What is the Centre of Evidence Based Dermatology?

The Centre of Evidence Based Dermatology (CEBD) is part of School of Medicine at the University of Nottingham. We carry out research designed to help improve care for people with skin diseases. The research we do can be thought of as cogs, with patients being the central driving force.

Cochrane Systematic Reviews

Cochrane Skin are an international group which summarise information on skin disease treatments, which helps to identify gaps in medical knowledge.

Clinical Trials & Epidemiology

The UK Dermatology Clinical Trials Network (UK DCTN) design and co-ordinate clinical trials that aim to fill the knowledge gaps with new information.

Dissemination & Implementation

We then share the new information with doctors, patients and others who it can help, so that it can be used to improve healthcare as soon as possible.

How to get involved

Carron Layfield co-ordinates the panel, and anyone who'd like to get involved can contact her by post, phone or email.

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Centre of Evidence Based Dermatology

Patient Panel Information Leaflet

www.nottingham.ac.uk/dermatology

What is the CEBD Patient Panel?

The CEBD Patient Panel was established in 2009. Members of the panel are individuals affected by a variety of skin diseases, either personally or as a parent or carer, who want to help improve dermatology research.

Panel members support research into skin disease in a number of different ways. Activities vary from project to project, but have previously included:

- Reviewing the design of studies at the planning stage.
- Becoming co-applicants on new research proposals.
- Joining research advisory committees
- Raising the profile of research trials and their results.

Being part of the panel allows patients to help shape the development of new research projects. They also get to meet other people who are affected by a skin condition, and share their experience in a positive way that helps others.

View on Patient Involvement

> I am not a scientist *or a doctor*
> but I bring my experience & perspective as a
> member of the public and
> ***as a person who has a skin disease.***
>
> My contribution,
> *however small,*
> ***is valued.***
>
> If you care about skin diseases
> and their treatment,
> **get involved**.

~ Maxine Whitton MBE,
a CEBD patient panel member

> I don't actually think of the **patients**
> who work with us as PPI members:
> ***they're colleagues,***
> *they're people with* ***good ideas.***
>
> To me, they're part of the team
> like the statistician
> *or the qualitative researcher or the clinician.*
> **I don't see a boundary.**
>
> Patient and public involvement is
> **essential**, *integral and*
> ***natural to what we do.***

~ Professor Hywel Williams
CEBD Co-director

Frequently Asked Questions

Who can join the panel?

We welcome anyone affected by a skin condition. This includes those who care for another person (an adult or child) with a skin condition,

Do I need to have a certain type of skin disease/condition?

It can be any type of skin condition. Patient panel members have included those with common conditions, including eczema, vitiligo and psoriasis as well as rare conditions, such as pyoderma gangrenosum.

Do I need to have any research experience to join?

No research experience is needed to join the patient panel, and members are given training opportunities to increase their knowledge of the research process and research methods.

How frequently does the panel communicate?

The patient panel meet-up at a training event, usually held annually, in Nottingham. Other communication occurs via email or teleconference, and the frequency of contact largely depends on the projects a panel member is involved in.

Will my expenses be covered?

We cover costs which relate to patient panel activities such as printing, teleconferences and travelling to meetings. For travel expenses, panel members can either be reimbursed or have arrangements made in advance on their behalf (for example, we can book train tickets).