

Developing a Falls Management Tool for Adults with Learning Disabilities in Community Settings

Summary of the main findings from interviews with key stakeholders

Sept 2021- April 2022



- The guide to action (GtA) tool is a falls management tool that identifies risk factors and supports action to reduce risks
- It is clinically used for older adults however needs adapting for Adults with Learning Disabilities (ALD) who have specific reasons why they might fall
- A programme of work is underway to co-produce, with ALD, carers and healthcare professionals, a revised version of the GtA tool to meet their needs, accounting for the different risk factors and the different settings in which people are supported
- The first stage of our work has been to gather views from key stakeholders



Interviews were undertaken to explore views on the first draft of the tool with

14

Individual Health Professionals

8

Individual Carers

3

Individual ALD

10

ALD in a group interview
carried out over 3 visits



Key findings from the interviews identified

- The need for the tool to support ALD in the management of falls
- Four substantive themes for the tool based around its format, design, content and completion
- That a personalised two part tool involving a clinician component and a carer and ALD component would be beneficial

That development of the tool needs to :

- Consider the impact of risk perception and anxiety surrounding falls
- Ensure the voice of ALD are integral within completion of the tool
- Be proactive and educational



Next steps

Expert consensus: to agree how the adapted tool should be formatted and completed



Expert review: to check if the content of the tool is accurate



Proof of concept study: to try out the adapted tool and see what people think about using it

Thank you to all involved for your help and participation in the study

- Further information on the research study can be found at webpage:

Developing a falls management programme for adults with intellectual disabilities - The University of Nottingham

- We are really interested in your views. If you have any thoughts or questions please contact: Nicola.lidstone@nuh.nhs.uk