



The CLOTHES Trial

An information sheet for children aged 6 to 10

Sometimes your skin gets red and itchy and this can be sore and make you feel miserable or grumpy.

You may put on creams and lotions and bandages but sometimes they don't help very much.



Doctors and nurses are investigating whether wearing special clothes after you have put your normal creams on, will help your skin. We do not know if they help, but we want to find out.

We are looking for 300 children like you to help in this investigation!

To know if the clothes work, half of the children wear the clothes right away, and the other half will wear them a little later.



VS



We will compare these two groups.

After your visit with the nurse, a computer will decide which group you will be in:

Clothes Now



Clothes Later



All children who help us in the study, whether they wear clothes right away or later, are very important to helping us in our investigation!

When the special clothes arrive at your house, you can wear them:



during the day under your normal clothes,

and at night.



You will be asked to see the nurse 4 times and they will look at your skin. They aren't allowed to know if you have been wearing the clothes or not so please don't tell them!!

Your mummy or daddy will be asked to fill in some information about you and how you have been getting on. You can help them with this by telling them how you feel and completing a sticker chart. Some of the information can be filled in on the computer and they may let you help them.



It would be really good if you could tell your mum or dad what you think about the clothes. You don't have to say that they are good if they aren't.



Great!!

Rubbish!

When everyone finishes wearing their clothes, the doctors and nurses will look to see if the clothes have helped.



If the clothes have helped, then they can try to make sure that all children like you are able to wear them so that their skin can get better. If they haven't helped, then they can tell people that the special clothes don't help and try to think of new ways to help.

If you would like to chat about this or have any questions then please ask your mum or dad, or one of the doctors or nurses.

