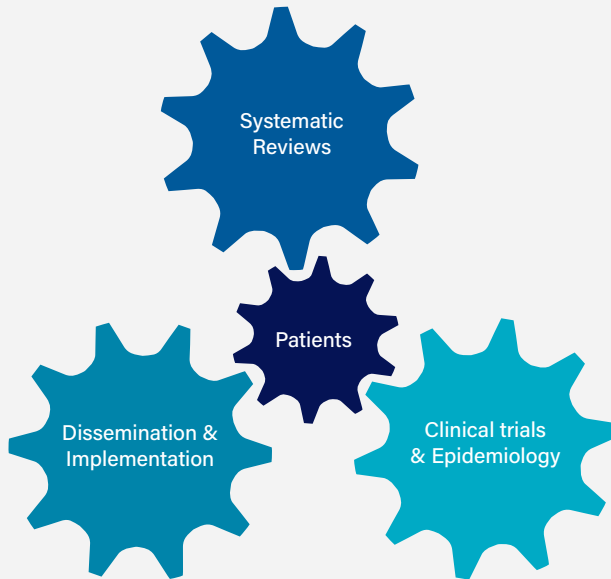


What is CEBD?

The Centre of Evidence Based Dermatology (CEBD) is part of School of Medicine at the University of Nottingham. Our research is designed to help improve care for people with skin diseases.

The research we do can be thought of as cogs, with patients being the central driving force.



Systematic Reviews: we summarise information on skin disease treatments, which helps to identify gaps in medical knowledge.

Clinical Trials & Epidemiology: we design clinical trials and conduct studies that aim to fill the knowledge gaps with new information.

Dissemination & Implementation: we then share the new information with doctors, patients and others who it can help, so that it can be used to improve healthcare as soon as possible.

How can I get involved?

Carron Layfield co-ordinates the panel, and anyone who'd like to get involved can contact her by post, phone or email.

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Centre of Evidence Based Dermatology



Patient Panel Information Leaflet

“I am not a scientist or a doctor
but I bring *my experience* & perspective
as a member of the public and
as a person who has a skin disease.

My contribution, however small,
is valued.”

Maxine Whitton MBE,
CEBD patient panel member



“I don't actually think of the
patients who work with us
as PPI members: they're colleagues, they're
people with good ideas. To me,
they're part of the team like the
statistician or the qualitative researcher or the clinician.
I don't see a boundary. Patient and public *involvement*
is essential, integral and natural to what we do.”

Professor Hywel Williams OBE, CEBD Co-director



Who can join the panel?

We welcome anyone affected by a skin condition, including those who care for another person with a skin condition. Patient panel members have included those with common conditions, like eczema and vitiligo as well as rare conditions, such as pyoderma gangrenosum.

Do I need to have research experience to join?

No research experience is needed to join the patient panel, and members are given opportunities to increase their knowledge of the research process and research methods.

How frequently is the the panel?

The patient panel meet-up face-to-face or virtually, usually twice a year, in Nottingham. Other communication usually occurs via email or teleconference, and the frequency of contact largely depends on the projects a panel member is involved in.

Will my expenses be covered?

We cover costs which relate to patient panel activities such as printing, teleconferences and travelling to meetings. For travel expenses, panel members can either be reimbursed or have arrangements made in advance on their behalf (for example, we can book train tickets).

The CEBD Patient Panel was established in 2009. Members of the panel are individuals affected by a variety of skin diseases, either personally or as a parent or carer, who want to help improve dermatology research. Panel members support research into skin conditions in a number of different ways.

Activities vary from project to project, but have previously included:

- **Reviewing the design of research studies at the planning stage.**
- **Becoming co-applicants on new research proposals.**
- **Joining research advisory committees**
- **Sharing the information about research trials and their results**

Being part of the panel allows patients to help shape the development of new research projects. They also get to meet other people who are affected by a skin condition, and share their experience in a positive way that helps others.