The CLOTHES Trial
An information sheet for children aged 5 and under

Sometimes you get itchy and your skin gets sore. This can make you sad.

Your mummy or daddy may put cream and bandages on you to make you feel better but sometimes it doesn’t work and you get itchy and sore again.

The doctors and nurses here are looking for ways to stop your skin getting sore. They would like to see if wearing some special clothes after your mummy or daddy puts your cream on, helps you.

You can wear these during the day and when you are asleep.

You can wear your other clothes on top.

The postman or postlady will either bring your special clothes right away or later on.
To help the doctors and nurses to know if your skin is getting better, your mummy and daddy will be asked to answer some questions. You can help them by telling them how you feel.

Great!  OK  Awful

You could even draw them a picture or put stickers on a special chart. And you could help your mummy or daddy type some things into the computer too.

The nurse will look at your skin when you come to visit them.

They aren’t allowed to know if you have been wearing the clothes or not so please don’t tell them!!

If we find out that the special clothes do help children like you, then we can give them to more children to make their skin better.

If they don’t really help then we can keep looking for ways to help everyone.

You can chat more to your mummy or daddy or the doctors or nurses about this.