

Developing a falls management tool for adults with learning disabilities

ISSUE Two- April 2022



Welcome to the second edition of the 'Developing a falls management tool for adults with learning disabilities' newsletter. We hope you had a great Easter

This issue looks at what we are currently working on and a new opportunity to get involved!

Katie Robinson-Study Lead

What is the study about?

The study aims to develop a falls management checklist to support adults with learning disabilities (and those working with them) to think about the reasons they might fall and what could be done to reduce the chance of falling. The checklist is called the Guide to Action Tool

What have we done so far?

So far we have talked to lots of healthcare professionals, carers and adults with learning disabilities. We are due to finish the interviews by the end of April. A huge

Thankyou!

to everyone who has been involved - you have all given us really interesting and helpful views

What's next for the study?

From the interviews we have decided to make 2 parts to the checklist- one part aimed at clinicians and the other part aimed at adults with learning disabilities and carers to be able to use

We are planning to run some workshops to look at the next draft of the checklist and agree its main components. The first group will involve healthcare professionals

Spotlight on the team: Sue Knowles

A little bit about me...

I started my working life in Nottinghamshire Libraries and after time at home with my children began a new career working 20 years as a Health Development Worker with Rushcliffe Community Voluntary Service. I worked with Rushcliffe Patient and Public Involvement Team to enable health staff, service users, carers and members of the public to work together to have a say on local health issues and plans for new services -this included establishing and chairing the first Learning Disability Patient Forum

Why I am excited about this research...

I really enjoy being part of the steering group as I firmly believe Patient and Public involvement should be part of any piece of work and I am excited to see the involvement of local Learning Disability group members and carers taking part in this project. I am also pleased that ways of enabling members to take part and making everybody feel comfortable are a priority. I hope the voluntary sector and community groups continue to play a major part in future research as they are a wonderful source of information and have plenty of ideas

One interesting fact about me...

Retirement has now started and I have joined the local U3A group and attend the Art, Croquet and Book club meetings as well as singing with a community choir.....life is busy and full of fun!



We need you !

We are currently looking for healthcare professionals supporting adults with learning disabilities to take part in a consensus group, to help develop the next stage of the falls checklist

When: 7/6/22

Time: 10am -3pm

Where: In person at Nottingham University Hospitals- Queens Medical Centre site *

If you are interested please get in touch with Nicola.lidstone@nuh.nhs.uk

* dial in option and reimbursement towards travel costs available